

**University of Notre Dame
Alex Wilson Invitational
March 3-4, 2006**

Revised Schedule of Events

Friday, March 3

<u>Time</u>		<u>Event</u>
5:00	p.m.	Men's Long Jump (Women to follow)
6:00	p.m.	Women's 20lb. Weight Throw (Men's 35lb. Weight Throw to follow)
6:00	p.m.	Men's Pole Vault
7:00	p.m.	Women's High Jump
7:00	p.m.	Women's 5,000-Meter Run
7:20	p.m.	Men's 5,000-Meter Run
8:00	p.m.	Women's Distance Medley Relay
8:15	p.m.	Men's Distance Medley Relay

Saturday, March 4

<u>Time</u>		<u>Event</u>
10:30	a.m.	Men's Triple Jump (Women to Follow)
11:00	a.m.	Women's Shot Put (Men to Follow)
11:00	a.m.	Women's 60-Meter Hurdles Trials
11:10	a.m.	Men's 60-Meter Hurdles Trials
11:20	a.m.	Women's 60-Meter Dash Trials
11:30	a.m.	Men's 60-Meter Dash Trials
11:40	a.m.	Women's 3,000-Meter Run
11:50	a.m.	Men's 3,000-Meter Run
12:00	p.m.	Women's Pole Vault
12:00	p.m.	Men's High Jump
12:15	p.m.	Women's 60-Meter Hurdles Final
12:20	p.m.	Men's 60-Meter Hurdles Final
12:25	p.m.	Women's 60-Meter Dash Final
12:30	p.m.	Men's 60-Meter Dash Final
12:35	p.m.	The Alex Wilson 800-Meter Run
12:50	p.m.	Women's 400-Meter Dash (Sections Against Time)
1:00	p.m.	Men's 400-Meter Dash (Sections Against Time)
1:15	p.m.	Women's 800-Meter Run (Sections Against Time)
1:30	p.m.	Men's 800-Meter Run (Sections Against Time)
1:50	p.m.	Women's 200-Meter Dash (Sections Against Time)
1:55	p.m.	Men's 200-Meter Dash (Sections Against Time)
2:05	p.m.	Women's Mile Run
2:25	p.m.	Men's Mile Run
2:55	p.m.	Women's 4 x 400-Meter Relay
3:00	p.m.	Men's 4 x 400-Meter Relay

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Notre Dame, IN

School List

1	ANDE	Anderson University	Anderson Univers
2	ARIZ	Arizona State University	Arizona State
3	AKST	Arkansas State University	Arkansas State
4	AUST	Austin Peay State University	Austin Peay
5	BALL	Ball State University	Ball State
6	BYU	Brigham Young University	Byu
7	BUTL	Butler University	Butler
8	CMU	Central Michigan University	Central Michigan
9	CHIC	Chicago State University	Chicago State
10	CSU	Colorado State University	Colorado St.
11	CORN	Cornell University	Cornell
12	DART	Dartmouth College	Dartmouth
13	DU	De Paul University	De Paul
14	EAST	Eastern Illinois University	Eastern Illinois
15	EAS2	Eastern Kentucky University	Eastern Kentucky
16	EAS3	Eastern Michigan University	Eastern Michigan
17	FRAN	Franklin College	Franklin
18	GU	Georgetown University	Georgetown
19	GATE	Georgia Institute of Technolog	Georgia Tech
20	GVSU	Grand Valley State University	Grand Valley
21	INV	Indiana Invaders	Invaders
22	INDI	Indiana State University	Indiana State
23	INDY	Indiana University	Indiana
24	IPFW	Indiana University-Purdue Univ	Ipfw
25	KENT	Kent State University	Kent State
26	LA S	La Salle University	La Salle
27	LEWI	Lewis University	Lewis University
28	LSU	Louisiana State University	Lsu
29	LOYO	Loyola University Chicago	Loyola Chicago
30	MU	Marquette University	Marquette
31	MIAM	Miami University of Ohio	Miami Ohio
32	MIST	Michigan State University	Michigan State
33	NIKE	Nike	Nike
34	NORF	Norfolk State University	Norfolk State
35	NDSU	North Dakota State University	North Dakota Sta
36	NORT	Northern Arizona University	Northern Arizona
37	OHIO	Ohio State University	Ohio State
38	OSU	Oklahoma State University	Oklahoma State
39	ORU	Oral Roberts University	Oral Roberts
40	PRIN	Princeton University	Princeton
41	PURD	Purdue University	Purdue
42	RICE	Rice University	Rice
43	RU	Rutgers University	Rutgers
44	SOUT	South Dakota State University	South Dakota St.
45	TCU	Texas Christian University	Tcu
46	UNA	Unattached	Unattached
47	AFA	United States Air Force Academ	Air Force

