

University of Notre Dame
Alex Wilson Invitational
March 5-6, 2010
REVISED Time Schedule

Friday, March 5

<u>Time</u>	<u>Event</u>
5:00pm	Women's 20lb. Weight Throw (Men's 35lb. Weight to Follow)
6:00pm	Men's Long Jump / Women's Long Jump
6:00pm	Men's Pole Vault
7:00pm	Women's High Jump
7:00pm	Women's 5,000m Run
7:25pm	Men's 5,000m Run
7:45pm	Women's Distance Medley Relay
8:00pm	Men's Distance Medley Relay

Saturday, March 6

<u>Time</u>	<u>Event</u>
11:00am	Men's Triple Jump / Women's Triple Jump
11:00am	Women's Shot Put (Men to Follow)
11:00am	Women's 60M Hurdles Trials
11:20am	Women's 3,000 M Run
11:40am	Men's 3,000 M Run
12:00pm	Women's Pole Vault
12:00pm	Men's High Jump
12:00pm	Women's 60 M Hurdles Final
12:05pm	Men's 60 M Hurdles Final
12:10pm	Women's 60 M Dash Final
12:15pm	Men's 60 M Dash Final
12:20pm	Women's 400 M Dash
12:27pm	Men's 400 M Dash
12:35pm	Women's 800 M Run
12:50pm	Alex Wilson 800 M Run
1:05pm	Women's 200 M Dash
1:10pm	Men's 200 M Dash
1:15pm	Women's Mile Run
1:35pm	Men's Mile Run
2:00pm	Women's 4 x 400 Meter Relay
2:10pm	Men's 4 x 400 Meter Relay