NCAA Women's Basketball Tournament | Spokane Region

Game Location:Spokane Veterans Memorial Arena
University of Idaho (720 W Mallon Ave, Spokane, WA 99201)Game 1:March 24 at 4:00 pm (ET)Game 2:March 26 at 9:00 pm (ET)

Club Contacts:

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Facebook Page: https://www.facebook.com/NDSpokane/

Team Hotel:

Historic Davenport Hotel in Spokane 10 S Post St, Spokane, WA 99201 (509) 455-8888. Website: Davenport Hotel

Schedule of Events:

FRIDAY

6:00 pm Pep Rally

River Park Square, 808 W Main Ave, Spokane, WA 99201 Main doors of the lobby area.

SATURDAY

- 11:00 am Team leaves hotel for Arena
- 11:00 12:45 pm **Pre-Game Event** <u>O'Doherty's Irish Grille</u> 525 W Spokane Falls Blvd, Spokane, WA 99201 509-747-0322 Note: 10-15 minute walk to arena
- 1:00 pm Game at Spokane Veterans Memorial Arena
- Postgame
 Gather at O'Doherty's Irish Grille

 Other Restaurants in the area include the Steelhead Bar and Grill at 218 N.

 Howard Street, Spokane, WA and the Post Street Ale House, directly across the street from the Davenport Hotel.

SUNDAY

Cathedral of Our Lady of Lourdes 1115 W. Riverside Avenue, Spokane, WA About 4 blocks from the hotel

- 1:30 pm Walking Tour of downtown Spokane (starts at Davenport Hotel) (tentative)
- 3:30 pm Craft Beer Tasting
- (tentative) Location: TBD

MONDAY (Tentative)

2:00 pm Guided Tour of the Jundt Art Museum at Gonzaga Gonzaga University, <u>Jundt Art Museum</u> The Jundt Art Museum is on the western edge of campus, two blocks east of Division Street near the Spokane River, the Red Lion River Inn, and the Centennial Trail. For GPS: 200 E Desmet Ave as the address

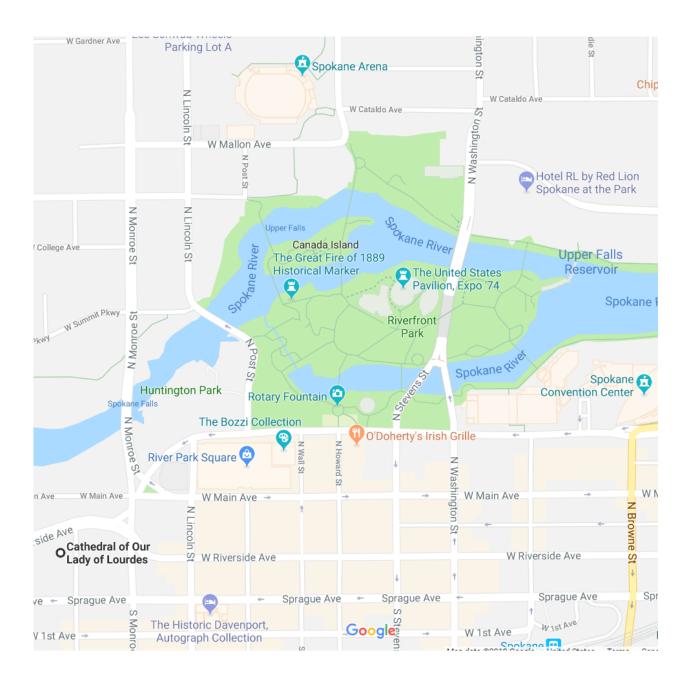
- The curator, Paul Manoguerra '92, is an alum and has offered to do a guided tour at 2 for those who might be interested.
- The museum is currently hosting an exhibition of pop art and is famous for its chandelier from Chihuly.

4:00 pm Team leaves hotel for Arena

4:00-5:45 pm **Pre-Game Event**

<u>O'Doherty's Irish Grille</u> 525 W Spokane Falls Blvd, Spokane, WA 99201 509-747-0322 Note: 10-15 minute walk to arena

- 6:00 pm Game at Spokane Veterans Memorial Arena
- Postgame Gather at O'Doherty's Irish Grille



Things to see / know about in Spokane

The Arts:

- The Fox beautifully restored old theater, now the home of the symphony and hosts concerts like Winton Marsalis and Bare Naked Ladies... and the Wizard of Oz with live music accompanying it... Symphony is on this weekend
- St John's Cathedral has a carillon

Sports:

- Centennial Trail 60 miles of cycling / walking / skating goodness
- Fish Lake Trail new path, goes from i-90 south for 15-20 miles
- Mt Spokane 45 minutes from downtown downhill and cross country skiing and snow shoes too...you need a state park pass and a snow park pass (both) – available at REI or Mountain Gear (both of whom rent equipment too)
- YMCAs, including 2 new campuses- terrific indoor pools and more... including therapy pools at the new campuses. Downtown location is across from the Arena on Monroe. Walk there via the Post St bridge
- Golf courses are open -- <u>https://my.spokanecity.org/golf/</u> for city courses
- REI on Monroe at Boone, a couple blocks north of the river

