



NP The Student-Athletes

**A four-time
all-BIG EAST
performer in
the high jump,
senior Chris Staron
has his eyes set
on a conference
title in 2005.**

Will return to the track for a fifth year of eligibility in 2005 after missing the 2003 track and field season due to an injury.

AS A SENIOR: 2004 First-Team Academic All-American ... earned his second career All-America honor in cross country by finishing 27th overall at the NCAA Championship ... compiled a 3.83 GPA while working toward his graduate studies in the Mendoza College of Business ... Notre Dame's representative as the BIG EAST Scholar Athlete of the Year in 2003-04 ... eighth individual to earn Academic All-America honors from the Notre Dame cross country/track and field program and third straight (Ryan Shay 2001-02, Luke Watson 2002-03) ... began the 2003 cross country season with a 15th-place finish at the Notre Dame Invitational ... ended up 63rd in the Pre-National race ... stepped up at the BIG EAST Championship, finishing seventh overall for second career all-BIG EAST finish ... ran well at the NCAA Great Lakes Regional, finishing a team-best seventh ... invited to the NCAA Championship as an individual and came through with an All-American effort, finishing 27th in 30:09.5 ... focused on the 3,000 and 5,000 meters during the 2004 indoor track and field season ... qualified for the BIG EAST indoor meet in both distances, finishing fourth in the 5,000 meters (14:39.11) and 11th in the 3,000 meters (8:29.16) ... qualified for the BIG EAST in the 10,000 meters at the Mt. SAC Relays, finishing 22nd in 29:41.13 ... ended up earning all-BIG EAST honors in the 10,000 meters at the league outdoor meet, finishing second in 30:46.50 ... also finished fifth in the 5,000 meters at the BIG EAST Outdoor Championship.

AS A JUNIOR: Promising third-year campaign was derailed by a leg injury midway through the cross country season ... dominated the first three meets of the 2002 cross country season ... won the adidas Invitational, his first career individual cross country victory, with a 24:51 effort ... shaved even more seconds off that time at the National Catholic Invitational, taking first in 25:16 ... took third overall in the Notre Dame Invitational ... on his way to All-America honors, but suffered an injury during the Pre-National Meet in Terre Haute, Ind. ... was unable to compete in the BIG EAST Championship ... returned to the course at less than 100 percent for



Todd Mobley

5-9 • Senior
Distance/Cross Country

West Bloomfield, MI
Walled Lake Central H.S.



the Great Lakes Regional, but came through with a 26th-place finish ... also ran at the NCAA Championship, making the third championship appearance of his career ... ended up 80th in the NCAA field as Notre Dame finished 22nd as a team ... did not compete during the 2003 track and field season.

AS A SOPHOMORE: Continued his development as one of the top distance runners on the Irish cross country and track and field teams ... began his second season on the cross country team in style, winning the Valparaiso Invitational for his first collegiate individual title ... combined with teammates Ryan Shay and Luke Watson to finish 1-2-3 in the National Catholic Invitational, finishing third in 24:15 ... repeated his third-place finish behind his teammates once again at the Notre Dame Invitational ... third Irish runner across the finish line at the Pre-National Meet in Furman, S.C., finishing 14th ... earned all-BIG EAST honors while helping the team to the league championship with an eighth-place effort (improving from 26th place his freshman season) ... helped secure an automatic berth in the NCAA Championship with an eighth-place finish at the NCAA Great Lakes Regional Championship, as the Irish won the team title ... third across the finish line for Notre Dame in 38th place (earning All-America honors) at the NCAA cross country meet ... began the indoor track and field season with a 3,000-meter race at the Purdue Open ... ran the mile during the Tri-Meet with Western Michigan and Ball State, finishing sixth in 4:21.62 ... moved back to the 3,000 against Michigan State, taking seventh in 8:29.10 ... moved up to the 5,000 for the Meyo Invitational, finishing fifth in 14:23.12 ... competed in both the 3,000 and 5,000 meters at the BIG EAST indoor meet, taking fifth in the 5,000 (14:23.00) and 10th in the 3,000 (career-indoor best 8:21.11) ... shaved more time off his indoor best in the 5,000 meters during the Alex Wilson Invitational, taking seventh in 14:14.33

Career Bests

Indoor	
3,000m	8:21.11
2002 BIG EAST Championship	
5,000m	14:14.33
2002 Alex Wilson Invitational	
Indoor	
5,000m	14:37.97
2002 BIG EAST Championship	
10,000m	29:11.35
2002 Stanford Invitational	



... concentrated on the 10,000 meters during the outdoor season, just missing a spot in the NCAA Championship ... ripped off a great run at the Stanford Invitational, finishing 21st in the top section in 29:11.35

Honors & Awards
Academic All-American
 Cross Country/Track & Field 2004

All-American
 Cross Country 2002, 2003

... did not compete in the outdoor season again until the BIG EAST Championship, in which he ran both the 5,000 and 10,000 ... finished ninth in the 5,000 meters at the BIG EAST meet (14:37.97) ... earned second all-BIG EAST honor of the year (combined with cross country) in the 10,000 meters, finishing third in 30:28.57.

AS A FRESHMAN: Developed into one of the top-five runners on the Irish cross country team, as well as one of the top distance specialists during the track and field seasons ... Notre Dame's fourth runner across the finish line at the 2000 NCAA Cross Country Championship, help-

ing the team finish in ninth place ... helped the team qualify for the NCAA championship race with a 24th-place effort at the Great Lakes Regional ... began the season with a 17th-place finish at the Valparaiso Invitational ... won the National Catholic Invitational junior varsity race in 26:00 ... took 49th place in the Notre Dame Invitational ... fourth Irish harrier across the finish line at the 2000 BIG EAST Cross Country Championship, finishing in 27th place ... finished fifth in his first collegiate track and field event - the 3,000 meters vs. Ball State and Western Michigan ... top Notre Dame finisher in the 5,000 meters at the Alex Wilson Invitational in 16th place ... one of three Irish runners to compete in the 10,000 meters at the Stanford Invitational to kick off the outdoor season (finished 59th) ... returned to the 5,000

meters at the Tom Botts Invitational, taking fifth place in 15:02.11 ... had a solid 2001 BIG EAST Outdoor Championship effort, finishing 13th in the 10,000 meters and eighth in the 5,000 meters.