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48	AKRN	University of Akron	Akron
49	BAMA	University of Alabama	Alabama
50	CALI	University of California Berke	California
51	CIN	University of Cincinnati	Cincinnati
52	COLO	University of Colorado	Colorado
53	DETR	University of Detroit Mercy	Detroit Mercy
54	UGA	University of Georgia	Georgia
55	ILL	University of Illinois	Illinois
56	ILLI	University of Illinois at Chic	Illinois-Chicago
57	IOWA	University of Iowa	Iowa
58	KU	University of Kansas	Kansas
59	KEN2	University of Kentucky	Kentucky
60	UL	University of Louisville	Louisville
61	MICH	University of Michigan	Michigan
62	MINN	University of Minnesota	Minnesota
63	UMIS	University of Mississippi	Mississippi
64	UNC	University of North Carolina	North Carolina
65	UNCA	University of North Carolina A	Unc Asheville
66	UNCC	University of North Carolina C	Charlotte
67	UNI	University of Northern Iowa	Northern Iowa
68	ND	University of Notre Dame	Notre Dame
69	OU	University of Oklahoma	Oklahoma
70	UPEN	University of Pennsylvania	Upenn
71	UP	University of Pittsburgh	Pittsburgh
72	USAL	University of South Alabama	South Alabama
73	TENN	University of Tennessee	Tennessee
74	UT	University of Texas	Texas
75	TOLE	University of Toledo	Toledo
76	VIRG	University of Virginia	Virginia
77	WASH	University of Washington	Washington
78	WISC	University of Wisconsin	Wisconsin
79	UWM	University of Wisconsin Milwau	Uw-Milwaukee
80	VALP	Valparaiso University	Valparaiso
81	VAND	Vanderbilt University	Vanderbilt
82	VU	Villanova University	Villanova
83	WAKE	Wake Forest University	Wake Forest
84	WEST	Western Michigan University	Western Michigan

Notre Dame will be hosting the Alex Wilson Indoor Track and Field Invitational on Friday and Saturday, March 3-4, 2006 at the Loftus Sports Center on the Notre Dame campus. A tentative time schedule is included on this web site. We will adjust the schedule based on the number of entries so that it is accurate.

We will utilize **DIRECT ATHLETICS** online entry system. Go to: www.directathletics.com in order to enter. **You must have both your username and password.** If you do not have your username or password, email: support@directathletics.com in order to obtain them. Post collegiate athletes will not be able to enter via Direct Athletics. Please contact a member of the Notre Dame staff to obtain entry into the meet. We will not accept entries from any unattached collegiate (red-shirted) athletes.

ENTRY DEADLINE is **Wednesday, March 1 at 12:00 NOON.** We will not accept any late entries.

Please keep in mind that this is an NCAA sanctioned LAST CHANCE MEET and our focus is on providing a great opportunity for deserving athletes to qualify for the NCAA Division I Indoor Championships. Please limit your entries to those athletes whom you feel can be competitive in such a competition. We will do everything that we can to place your athletes in sections that will help them to achieve that end. In order for us to provide the best competition possible for your athletes, we expect you to enter your athletes with **LEGITIMATE MARKS ACHIEVED DURING THE 2006 INDOOR SEASON. We will use NCAA and CONFERENCE PERFORMANCE LISTS IN ORDER TO VERIFY ENTRIES.** We will place athletes in sections based on **LEGITIMATE PERFORMANCES,** not estimations, wishes, etc. **Please make our jobs simpler by providing honest and accurate entry marks.**

Please **SCRATCH ATHLETES FROM EVENTS WHICH THEY WILL NOT BE CONTESTING prior to the entry deadline, Wednesday, March 1, at 12:00 NOON. ATHLETES ENTERED IN MULTIPLE EVENTS WHICH ARE NOT REALISTIC TO CONTEND WILL BE PLACED IN SLOWER SECTIONS IN ALL EVENTS ENTERED.** Should you have a scratch following the entry deadline, please call or email so we have correct information when we create sections.

In the HORIZONTAL JUMPS and the THROWS, the following MINIMUM MARKS will be measured:

MEN	WOMEN	
Long Jump	6.95	5.60
Triple Jump	14.75	11.90
Shot Put	16.75	14.40
Weight Throw	18.00	18.00

In the VERTICAL JUMPS, the OPENING HEIGHTS will be:

	MEN	WOMEN
High Jump	1.91	1.60
Pole Vault	4.50	3.50

PLEASE KEEP THESE MARKS IN MIND WHEN ENTERING YOUR ATHLETES

ENTRY FEE IS \$25 per athlete ENTERED. Checks should be made payable to University of Notre Dame.

The Loftus Center features a 320-meter Mondo track. Pole vault and horizontal jumps are contested on raised runways on the turf infield. The high jump is contested on a Mondo platform. The throws are contested on a wooden circle on the turf field.

On Friday, March 3, the Loftus Center WILL NOT BE AVAILABLE for warm up until AFTER 1:00 PM due to the extensive setup required for the event.

Teams should park in the lot south of the JOYCE CENTER (adjacent to the baseball stadium), or in the lot north of the Loftus Center (across from the library). Security personnel will direct you to the nearest lot after you drop off your athletes.

NO FOOD or COLORED DRINKS are allowed on the track or turf infield area.

There are NO SHOWER facilities available at the LOFTUS CENTER. Please plan to shower at your hotel.

If you have any questions, please contact Joe Plane at (574) 631-6135 or Tim Connelly at (574) 631-6989 (Connelly.1@nd.edu).