Notre Dame Invitational (Notre Dame, Michigan St., Louisville)

Saturday, January 23, 2010

Revised Time Schedule

Field Events

10:00AM	Long Jump	Men – Women to follow
Following LJ	Triple Jump	Men – Women to follow
10:00AM	Weight Throw	Women – Men to follow
11:00AM	Pole Vault	Women – Men to follow
12:00PM	High Jump	Men – Women to follow
12:00PM	Shot Put	Women – Men to follow

Running Events

12:00PM	60 Meter Hurdles	Women
12:05PM	60 Meter Hurdles	Men
12:10PM	1000 Meter Run	Women
12:15PM	1000 Meter Run	Men
12:20PM	60 Meter Dash	Women
12:25PM	60 Meter Dash	Men
12:30PM	500Meter Run	Women
12:35PM	500 Meter Run	Men
12:40PM	1 Mile Run	Women
12:50PM	1 Mile Run	Men
12:55PM	400 Meter Dash	Women
01:00PM	400 Meter Dash	Men
01:05PM	800 Meter Run	Women
01:10PM	800 Meter Run	Men
01:15PM	200 Meter Dash	Women
01:20PM	200 Meter Dash	Men
01:25PM	3000 Meter Run	Women
01:35PM	3000 Meter Run	Men
01:50PM	4 x 400 Meter Relay	Women
01:55PM	4 x 400 Meter Relay	Men