SHELDON DAY
91

DL • 6-2 • 285
Indianapolis, Indiana (Warren Central)

DAY'S HONORS & AWARDS
- Notre Dame Moose Krause Defensive Lineman of the Year (2014, 2015)
- Team Captain (2014, 2015)
- USA Today First Team All-American (2015)
- Phil Steele Second Team All-American (2015)
- FWAA Second Team All-American (2015)
- Associated Press Second Team All-American (2015)
- Athlon Sports Second Team All-American (2015)
- Sports Illustrated Honorable Mention All-American (2015)
- Bednarik Award Watch List (2015)
- Lombardi Award Watch List (2015)
- Nagurski Award Watch List (2015)
- Outland Trophy Watch List (2015, 2014)
- Phil Steele Preseason Third-Team All-American (2015)
- Athlon Preseason Fourth-Team All-American (2015)

DAY'S CAREER HIGHS
Tackles: 9, vs. Navy, Oct. 10, 2015 (5-4)
Sacks: 1.0, 7x, last vs. Boston College, Nov. 21, 2015 (1-0)
Tackles for loss: 3.0, at Pittsburgh, Nov. 9, 2013 (3-0)
Fumbles forced: 1, 2x, last vs. Ohio State, Jan. 1, 2016
Fumbles recovered: 1, 2x, last vs. LSU, Dec. 30, 2014
Pass breakups: 2, vs. Ohio State, Jan. 1, 2015

SENIOR SEASON (2015): Started all 13 games ... named a season-long captain at the end of fall camp ... registered 45 tackles, 33 solo stops, 15.5 tackles for loss, four sacks, 13 quarterback hurries, four passes defended, four pass breakups and two forced fumbles ... led Notre Dame in quarterback hurries and tackles for loss ... ranked second on the Irish in sacks ... his 15.5 tackles for loss were the most by a Notre Dame player since Derek Landri in 2006 (no Irish player has had more than 15.5 TFLs since Brandon Hoyte in 2005, 16.5) ... tied for 20th in the FBS in solo tackles for loss, 33rd in tackles for loss and tied for 42nd in tackles for loss per game (1.19) ... recorded at least one tackle for loss in 11 of the team's 13 games -- all but USC (Oct. 17) and Stanford (Nov. 28) ... registered multiple TFLs in four games (Clemson, Navy, Temple and Wake Forest) ... recorded a career-high nine tackles against Navy (Oct. 10) ... registered 2.5 tackles for loss, a sack, a forced fumble and a pass breakup to go with six total tackles in the Irish win at Temple (Oct. 31) ... collected four tackles, all solo stops, one tackle for loss, two pass breakups and one forced fumble vs. Ohio State in the 2016 BattleFrog Fiesta Bowl (Jan. 1).

JUNIOR SEASON (2014): Started 11 games ... suffered a knee injury against Northwestern (Nov. 15) that sidelined him vs. Louisville (Nov. 22) and USC (Nov. 29) ... named a season-long captain at the end of fall camp ... registered 40 tackles, 24 solo stops, seven and a half tackles for loss, one sack, nine quarterback hurries, two passes defended, two pass breakups and two fumble recoveries ... ranked second on the team in quarterback hurries and tied for second in tackles for loss ... second among all Irish defensive linemen in tackles ... started in the season-opening victory over Rice (Aug. 30) ... registered six tackles, two solo stops and one tackle for loss against the Owls ... dominated the Michigan front in the 31-0 victory over the Wolverines (Sept. 6) ... recorded five tackles, including a half tackle for loss, and four quarterback hurries vs. Michigan ... picked up three tackles, one quarterback hurry, one pass breakup and one fumble recovery in the 30-14 victory over the Boilermakers (Sept. 13) ... the fumble recovery was the first of his career and stopped a Purdue drive that had moved into the Irish red zone ... registered five tackles, four solo stops, two for loss and one quarterback hurry in the 31-15 victory over Syracuse (Sept. 27) ... collected four tackles, three solo stops, and one for loss in the 17-14 victory over No. 14 Stanford (Oct. 4) ...credited with two quarterback hurries and broke up a pass against North Carolina (Oct. 11) ... shared a tackle against the Tar Heels ... had two tackles at No. 2 Florida State (Oct. 18) ... second tackle went for a five-yard loss, pushing the Seminoles back to their own two-yard line, with less than five minutes remaining in the fourth quarter ... registered five tackles, four solo stops, and a quarterback hurry in the 49-39 victory over Navy (Nov. 1) ... recorded five tackles, all solo stops, and one TFL in the loss at No. 11 Arizona State (Nov. 8) ... registered a pair of tackles, including his first sack of the season, against Northwestern (Nov. 15) before suffering a knee injury in the third quarter ... returned from injury and started in the Music City Bowl victory over No. 22 LSU (Dec. 30) ... registered two tackles and recovered a fumble in the win over the Tigers.