PREP AND PERSONAL: Four-year letterwinner in cross country and track at Walled Lake Central High School ... 1999 Michigan state cross country runner-up ... 1999 Oakland County cross country champion ... 2000 Oakland County 3,200-meter champion ... took 18th at the 2000 FootLocker cross country nationals ... finished third in the 3,200-meters at the 2000 state meet in 9:08, one of the top 20 high school times in the nation ... earned all-state honors in track and cross country his senior season ... set school records in the 5,000-kilometer cross country category, the 3,200 meters and also a member of the school-record setting 3,200-meter medley relay team ... led the cross country team to a state-meet invitational his sophomore season, as team finished seventh in the state ... helped the track team finish ninth in the state his senior season ... member of the National Honor Society ... born March 27, 1981 in Farmington Hills, Mich. ... enrolled in the College of Science with a math major and is also working toward an MBA in the Mendoza College of Business.



Career Cross Country Results

2003	
Notre Dame Invitational	1st
Notre Dame Invitational	15th
Pre-National	63rd
BIG EAST Championship	7th
Great Lakes Regional	7th
NCAA Championship	27th
2002	
adidas Invitational	1st
National Catholic	1st
Notre Dame Invitational	3rd
Pre-National	94th
Great Lakes Regional	26th
NCAA Championship	80th
2001	
Valparaiso Invitational	1st
National Catholic	3rd
Notre Dame Invitational	3rd
Pre-National	14th
BIG EAST Championship	8th
Great Lakes Regional	8th
NCAA Championship	38th
2000	
Valparaiso Invitational	17th
National Catholic	1st*
Notre Dame Invitational	49th
Pre-National	100th
BIG EAST Championship	27th
Great Lakes Regional	24th
NCAA Championship	99th

* - indicates JV and/or Gold Division race



AS A JUNIOR: Did not compete during the 2004 track and field season.

AS A SOPHOMORE: Did not compete during the 2003 track and field season.

AS A FRESHMAN: Provided depth for the Irish sprint group during his rookie season ... began collegiate competition at the Purdue Open, finishing fourth in the 600 meters ... took fourth in the 500 meters (1:05.61) during the Tri-Meet against Western Michigan and Ball State ... continued to work in the 500 meters vs. Michigan State, finishing fourth ... did not compete again until the Purdue Invitational to begin the outdoor season (competed in the 400 meters).

HIGH SCHOOL AND PERSONAL: One of the top sprint specialists to graduate from Philip Pocock Catholic High School in Mississauga, Ontario ... named the track and field team MVP all five years of competition at Pocock ... earned at least one gold at each provincial track and field championship ...



John Boots

6-1 • Junior
Sprints

Mississauga, Ontario
Philip Pocock Catholic

helped his teammates set an Ontario record in the 4x200 meter relay in 1999 ... posted his second Ontario record in the indoor sprint medley in 2000 ... a multi-sport athlete who competed in volleyball, curling, cross country, golf and hockey in his career ... earned Pocock's first-ever OFSAA individual track medal with a bronze in the 400 meters in 1999 ... earned the Reggie Award for the top academic athlete of the year ...

served as the assistant coach of the Pocock Women's Hockey Team in 2000 ... graduated with possession of 10 school track and field records ... earned Honour Role recognition four consecutive years at Pocock ... father, John, competed in track and field at Cornell ... born April 20, 1982 in Toronto, Ontario ... enrolled in the Mendoza College of Business with an accounting major.



Roberto Garcia

6-0 • Senior
Hurdles

Monterrey, Mexico
Prepa Tech H.S.

AS A JUNIOR: Competed in both the 400 and 500 meters during the 2004 indoor season ... finished eighth in the 500 meters at the Meyo Invitational (1:06.18) ... provided depth in the 400-meter hurdles for Notre Dame, posting a season-best effort of 54.42 at the Indy Relays.

AS A SOPHOMORE: Saw limited action in his first season on the Notre Dame roster ... qualified for the 2003 BIG EAST outdoor meet in the 400-meter hurdles by winning his first collegiate outdoor competition at the Tom Botts Invitational (53.12) ... eventually scored points toward the team total at the BIG EAST outdoor meet, finishing eighth in the finals of the 400-meter hurdles (1:01.73) ... competed in three sprint races during the 2003 indoor season, just weeks after transferring to Notre Dame ... finished fourth in the 300 meters at the Windsor Team Challenge ... took fourth in the 400 meters at vs. Western Michigan and Ball State ... finished second in his section of the 500 meters at the Meyo Invitational.

AS A FRESHMAN: Competed at Tec de Monterrey during the 2002 season ... dominated the National Private College Championships, taking first in the 110-meter hurdles, 400-meter hurdles and the 4x100-meter relay ... also ran well at the National Collegiate Championships, finishing first in the 400-meter hurdles, first in the 4x100-meter relay, and third in the 4x400 ... participated in the Mexican National Junior Championships, winning the 400-meter hurdles and qualified for the Junior Center American and Caribbean Games and the Junior World Championships ... made the trip to the Junior Center American games in Barbados, placing second in the 400-meter hurdles and improving the Mexican National Junior Record (52:14) ... traveled to the Junior World Championships

in Kingston, Jamaica as the team captain of the Mexican Junior National Team ... held the Mexican Flag in the opening ceremonies ... finished 25th in the 400-meter hurdles ... transferred to Notre Dame in January of 2003.

