

## Notre Dame Softball Winter Clinic Sunday, Jan. 30 - 2011

All Sessions will be led by the Notre Dame Softball Coaching Staff and Team

Deanna Gumpf Kris Ganeff Lizzy Lemire Dawn Austin

Head Coach Assistant Coach Assistant Coach Assistant Coach



## The 2011 Softball Season is coming up fast!

## Get your skills up to par by attending the 2011 Irish Softball Winter Clinic!

OFFENSE 9 am – 11 am \$75.00

"Dissecting the Swing" This offensive session will mix lecture and drills to enhance the experienced players swing. In this educational setting the hitter will walk away understanding the swing mechanics necessary to be a great hitter at the elite level.

Will take place in the Eck Indoor Cages on the grounds of the Notre Dame Baseball Stadium. Limited to 40 players.

PITCHING AND CATCHING 12 pm - 2 pm \$75.00

**Pitchers**: Take a new pitch into the 2010 season with a pitching session designed to improve your fundamentals and technique. Learn drills and mechanics to help you effectively throw all pitches.

**Catchers**: Come out and work on the individual skills that are required of a fast pitch softball catcher. The Irish Catchers will demonstrate and work on drills on throwing, framing, signals, tag plays, bunt coverage, and much more.

\*Pitchers and Catchers will come together for the last 45 minutes of this clinic.

Will take place in the Loftus Indoor Fieldhouse. Limited to 40 pitchers and 40 catchers.

OFFENSE 2 pm - 4 pm \$75.00

"Indoor Hitting Drills for Everyday Use" This offensive session will give the hitters Drills, Drills, Drills to take home and work on every day.

Will take place in the Loftus Indoor Fieldhouse. Limited to 60 participants

DEFENSE 2 pm – 4 pm \$75.00

Improve your throwing, footwork, and glove work at your position – IF/OF specific skills (Pitching and Catching are NOT covered). Come out and work on your defensive game with the Irish!

Will take place in the Loftus Indoor Fieldhouse. Limited to 30 participants

## **Registration Procedure:**

injury, or loss is due to negligence.

Parent Signature:\_

\*Complete the form on this page and mail payment to: University of Notre Dame Softball, 209 Joyce Center, Notre Dame IN 46556, ATT: Kris Ganeff. You will receive confirmation and directions via EMAIL after your registration form is received by our office.

\*If you have questions about session availability of if you would like to pre-register please email Coach Kris Ganeff at Ganeff.2@nd.edu

First Name: Last Name:						
EMAIL (Please Prin	t Clearly):					
Phone Number(s):						
					Zip:	
Grade: Y	ear of Graduation:	ration: Please circle Primary Position: P C 1B 2B 3B SS OF				
L						
Charl While Cart						
Check Which Sessi	ons you are interested in	n:				
Dissecting the Swing 9am – 11 am \$75.00 Pitching 12pm – 2 pm \$75.00						
Catching 12pm – 2pm \$75.00 Indoor Hitting Drills 2pm – 4pm \$75.00						
Defense 2pm – 4pm Please circle your position 1B 2B 3B SS OF \$75.00						
		V	Vaiver Statement			
	(pa	rent or guardian	signature required for	r participation)		
I/We, the undersig	ned, hereby certify that	I/We am/are the រ	parent or legal guardia	n of the player.	I hereby give the permission for the	
•	· · · · · · · · · · · · · · · · · · ·	•			the player and for the medical	
_	• •				ury, or illness. I/We will be tors, and administrators, waive,	
•					es, representatives, successors, and	

Contact Us: 574-631-9125 ganeff.2@nd.edu Make checks payable to Notre Dame Softball

Date:

assigns from any and all liability, claims, demands, actions, and caused of actions whatsoever arising out of related to any loss, personal injury, or property damage that may be sustained or occur during participation in Notre Dame Softball Clinics, whether or not damages,

Cancellations for any reason before the day of the clinic will result in a credit for the next Clinic (not summer camp) minus a \$35 administration fee. Cancellations on the day of the clinic will result in no refund!