SOPHOMORE SEASON (2013): Played in 11 games with eight starts ... made 33 tackles on the year, 21 of them solos ... recorded five and a half tackles for loss ... trailed only Stephon Tuitt for most tackles by defensive lineman ... had two tackles, including half a sack, in the 2013 New Era Pinstripe Bowl victory over Rutgers (Dec. 28) ... credited with four tackles at Stanford (Nov. 30) ... generated a season-high seven tackles and also broke up a pass in the win over BYU (Nov. 23) ... made three tackles for loss among his five total stops at Pittsburgh (Nov. 9) ... four of his five tackles against Navy (Nov. 2) were solos ... recorded a TFL against USC (Oct. 19) .. missed both the Michigan State (Sept. 21) and Oklahoma games (Sept. 28) due to injury ... made four tackles in the win at Purdue (Sept. 14) including a TFL ... credited with two tackles at Michigan (Sept. 7).

FRESHMAN SEASON (2012): Played in all 13 games ... registered 23 tackles, 13 of them solo stops ... collected two sacks, one each against Michigan State (Sept. 15) and Michigan (Sept. 22) ... had one tackle in the season opener against Navy (Sept. 1) ... had his first solo tackle alongside three assisted stops against Purdue (Sept. 8) ... forced a pass breakup against the Spartans ... notched two tackles against Miami (Oct. 6) ... had two tackles against BYU (Oct. 20) and Boston College (Nov. 10) ... recorded his single-game high of five tackles against Wake Forest (Nov. 17) with three solo stops ... tallied three tackles in BCS National Championship Game vs. Alabama.

HIGH SCHOOL AND PERSONAL DATA: Enrolled early at Notre Dame, starting classes in January 2012 after graduating from high school in December 2011 ... second-team selection on SI.com High School All-America team ... ranked the sixth-best defensive tackle in the country and 50th-best player in his class by Scout.com ... rated 81st nationally on 247Sports list of top prospects ... considered 10th-best defensive tackle in the nation and second-best player in Indiana by 247Sports ... rated number-143 player nationally on 2012 ESPNU 150 list ... listed as second-best player in Indiana, 12th-best prospect in the Midwest and 14th-best defensive tackle in his class by ESPNU ... rated number-121 player nationally and eighth-best defensive tackle in his class by MaxPreps and Tom Lemming ... listed 244th nationally on Rivals.com Rivals250 ... ranked third-best player in Indiana and 18th-best defensive tackle in the nation by Rivals.com ... rated 24th-best defensive lineman nationally and 12th-best player in Midwest by SuperPrep ... named Indianapolis Star Super Team Player of the Year for 2011 ... runner-up for 2011 Indiana Mr. Football award as chosen by Indiana Football Coaches Association ... one of eight defensive linemen on IFCA Top 50 all-state squad in both 2011 and 2010 ... first-team defensive lineman on Associated Press Indiana Class 5A all-state squad for 2011 ... starter on defensive line for Warren Central High School in Indianapolis, Indiana ... made 55 tackles, 12 for loss, nine sacks, 12 quarterback pressures, two fumble recoveries as a senior in 2011 ... named Marion County Coaches' Player of the Year at Indianapolis Kiwanis Club's 55th Annual High School Awards program for 2011 ... first-team defensive lineman on all-Marion County team ... helped Warren Central to 11-1 record and number-one ranking in 2011, with only loss in sectional final to eventual Indiana 5A champion Carmel ... played in Semper Fidelis All-American Bowl in Phoenix ... honorable mention Associated Press all-state pick as junior in 2010 ... coached by John Hart at Warren Central High School ... son of David Day and Carol Boyd ... enrolled in the Mendoza College of Business, majoring in information technologies management.

DAY'S CAREER STATISTICS

TACKLES	G-GS	UA	A	TOTAL	TFL	PD	FF	FR	BLK
2012	13-0	13	10	23	3.5-21	1	0	0	0
2013	11-8	21	12	33	5.5-18	1	0	0	0
2014	11-11	24	16	40	7.5-25	2	0	2	0
2015	13-13	33	12	45	15.5-67	4	2	0	0
TOTALS	**48-32**	**91**	**50**	**141**	**32.0-131**	**8**	**2**	**2**	**0**