HIGH SCHOOL AND PERSONAL

DATA: One of the top prep hurdlers in Mexico ... won the state championship in the 110-meter hurdles and the 400-meter hurdles during the 2001 season ... finished second in the 110-meter hurdles at the Mexican National Junior Championships in 2001 ... qualified for the Mexican Junior National Team, competing at the Santiago Nakazawa Ida in Tijuana, Baja California ... spent the 2000 season as an exchange student in France ... competed in the France National Junior Championships in the 60-meter hurdles and finished as a semifinalist in the event at the France National Outdoor Championships in 2000 ... helped Prepa Tech claim the National High School Championship in 1999, as the team MVP took home four gold medals (110-meter hurdles, high jump, long jump, 4x100-meter relay) ... won his first of two state championships in the 110-meter hurdles as well ... born May 29, 1983, in Monterrey, Mexico ... son of Vincente H. Garcia and Guadalupe Villarreal ... full name is Roberto Garcia Villarreal ... middle of three children ... brother,

Vincente, competes for Tec de Monterrey in track and field ... enrolled in the Mendoza College of Business with an economics major.

Career Bests

Indoor	
400 meters	50.70
2003 vs. Western Michigan and Ball State	
Outdoor	
400-meter Hurdles	53.12
2003 Tom Botts Invitational	





**Ryan
Johnson**

6-0 • Senior
Cross Country/Distance

Auburn, IN
DeKalb H.S.

**BIG EAST Champion
Steeplechase (2004)**

AS A JUNIOR: Played a key role in Notre Dame's distance group and broke through for his first individual title in the 3,000-meter steeplechase ... won the steeplechase at the BIG EAST outdoor meet in a personal-best 9:08.64 – a time which qualified him for the NCAA Mideast Regional ... began the 2003-04 campaign as one of the top eight runners on the Irish men's cross country team ... finished sixth at the National Catholic, followed by a 46th-place effort in the Notre Dame Invitational ... ran in the open race at the Pre-National meet, finishing 15th ... also ran on the second-place Notre Dame team at the BIG EAST cross country meet ... focused on the 5,000 meters during the 2004 indoor track and field season ... won the 3,000 meters at the Windsor Team Challenge in 8:42.01 ... finished 17th in the 5,000 meters at both the Alex Wilson and Meyo Invitionals ... developed into the top Irish threat in the steeplechase during the '04 outdoor season ... coupled his BIG EAST victory with a win at the Tom Botts Invitational ... also finished 11th in a top field at the Georgia Tech Invitational ... ended up 18th in the NCAA Mideast Regional, running 9:26.92.

AS A SOPHOMORE: Emerged as one of the top eight runners on the 2002 Irish cross country team ... appeared in seven meets during the season, including



Invitational Gold Division Race ... began his collegiate track and field career running the mile vs. Western Michigan and Ball State, finishing 10th ... moved up to the 3,000 meters vs. Michigan State, finishing 13th ... also ran the 3,000 meters at the Meyo Invitational ... one of Notre Dame's steeplechase competitors during the 2002 outdoor season ... placed third in the steeplechase at the Purdue Invitational ... also took third in the steeple at the Spring Opener ... qualified for the BIG EAST outdoor meet, the first conference meet of his career, in the 3,000-meter steeplechase ... eventually finished 11th in the finals.

HIGH SCHOOL AND PERSONAL DATA: Became the first 12-time varsity letter-winner in DeKalb High School history, claiming a letter in all four years of competition in cross country, basketball and track and field ... earned six all-state certificates in cross country and track and field combined ... named to the academic all-state team in basketball and cross country during his senior season ... finished as the Indiana state runner up in the 1,600 meters his junior season ... also placed fifth overall in cross country that year ... earned honorable mention all-state honors as a point guard on the basketball team his senior season ... received a Lilly Endowment Scholarship ... active in 4-H and FFA during his prep career ... son of Shirley and Nolan Johnson ... brother, Robert, is a sophomore in the Purdue Veterinary School ... born Oct. 6, 1982, in Auburn, Ind. ... enrolled in the College of Science with a major in biology.

**Career Cross Country Results
2003**

National Catholic	6th
Notre Dame Invitational.....	46th
Pre-National	15th*
BIG EAST Championship	DNP

2002

adidas Invitational.....	36th
National Catholic.....	2nd*
Notre Dame Invitational	6th*
Pre-National	20th*
BIG EAST Championship	33rd
Great Lakes Regional	54th
NCAA Championship	188th'

2001

Valparaiso Invitational.....	8th
Central Collegiates	6th
Notre Dame Invitational	8th*

* - indicates JV/Gold Division/Open race

the NCAA Championship (188th) ... took 36th in the adidas Invitational ... finished second in the National Catholic JV race ... also ran in the Pre-National open race, finishing 20th ... ended up 33rd in the field at the BIG EAST Championship ... concentrated on the 5,000 meters during the 2003 indoor season, running the event at both the Meyo and Alex Wilson Invitionals ... developed into Notre Dame's top steeplechase threat in the 2003 outdoor campaign ... qualified for the BIG EAST outdoor meet in the steeplechase at the Indy Relays, finishing second in 9:16.63 ... just missed scoring for the Irish at the BIG EAST meet, finishing ninth in 9:19.54.