Food:

- Wineries Barrister, Townshend, Robert Karl all make terrific reds
- Restaurants see separate list below
- Main Street Market new co-op on the corner of Market and Brown
- My Fresh Basket like a small Whole Foods, on the corner of Monroe and Summit (just north of the river)

Shopping:

- River Park Square: Nordstrom, Williams Sonoma, etc. Very large movie theater. Downtown on Main at Post. There are a few shops across the street too (Lululemon, Anthropologie, etc)
- Northtown Mall on Division at Wellsley Macy's, Sears, Penny's
- Spokane Valley Mall east of town, just off i90 at Sullivan Macy's, Sears, Penny's, Nordstrom Rack, H&M, Forever 21
- Small shopping districts too South Perry has a Title Nine store... Kendall Yards is mostly restaurants, but has a few local shops. Aunties bookstore on Main at Washington is fun. So is Boo Radleys and Atticus (on Howard between Main and Spokane Falls Blvd)

Riverfront Park:

- The river / falls go down the stairs behind the Avista building to get up close... go across the bridges from Howard Street to the flour mill and the pedestrian only bridge back from there to the west side of the old Y building
- Avista generates power there in the brick building off Post
- Carousel celebrated its 100th anniversary last year
- Centennial Trail runs past the carousel 20 miles to the west and 20 miles east to the state line then hooks up with another 20 miles on the Idaho side

Medical:

- Providence Sacred Heart (includes L2 trauma center (L1 in Seattle), stroke and heart center, children's hospital), Holy Family
- Multicare Deaconness, Rockwood Clinic, Valley Hospital
- Shriners Hospital- mainly orthopedic work in Spokane
- Ronald McDonald House a polo fundraiser in Spokane who knew?
- 2 years of medical school, UW nursing school, pharmacy school all tie in to above. EWU has PT school. Gonzaga has nursing too, as does at least one of the community colleges
- County Health District weird looking building just to the West of Monroe

Restaurant ideas:

Diners, Drive Ins and Dives, Spokane Edition: Waddells (44th and Regal), Chaps (off 195 at Cheney-Spokane Rd), Picabu (14th and Monroe), the Elk (Browne's Addition), Hills (corner of Washington and Main) **Fish on Friday**: Anthony's at the Falls (you may want reservations – Post St, north of the river one block)... <u>sushi.com</u> (unfortunate name, but I'm told the fish is good), Mizuna, Churchill's (fish and chips in the bar, 21+ only, less than \$10 on Friday) **Quick but good:** Fire Artisan Pizza (on Sprague, across from the historic Davenport), Twigs (3rd floor at River Park Square), Neato Burrito (827 W First)

What's new / Talked about: Incrediburger and Eggs (1st Ave, a block west of the historic Davenport); Steamplant just re-opened their grill with a new menu

Wall St.Journal recommends: <u>https://www.wsj.com/articles/the-next-place-you-should-eat-in-america-1426263405?tesla=y</u>

Cheap eats:

- Davenport tower / Safari Room happy hour (open to all ages except for sitting right at the bar) half price flatbreads from 4-6 pm M-F
- My Fresh Basket or Main Market deli both have seating
- Sausage Wizard in Saranac commons, between Brown and Division on Main
- Neato Burrito on first across from the historic Davenport
- Madeline's for a breakfast pastry (on Main, between Stevens and Washington)

Special dietary requests?

- Boots Bakery (on Main at Browne) and Method juice bar (Riverside between Wall and Post) are both vegan
- Many places have good gluten free options, including Wild Sage and Mizuna (fancy) and PF Changs.
- Vegetarian Mizuna started as vegetarian but now serves food of all sorts has one of the larger vegetarian menus

Food neighborhoods

- Kendall Yards across the river and a block to the west (cross the Monroe street bridge and go left on Summit) has several offerings from casual (Vivace pizza) to fancy (Wandering Table or Central Food)
- South Perry has the Lantern (pub food), Caspar Fry ("new Southern"), Perry St Pizza and South Perry Pizza, all within a block of each other

Wine and beer:

- Iron Goat brewery <u>1302 W Second</u>
- Steel Barrel brewery incubator 154 S Madison,11 am to midnight, except on Monday when they open at 4 pm
- Perry St brewing <u>1025 S Perry St</u> closed Monday opens at 11:30 Friday to Sunday
- Blackbird 50 taps at a gastropub 905 N Washington, just north of the river
- Community Pint 24 well curated pints Sprague, one block east of Division on the South side
- Barrister Winery 1213 Railroad Ave daily, noon to 5 tasting room at <u>203 N Washington</u> (across from Davenport Grand) Tues-Sat noonto 8, Sunday and Monday, noon to 6
- Robert Karl winery 115 West Pacific Avenue; Thursday and Friday 2-5; Saturday 12-4
- Nectar (tasting room with light snacks, retail sales both beer and wine) at Kendall Yards <u>1331</u> <u>W Summit</u> - opens at noon Sat / Sun, 2 pm Tuesday to Friday; closes at 10 pm except Friday / <u>Saturday</u> (then 11 pm)