SACKS	UA	A	TOTAL	YARDS
2012	2	0	2.0	17
2013	0	1	0.5	3
2014	1	0	1.0	10
2015	4	0	4.0	30
TOTALS	**7**	**1**	**7.5**	**60**

DAY'S GAME-BY-GAME STATISTICS

2015	UT-AT	TT	TFL	SCK	FF	FR	INT	PBU	BLK
*Texas	1-0	1	1.0-8	1.0-8	0	0-0	0-0	0	0
*at Virginia	1-0	1	1.0-3	0.0-0	0	0-0	0-0	0	0
*Georgia Tech	3-1	4	1.0-8	0.0-0	0	0-0	0-0	0	0
*UMass	2-1	3	1.0-13	1.0-13	0	0-0	0-0	1	0
*at Clemson	2-1	3	2.0-5	0.0-0	0	0-0	0-0	0	0
*Navy	5-4	9	2.0-6	0.0-0	0	0-0	0-0	0	0
*USC	2-2	4	0.0-0	0.0-0	0	0-0	0-0	0	0
*at Temple	4-2	6	2.5-9	1.0-4	1	0-0	0-0	1	0
*at Pitt	1-1	2	1.0-1	0.0-0	0	0-0	0-0	0	0
*Wake Forest	4-0	4	2.0-8	0.0-0	0	0-0	0-0	0	0
*vs. Boston College	2-0	2	1.0-5	1.0-5	0	0-0	0-0	0	0
*at Stanford	2-0	2	0.0-0	0.0-0	0	0-0	0-0	0	0
*vs. Ohio State	4-0	4	1.0-1	0.0-0	1	0-0	0-0	2	0
TOTALS	**33-12**	**45**	**15.5-67**	**4.0-30**	**2**	**0-0**	**0-0**	**4**	**0**

2014	UT-AT	TT	TFL	SCK	FF	FR	INT	PBU	BLK
*Rice	2-4	6	1.0-1	0.0-0	0	0-0	0-0	0	0
*Michigan	2-3	5	0.5-1	0.0-0	0	0-0	0-0	0	0
*vs. Purdue	0-3	3	0.0-0	0.0-0	0	1-0	0-0	1	0
*vs. Syracuse	4-1	5	2.0-4	0.0-0	0	0-0	0-0	0	0
*Stanford	3-1	4	1.0-2	0.0-0	0	0-0	0-0	0	0
*North Carolina	0-1	1	0.0-0	0.0-0	0	0-0	0-0	1	0
*at Florida State	2-0	2	1.0-5	0.0-0	0	0-0	0-0	0	0
*vs. Navy	4-1	5	0.0-0	0.0-0	0	0-0	0-0	0	0
*at Arizona State	5-0	5	1.0-2	0.0-0	0	0-0	0-0	0	0
*Northwestern	1-1	2	1.0-10	1.0-10	0	0-0	0-0	0	0
Louisville			Did Not Play - Injury						
at USC			Did Not Play - Injury						
*vs. LSU	1-1	2	0.0-0	0.0-0	0	1-0	0-0	0	0
TOTALS	**24-16**	**40**	**7.5-25**	**1.0-10**	**0**	**2-0**	**0-0**	**2**	**0**

2013	UT-AT	TT	TFL	SCK	FF	FR	INT	PBU	BLK
*Temple	0-1	1	0.0-0	0.0-0	0	0-0	0-0	0	0
*at Michigan	1-1	2	0.0-0	0.0-0	0	0-0	0-0	0	0
*at Purdue	2-2	4	1.0-1	0.0-0	0	0-0	0-0	0	0
Michigan State			Did Not Play - Injury						
Oklahoma			Did Not Play - Injury						
*vs. Arizona State	0-0	0	0.0-0	0.0-0	0	0-0	0-0	0	0
USC	2-0	2	1.0-5	0.0-0	0	0-0	0-0	0	0
at Air Force	1-0	1	0.0-0	0.0-0	0	0-0	0-0	0	0
Navy	4-1	5	0.0-0	0.0-0	0	0-0	0-0	0	0
*at Pittsburgh	5-0	5	3.0-9	0.0-0	0	0-0	0-0	0	0
*BYU	4-3	7	0.0-0	0.0-0	0	0-0	0-0	1	0
*at Stanford	1-3	4	0.0-0	0.0-0	0	0-0	0-0	0	0
*vs. Rutgers	1-1	2	0.5-3	0.5-3	0	0-0	0-0	0	0
TOTALS	**21-12**	**33**	**5.5-18**	**0.5-3**	**0**	**0-0**	**0-0**	**1**	**0**

2012	UT-AT	TT	TFL	SCK	FF	FR	INT	PBU	BLK
vs. Navy	0-1	1	0.5-1	0.0-0	0	0-0	0-0	0	0
Purdue	1-3	4	0.0-0	0.0-0	0	0-0	0-0	0	0
at Michigan State	1-0	1	1.0-9	1.0-9	0	0-0	0-0	1	0
Michigan	3-0	3	1.0-8	1.0-8	0	0-0	0-0	0	0
vs. Miami	2-0	2	0.0-0	0.0-0	0	0-0	0-0	0	0
Stanford	0-0	0	0.0-0	0.0-0	0	0-0	0-0	0	0
BYU	1-1	2	0.0-0	0.0-0	0	0-0	0-0	0	0
at Oklahoma	0-0	0	0.0-0	0.0-0	0	0-0	0-0	0	0
Pittsburgh	0-0	0	0.0-0	0.0-0	0	0-0	0-0	0	0
at Boston College	1-1	2	1.0-3	0.0-0	0	0-0	0-0	0	0
Wake Forest	3-2	5	0.0-0	0.0-0	0	0-0	0-0	0	0
at USC	0-0	0	0.0-0	0.0-0	0	0-0	0-0	0	0
vs. Alabama	1-2	3	0.0-0	0.0-0	0	0-0	0-0	0	0
TOTALS	**13-10**	**23**	**3.5-21**	**2.0-17**	**0**	**0-0**	**0-0**	**1**	**0**

* - games started