AS A FRESHMAN: Competed in three cross country meets during his rookie season, finishing in the top 10 ... placed eighth in the Valparaiso Invitational, sixth in the Central Collegiates and eighth in the Notre Dame

Career Bests

Indoor

5,000 meters.....	14:43.02
2004 Alex Wilson Invitational	

Outdoor

3,000-meter steeplechase	9:08.64
2004 BIG EAST Championship	



AS A JUNIOR: A valuable member of Notre Dame's sprint group and a key contributor on the team's spring relays ... helped the 4x400-meter relay team finish second at both the indoor and outdoor BIG EAST Championship meets to earn his second and third career all-conference honors ... ran personal best times in each event during the 2004 season ... picked up 400-meter victories at the Notre Dame Invitational (48.00) and Central Michigan Opener ... won two 500 meters races at Notre Dame's Indoor Opener and the Blue and Gold Invitational ... helped Jordan Powell, Ryan Postel and Selim Nurdudeen run 3:09.87 at the Alex Wilson Invitational, establishing the school record and finishing third ... the same team eventually moved on to place second at the BIG EAST Championship (3:13.71) to earn all-conference honors ... focused exclusively on the 400 meters for the '04 outdoor campaign ... ended up fifth in the BIG EAST field (48.21) ... along with Powell, Postel and Nurudeen, finished second in the 4x400-meter relay at the BIG EAST outdoor meet (3:10.52), running the fifth-fastest relay in school history to finish second and earn all-conference honors ... same team then took eighth at the NCAA Mid-east Regional, running 3:09.87, which ranks as the second-fastest 4x400-meter relay in school history and best since 1985.

AS A SOPHOMORE: Competed in both the 400 meters and 500 meters during the 2003 indoor season ... earned first all-BIG EAST honor of his career at the league indoor meet, helping the 4x400 relay team of Ryan Postel, Ryan Hurd and Mark Barber finish second in 3:15.85 ... scored at the league indoor meet, finishing seventh in the 500 meters (1:05.26) ... finished second in his section of the 500 meters (1:04.13) ... ran the 400 meters in the first two meets of the indoor season, finishing third at the Central Michigan Opener (49.94) and second against Western Michigan and Ball State (49.00) ... concentrated on the 400 meters during the outdoor season, running a career-best 48.53 at the Baldy Castillo (Arizona State) ... competed in four outdoor meets, recording a top finish of third at the Tom Botts Invitational.

Career Bests

Indoor	
400m	48.00
2004 Notre Dame Invitational	
500m.....	1:03.29
2002 Notre Dame Indoor Opener	
Outdoor	
400m	47.80
2004 Georgia Tech Invitational	



Trevor McClain-Duer

6-6 • Senior
Sprints

Olmstead Falls, OH
St. Ignatius H.S.



AS A FRESHMAN: Long-sprint specialist who added valuable depth to the Irish sprint corps ... first collegiate race occurred in the Tri-Meet against Western Michigan and Ball State ... finished fourth in the 400 meters (49.85) ... took fourth the next weekend in the 400 meters against Michigan State ... moved up to the 500 meters at the Meyo Invitational and finished second in 1:03.99 ... claimed first collegiate victory in the 600 meters at the Windsor Team Challenge (1:22.55) ... posted best indoor 400 time at the Alex Wilson Invitational (48.70) ... top Notre Dame finisher at the Purdue Invitational to begin the outdoor season, taking seventh in the 400 meters (49.48) ... continued to improve his outdoor 400-meter time at the Spring Opener, taking fourth place in 49.11 ... earned first collegiate outdoor individual victory at the Tom Botts Invitational, taking first in the 400 meters (48.89) ... finished fourth in the 400 meters at the Butler Invitational.

HIGH SCHOOL AND PERSONAL: Four-year letterwinner in track and field at St. Ignatius High School in Cleveland, Ohio ... also lettered in soccer and ice hockey during his career at St. Ignatius ... an all-conference, all-city and all-state selection in 2001 ... member of the St. Ignatius 4x400-meter relay team that ran the third-fastest time ever in Ohio (3:15.13) ... that same 4x400 relay team set meet records at the North East Ohio All-Catholic Championship and the Lancaster Relays ... took second place in the state in the 400 meters in 2001 ... competed in the Midwest Championships at Ohio Wesleyan University in 2001 ... member of St. Ignatius' nationally-ranked soccer teams in 1999 and 2000 ... member of the National Honor Society ... helped build homes with the Habitat for Humanity during the summer ... father, Jeffrey Duer, played soccer at Ohio University ... mother, Kim McClain ('75), is a graduate of Notre Dame ... born Feb. 14, 1983 in Cleveland, Ohio ... member of the 2002-03 BIG EAST Academic All-Star team ... enrolled in the Mendoza College of Business with an accounting major.

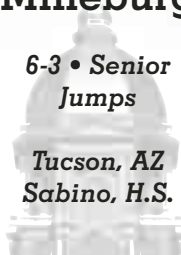




**Ryan
Mineburg**

6-3 • Senior
Jumps

Tucson, AZ
Sabino, H.S.



field team captain all four years of high school competition ... earned all-conference, all-city and all-state honors in all four years of track and field competition ... an all-around athlete, competing in the high jump, triple jump, long jump and relays ... had a noteworthy track and field regional championship in 2001 after tearing ligaments in the back of his knee but still won three events at the meet ... named Great Southwest Field Athlete of the Year in 2001 ... helped the Sabino football team go undefeated and win a state championship in 1999 ... played wide receiver and free safety during the football season ... born Sept. 7, 1982 in Tucson, Ariz. ... enrolled in the Mendoza College of Business with a finance major.



AS A JUNIOR: Continued his role as one of the top high jump experts on the 2004 track and field team ... won the first two indoor events in which he entered, clearing 2.07m (6-9) at the Central Michigan Opener and 2.05m (6-8) at the Notre Dame Indoor Opener ... qualified for the BIG EAST outdoor meet, finishing fifth in the high jump ... cleared a personal indoor best 2.08m (6-9) at the Alex Wilson Invitational ... won the high jump at the Spring Opener, clearing 1.95m (6-4) ... ended up ninth in the BIG EAST outdoor meet.

AS A SOPHOMORE: Concentrated on the high jump during the 2003 track and field season ... qualified for the BIG EAST indoor meet and competed well, finishing sixth overall (6-5) ... best indoor clearance came at the Central Michigan Opener and Alex Wilson Invitational (6-6 3/4) ... stepped up at the Baldy Castillo to begin the outdoor season, finishing third with a career-best 6-9 1/2 clearance ... appeared in the BIG EAST outdoor meet, finishing 11th overall (6-3 1/4).

