

**University of Notre Dame**  
**Alex Wilson Invitational**  
**March 6-7, 2009**  
**REVISED Time Schedule**

**Friday, March 6**

<b><u>Time</u></b>	<b><u>Event</u></b>
5:00pm	Men's Long Jump (Women to Follow)
6:00pm	Women's 20lb. Weight Throw (Men's 35lb. Weight to Follow)
6:00pm	Men's Pole Vault
7:00pm	Women's High Jump
7:00pm	Women's 5,000m Run
7:25pm	Men's 5,000m Run
7:45pm	Women's Distance Medley Relay
8:00pm	Men's Distance Medley Relay

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**Saturday, March 7**

<b><u>Time</u></b>	<b><u>Event</u></b>
10:30am	Men's Triple Jump (Women to Follow)
11:00am	Women's Shot Put (Men to Follow)
11:00am	Women's 60M Hurdles Trials
11:20am	Women's 3,000 M Run
11:40am	Men's 3,000 M Run
12:00pm	Women's Pole Vault
12:00pm	Men's High Jump
12:00pm	Women's 60 M Hurdles Final
12:05pm	Men's 60 M Hurdles Final
12:10pm	Women's 60 M Dash Final
12:15pm	Men's 60 M Dash Final
12:25pm	<b>Alex Wilson 800 M Run</b>
12:35pm	Women's 400 M Dash
12:47pm	Men's 400 M Dash
1:05pm	Women's 800 M Run
1:25pm	Men's 800 M Run
1:45pm	Women's 200 M Dash
1:50pm	Men's 200 M Dash
2:00pm	Women's Mile Run
2:15pm	Men's Mile Run
2:35pm	Women's 4 x 400 Meter Relay
2:55pm	Men's 4 x 400 Meter Relay