



# Notre Dame Softball January Clinic Saturday Jan. 28, 2012

All Sessions will be led by the ND Softball Coaching Staff and Team

Deanna Gumpf

Kris Ganeff

Lizzy Lemire

Dawn Austin



The 2012 Softball Season will be here before we know it!

Get ready for this spring by signing up for the 2012 Irish Softball Clinic!

Open to any all athletes ages 5 to 18

Saturday January 28, 2012

<b>OFFENSE</b>	<b>9:30 – 11:30 am</b>	<b>\$75.00</b>
<b>“Hitting Irish Style”</b> This offensive session will take you through a typical training session that the Irish Softball Hitters experience on a daily basis. There will be a mixture of lecture, drills, and live hitting.		
<i>Will take place in the Eck Indoor Cages on the grounds of the Notre Dame Baseball Stadium. Limited to 40 players.</i>		
<b>DEFENSE</b>	<b>12 pm – 2 pm</b>	<b>\$75.00</b>
<b>“Defense Irish Style”</b> This defensive session will take you through a typical training session that the Irish Softball defense experiences on a daily basis. You will work on team fundamentals as well as the position specific fundamentals.		
<i>Will take place in the Loftus Field House. Limited to 50 players.</i>		
<b>PITCHING/CATCHING</b>	<b>2 pm – 4 pm</b>	<b>\$75.00</b>
Pitchers and Catchers will go through position specific workouts for 1 hour of the session. During the second hour the pitchers and catchers will work together in a specific pitching workout.		
<i>Will take place in the Loftus Field House. Limited to 30 pitchers and 30 catchers.</i>		
<b>OFFENSE</b>	<b>2 pm – 4 pm</b>	<b>\$75.00</b>
<b>“Hitting Drills &amp; Baserunning Skills”</b> This offensive session will combine hitting drills with baserunning fundamentals and details.		
<i>Will take place in the Loftus Field House. Limited to 40 players.</i>		

**Registration Procedure:** Complete the form on this page and mail payment to: University of Notre Dame Softball, 209 Joyce Center, Notre Dame IN 46556, ATT: Kris Ganeff. You will receive confirmation and directions via EMAIL after your registration form is received by our office. If you have questions about session availability or if you would like to pre-register please email Coach Kris Ganeff at [Ganeff.2@nd.edu](mailto:Ganeff.2@nd.edu)

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

EMAIL (Please Print Clearly): \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade: \_\_\_\_\_ Year of Graduation: \_\_\_\_\_ Please circle Primary Position: P C 1B 2B 3B SS OF

**Check Which Sessions you are interested in:**

Hitting Irish Style	9:30 am – 11:30 am ____ \$75	Pitching 2 pm – 4 pm ____ \$75
Hitting Drills and Baserunning Skills	2 pm – 4 pm ____ \$75	Catching 2 pm – 4 pm ____ \$75
Defense	12 pm – 2 pm ____ \$75	Position(s): _____

**Waiver Statement**

(parent or guardian signature required for participation)

PLEASE PRINT OFF AND SIGN THE UPDATED UNIVERSITY OF NOTRE DAME WAIVER LOCATED ON THE ND SOFTBALL WEB PAGE.

Contact Us: 574-631-9125 [ganeff.2@nd.edu](mailto:ganeff.2@nd.edu) Make checks payable to **Notre Dame Softball**

**Cancellations for any reason before the day of the clinic will result in a credit for the next Clinic (not summer camp) minus a \$35 administration fee. No Refunds only Credits. Cancellations on the day of the clinic will result in no refund!**