AS A FRESHMAN: Utilized his versatility to compete in both the long jump and high jump during the 2002 season ... finished fifth in the long jump (19-11 1/2) at his first collegiate meet (Tri-Meet vs. Western Michigan and Ball State) ... also competed in the high jump at the Tri-Meet ... posted two top-five finishes against Michigan State, taking second in the high jump (6-7 1/4) and fourth in the long jump (20-1 3/4) ... improved his long jump measurement even more at the Meyo Invitational (20-5 3/4) ... qualified for the BIG EAST indoor meet, ending up ninth in the long jump competition ... competed in first outdoor high jump at the Tom Botts Invitational, finishing ninth (6-4 1/2) ... posted top outdoor high jump clearance at the BIG EAST outdoor meet, clearing 6-9 1/4 and just missing all-BIG EAST honors in fourth place.

HIGH SCHOOL AND PERSONAL: Four-year letterwinner in track and field and three-year letterwinner in football at Sabino High School in Tucson, Ariz. ... member of four-time conference champion track and field team ... Sabino track and field team was nationally ranked in 2000 and 2001 ... served as track and

Career Bests

Indoor	
high jump.....	6-9 3/4 (2.08m)
2004 Alex Wilson Invitational	
Outdoor	
high jump.....	6-9 1/2 (2.07m)
2003 Baldy Castillo	



AS A JUNIOR: Continued his performance as one of the top middle distance runners on the Irish roster ... owns seven career all-BIG EAST honors as an individual and on various relays ... in and out of Notre Dame's top five cross country runners during the 2003 season ... finished 42nd at the Notre Dame Invitational, helping Notre Dame claim the team title ... ran in the Pre-National open race, finishing 15th in the competition ... also ran at the BIG EAST Championship, but did not place ... focused on the mile run during the 2004 indoor track and field season ... ran a season-best 4:02.80 in the Meyo Mile at the Meyo Invitational, finishing ninth overall ... finished third in the mile at the BIG EAST indoor meet for the second straight season, earning all-BIG EAST honors ... just missed all-BIG EAST honors in the 4x800-meter relay, finishing fourth with teammates Kevin Somok, Ryan Hurd and Todd Ptacek ... competed at the adidas Indoor Games in the distance medley relay with Kurt Benninger, Ryan Postel and Thomas Chamney, posting a time of 9:45.33 ... combined with Mark Barber, Chamney and Vinnie Ambrico at the BIG EAST indoor meet in the DMR, finishing fourth to just miss all-conference honors ... continued his development in the 1,500 meters during the '04 outdoor season, making his second consecutive appearance in the NCAA Mideast Regional ... began the season with a 3:47.38 in the 1,500 meters at the Stanford Invitational ... qualified for the BIG EAST outdoor meet in the 1,500 meters, eventually finishing ninth in the finals ... appeared in the NCAA Mideast Regional for the 1,500 meters, ending up 10th overall (3:55.31) ... earned all-BIG EAST honors in the 4x800-meter relay at the conference outdoor meet, finishing second in 7:28.48 along with Somok, Benninger and Chamney.

AS A SOPHOMORE: Established himself as a valuable member of both the Irish cross country and track and field teams ... ended up among the top eight runners on the cross country team during the 2002 season ... began the season with a victory in the National Catholic JV race, completing the course in 25:54 ... ended up 36th at the Notre Dame Invitational ... helped Notre Dame finish fourth at the BIG EAST Championship with a 28th-place effort ... appeared in his first NCAA Championship for cross country in Terre Haute, finishing fourth on the team in 179th place ... focused on the mile run during the 2003 indoor season ... was in the



Eric Morrison

5-10 • Senior
Cross Country/Distance

Ancaster, Ontario
St. Mary's H.S.

field for the legendary Meyo Mile at the Meyo Invitational, running a career-best 4:01.90 to finish eighth ... carried over the momentum from the Meyo Invitational to the BIG EAST indoor meet, finishing third in the mile (4:14.71) to earn all-BIG EAST honors for the first time in his career ... earned second all-BIG EAST certificate of his career at the same meet, helping Kevin Somok, Colin Quinn and Thomas Chamney finish third in the 4x800 relay (7:39.61) ... also won the mile run against Michigan State (4:08.98) ... member of the 2003 men's distance medley relay team ... combined with teammates Somok, Ryan Postel and Chamney to qualify for the NCAA Championship ... eventually finished 10th at the 2003 NCAA Indoor Track and Field Championships in Fayetteville, Ark. ... moved to the 1,500 meters for the 2003 outdoor season ... established a new career best with a solid 3:44.16 effort in the 1,500 meters at the Stanford Invitational ... earned his third career all-BIG EAST honor at the outdoor meet, finishing third in the 1,500 meters (3:50.65) ... followed up with yet another all-BIG EAST effort as a member of the 4x800 relay team, finishing third in 7:30.63 along with Chamney, Somok and Vinnie Ambrico ... was once again the running for a spot in the NCAA Championship in the 1,500 meters ... qualified for the inaugural NCAA Mideast Regional and finished fifth in his preliminary heat ... eventually finished ninth in the finals (3:53.07) at the regional.

AS A FRESHMAN: Ran three cross country meets in his rookie season ... helped the team win the group title at the Valparaiso Invitational with a 16th-place finish ... played a key role in the team championship at the Central Collegiates, finishing 10th ... ran the Gold Division race during the Notre Dame Invitational, finishing 12th ... established himself as one of the top middle distance specialists during the track and field season ... finished third in the 1,600 meters at the Purdue Open to begin the indoor season ... earned first collegiate victory in first home meet, winning the 800 meters in the Tri-Meet against Western Michigan and Ball State ... posted second consecutive victory in the 800 meters against Michigan State (1:51.86) ... continued winning streak at the Meyo Invitational, claiming first in the mile run (4:09.76) ... ran the mile again at the Alex Wilson Invitational, finishing 13th (4:09.71) ... began the outdoor season at the Arizona State Invitational, competing in the 1,500 meters ... moved down to the 800 meters at the Purdue Invitational and finished third (1:53.16) ... placed second in the 800 meters at the Spring Opener

(1:51.27) ... continued to improve his 800-meter time at the Tom Botts Invitational, taking second place in 1:50.95 ... was a member of Notre Dame's victorious 4x1,600-meter relay team at the Drake Relays (16:35.34) ... participated in his first BIG EAST meet, advancing to the finals of the 800 meters at the 2002 outdoor championship ... ended up seventh in the field ... made a late run at an NCAA qualification time 3:45.00 in the 1,500 meters ... finished third in the 1,500 at the Billy Hayes Invitational (3:50.59) ... took second in section two of the 1,500 meters at the Georgia Tech Invitational in 3:46.12.

HIGH SCHOOL AND PERSONAL: Four-year letterwinner in cross country, track and field and baseball at St. Mary's High School in Hamilton, Ontario ... one of the top distance runners in Ontario during his high school career ... won the provincial 800-meter championship in 2000 ... a seven-time provincial track and field championship medalist ... finished eighth at the Canadian Junior Cross Country Championship in 2000 ... earned four consecutive athlete-of-the-year awards at St. Mary's ... father, Paul, teaches at St. Mary's and also was the track and field and cross country coach ... father also ran cross country at Michigan State ... helped the St. Mary's track and field team earn the provincial title in 2000-01 and served as the team captain ... two-time conference and regional champion in cross country ... oldest of four children in the Morrison family ... born May 31, 1982 in Hamilton, Ontario ... member of the 2002-03 BIG EAST Academic All-Star team ... enrolled in the College of Science with a pre-professional studies major.

Career Bests

Indoor	
800m.....	1:51.86
2002 vs. Michigan State mile	4:01.90
2003 Meyo Invitational Outdoor	
800m.....	1:50.95
2002 Tom Botts Invitational 1,500m	3:44.16
2003 Stanford Invitational	

Career Cross Country Results 2003

Notre Dame Invitational	42nd
Pre-National	12th*
BIG EAST	DNP

2002

National Catholic	1st*
Notre Dame Invitational.....	36th
Pre-National.....	83rd
BIG EAST Championship	28th
Great Lakes Regional	77th
NCAA Championship	179th

2001

Valparaiso Invitational.....	16th
Central Collegiates	10th
Notre Dame Invitational.....	12th*

* - indicates JV and/or Gold Division race





Sean O'Donnell
6-3 • Senior
Cross Country/Distance
Kansas City, MO
Rockhurst H.S.

AS A JUNIOR: Turned in the top overall season of his career, developing into one of the top five runners on the cross country team and scoring in both the indoor and outdoor BIG EAST meets ... ended up just missing all-BIG EAST honors in cross country (finishing 20th – top 15 earn all-conference accolades) and the indoor 3,000 meters (finishing fourth – top three earn all-conference honors) ... began the '03 cross country season by finishing second on the team and third overall at the National Catholic ... ran well at the Notre Dame Invitational, finishing fourth on the team and 20th overall ... competed in the Pre-National meet, taking 58th place ... helped Notre Dame finish second at the BIG EAST cross country meet, finishing 20th

overall ... ended up third on the team and 41st overall at the NCAA Great Lakes Regional ... warmed up for the indoor track season with a first-place effort in the mile (4:12.20) at the Blue and Gold Invitational ... ran very well at the BIG EAST indoor meet in the 3,000 meters, finishing fourth overall in 8:19.56 ... ran the 5,000 meters just twice during the '04 outdoor season, qualifying for the BIG EAST meet at the Stanford Invitational (14:25.66), then finishing eighth at the BIG EAST Outdoor Championship (14:57.32).

AS A SOPHOMORE: Qualified for both BIG EAST Championship meet during his second season with the Irish ... ended up fourth in the indoor mile run at the BIG EAST meet, scoring points toward an eventual Notre Dame team title ... won his section of the mile run at the Meyo Invitational to claim his first collegiate race individual victory ... focused on the 1,500 meter during the outdoor season ... placed 16th in the preliminaries of the 1,500 meters at the 2003 BIG EAST outdoor meet ... on the cusp of the top-eight runners for the Irish cross country team in 2002 ... participated in four meets, including the Pre-National meet (103rd) ... ended up 30th in the adidas Invitational ... ran the JV race at the National Catholic, taking fourth place ... also finished fourth in the Gold Division race at the Notre Dame Invitational.

AS A FRESHMAN: Competed in one cross country race during his rookie season, finishing 13th at the Valparaiso Invitational ... did not compete during the 2002 track and field season.

HIGH SCHOOL AND PERSONAL DATA: Three-sport standout at Rockhurst High School in Kansas City, Mo. ... earned letters in cross country, track and field and soccer ... served as team captain of both the cross country and track and field teams during his senior season ... named track and field team MVP while earning all-conference, all-city and all-state accolades ... excelled at the state level, setting school records in the 4x800-meter relay and 1,600 meters at the state championship ... key member of state championship soccer team in 1999 ... president of the National Honor Society at Rockhurst and a member of the Regis Club ... son of Pam and Sean O'Donnell ... middle of three children ... born June 25, 1982, in Kansas City, Mo. ... enrolled in the College of Engineering.

Career Bests

Indoor

Mile4:12.20
2004 Blue and Gold Invitational
3,000m8:19.56
2004 BIG EAST Championship

Outdoor

1,500m3:54.81
2003 Tom Botts Invitational
5,000m14:25.66
2004 Stanford Invitational

Career Cross Country Results 2003

National Catholic3rd
Notre Dame Invitational20th
Pre-National58th
BIG EAST Championship20th
Great Lakes Regional41st

2002

adidas Invitational30th
National Catholic4th*
Notre Dame Invitational4th*
Pre-National103rd

2001

Valparaiso Invitational13th
* - indicates JV/Gold Division race

AS A JUNIOR: Posted one of the top seasons for a hurdler in Notre Dame track and field history ... set the school record in the 60-meter hurdles with a 7.75 effort at the Alex Wilson Invitational ... also threatens the 110-meter hurdle school mark, as his season-best was 13.57 at the NCAA Mideast Regional, just .04 off Errol William's school mark set in 1998 ... owns the 4x400-meter indoor relay school record (3:09.87), along with teammates Trevor McClain-Duer, Jordan Powell and Ryan Postel, finishing third at the Alex Wilson Invitational ... qualified for the NCAA Championship in both the indoor and outdoor seasons ... tied for third all-time in all-BIG EAST honors after just three seasons with the Irish, posting 11 all-conference honors (including six during the 2004 season) ... signature performance of the 2004 season occurred at the BIG EAST outdoor meet ... claimed his third consecutive 110-meter hurdle title, besting the field in 13.91 ... moved on to just miss another individual title in the 200 meters, finishing second in 21.48 (after running 21.18 in the prelimi-

naries – the seventh-fastest time in school history) ... followed up by helping the 4x100 relay team of Ryan Postel, Ryan Hurd and Tommie Lee to finish second in 41.20 ... not done yet, joined the 4x400-meter relay team of Trevor McClain-



Selim Nurudeen
6-0 • Junior
Hurdles/Sprints
Friendswood, TX
Friendswood H.S.



Duer, Jordan Powell and Postel to finish second in 3:10.52 ... won six 60-meter hurdles races during the '04 indoor season ... claimed his first BIG EAST 60-meter hurdle title with a 7.78 effort in the final race ... also earned all-BIG EAST honors in the 4x400-meter relay along with McClain-Duer, Postel and Powell, finishing second in 3:13.71 ... moved on to the outdoor meet and won his third-straight 110-meter hurdle title, taking first in 13.91 ... also appeared at the NCAA Mideast Regional with the 4x400-meter relay team, running 3:09.65 – the second fastest time in school history ... competed well in his first NCAA indoor meet, finishing 15th in the 60-meter hurdles ... moved up to 10th at the NCAA Outdoor Championship, running 13.61 ... owns three of the top 10 110-meter hurdle times in school history, including the third-best (13.57) run at the NCAA Mideast Regional in '04.

AS A SOPHOMORE: Started to emerge as one of the top hurdlers in the Midwest during the 2003 season ... stepped up to defend his BIG EAST Championship at the outdoor meet, winning his second-consecutive 110-meter hurdle crown in 13.95 ... saved his best race for last, blistering to 13.84 in the 110-meter hurdles to finish seventh in the NCAA Mideast Regional and just missed qualifying for the NCAA Championship ... one of the best all-around athletes on the team ... added the 60 meters during the indoor season and 200 meters during the outdoor season to contribute for the team at the BIG EAST Championships ... began the 2003 indoor season with eight consecutive victories in the 60-meter hurdles ... placed first at the Central Michigan Opener, against Western Michigan and Ball State, against Michigan State, at the Meyo Invitational and at the Windsor Team Challenge ... also won his first two 60-meter races of the season against Western Michigan/Ball State and Michigan State ... placed first in his heat of the 60-meter hurdles at the BIG EAST indoor meet and ended up second in the finals (7.97) to earn all-BIG EAST honors for the second-straight season ... also qualified for the BIG EAST indoor meet in the 60 meters, ending up eighth in the finals (7.00) ... capped the indoor season with a fourth-place finish in the 60-meter hurdles at the Alex Wilson Invitational ... con-



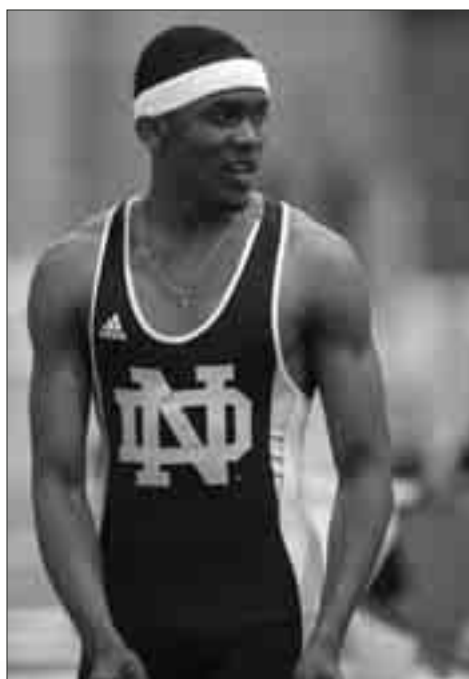
centrated almost exclusively on the 110-meter hurdles during the 2003 outdoor season ... began the slate with a third-place finish at the Baldy Castillo, then followed up with a victory at the Tom Botts Invitational (14.31) ... also ran the 200 meters at the Baldy Castillo (21.94), qualifying for the BIG EAST outdoor meet ... took third in his section at the Mt. SAC Relays in the 110-meter hurdles ... ran well at the Drake Relays, finishing second in the preliminaries and fifth overall in the hurdles ... dominated the BIG EAST outdoor meet, winning his preliminary heat (13.85) and the final race (13.95) to claim his second-straight league title in the 110-meter hurdles ... made the trip to the Georgia Tech Invitational and finished fourth in the finals ... qualified for the inaugural NCAA Mideast Regional and competed well, finishing third in his heat and seventh-overall (13.84) ... also competed in the 200 meters at the BIG EAST outdoor meet, finishing ninth in the preliminaries (21.57).

AS A FRESHMAN: Immediately stepped in as the top hurdler on the Irish squad ... took second place in his first collegiate event, the 60-meter hurdles (8.09), at the Purdue Open ... won his first collegiate home event, taking first in the 60-meter hurdles during the Tri-Meet against Western Michigan and Ball State ... repeated his

60-meter hurdle victory the next weekend against Michigan State ... finished fourth in the finals of the 60-meter hurdles at the Meyo Invitational (8.07) ... won his preliminary heat at the 2002 BIG EAST Indoor Championships (8.02), then earned all-BIG EAST honors with a third-place effort in the finals ... continued to improve his time in the 60-meter hurdles at the Alex Wilson Invitational, finishing

fourth in the preliminaries (8.00) and third in the finals (7.95) ... kicked off the outdoor season at the Arizona State Invitational, taking fourth in the 110-meter hurdles in 14.50 and fifth in the 400-meter hurdles in 53.51 ... took second place in the 110-meter hurdles at the Purdue Invitational ... broke through for his first outdoor event victory at the Tom Botts Invitational, winning the 110-meter hurdles in 14.44 ... competed at the Pomona-Pitzer Invitational, posting times of 14.49 in the 110-meter hurdles and 55.05 in the 400-meter hurdles ... also competed in both hurdle competitions at the Drake Relays ... stepped up to claim the BIG EAST Championship in the 110-meter hurdles with a blistering 14.14 in the preliminaries and a 14.31 effort in the finals ... also took seventh in the 400-meter hurdles (53.49) at the BIG EAST outdoor meet.

HIGH SCHOOL AND PERSONAL: Four-year letterwinner in track and field and two-year letterwinner in basketball at Friendswood High School ... one of the top hurdlers to come out of Texas in 2001 ... ranked fourth in the nation in the 110-meter hurdles during his senior season ... the 2001 regional and state champion in the 400-meter hurdles ... served as track and field team captain and named team MVP his junior and senior seasons ... helped Friendswood win three consecutive track and field conference championships ... holds or helped set school records in the 110-meter hurdles, 200 meters, 4x400-meter relay, mile medley relay and the shuttle hurdle relay ... team captain of regional champion basketball team in 2000-01 ... set the school record for steals in a season (79) ... named basketball team MVP after posting 13.1 points per game and 11 rebounds per game in 2000-01 ... uncle, Tito Nurudeen, competed in track and field at LSU ... sister, Kemi, is currently a member of the Texas A&M track and field team ... member of the Technology Students of America (TSA) ... plans to major in pre-professional studies ... born Feb. 1, 1983 in Atlanta, Ga. ... member of the 2002-03 BIG EAST Academic All-Star team ... enrolled in the College of Arts and Letters with a design major.



Career Bests

Indoor

60m	6.85
2004 BIG EAST Championship	
60m hurdles	7.75
2004 Alex Wilson Invitational	

Outdoor

110m hurdles	13.57
2004 NCAA Mideast Regional	
200m	21.18
2004 BIG EAST Championship	

Honors & Awards

- BIG EAST Champion
- 60-meter Hurdles (2004)
- 110-meter Hurdles (2002, 2003, 2004)





Chip Roberts

6-0 • Senior
Throws

Franklin, NJ
Walkill Valley Regional H.S.

AS A JUNIOR: A dependable throw specialist for the Irish who scored (finished in the top eight) at both the indoor and outdoor BIG EAST meets during the 2004 season ... posted a great effort in the shot put during the Alex Wilson Invitational, finishing third with a personal-best 17.12m (56-2) measurement ... placed fifth in the shot put at the BIG EAST indoor meet (16.69m, 54-9) ... threw both the hammer and discus during the 2004 outdoor season ... qualified for the BIG EAST meet in both implements, finishing fifth in the discus (45.92m, 150-8) and 13th in the hammer throw.

AS A SOPHOMORE: Developed during his second season into one of the more dependable throwers on the Irish roster ... eventually scored points toward the team total in both BIG EAST Championships during 2003 ... placed eighth in the weight throw at the BIG EAST indoor meet with a toss of 15.83m (51-11 1/4) ... qualified for both the

hammer throw and discus at the BIG EAST outdoor meet ... took sixth place in the hammer throw (51.60m, 169-3) and sixth in the discus (47.93m, 157-3) ... claimed first collegiate individual event victory against Western Michigan and Ball State in the weight throw, winning the competition with a career-best 16.45m (53-11 3/4) toss ... finished no lower than sixth in all four hammer throw competition he entered during the 2003 outdoor season ... finished third in the hammer at the Tom Botts Invitational, fifth at the Indy Relays and sixth at the Boilermaker Open.

AS A FRESHMAN: Debuted in his first collegiate meet against Ball State and Western Michigan ... finished ninth in the weight throw ... competed well against Michigan State, finishing eighth in the shot put and fifth in the weight throw ... top Irish finisher in the Spring Opener during the outdoor season in the hammer throw with a 47.27m

AS A JUNIOR: Earned his third and fourth all-BIG EAST honors in the high jump, finishing second at the indoor meet and third at the outdoor meet ... cleared an indoor personal best 2.07m (6-9) at the Meyo Invitational to finish fourth overall ... cleared the same height to win the Central Michigan Opener high jump competition ... finished second at the BIG EAST indoor meet by clearing 2.06m (6-9) ... qualified for the BIG EAST outdoor meet by clearing 2.02m (6-7) at the Indy Relays ... ended up third in the conference outdoor meet, clearing a season-best 2.07m (6-9).

AS A SOPHOMORE: Strengthened his position as the top high jumper on the 2003 team ... reached career-bests in both the indoor and outdoor high jump during the season ... won his first three competitions of the year, placing first at the Central Michigan Opener, vs. Western Michigan and Ball State and vs. Michigan State ... season-best clearance came at the Meyo Invitational, a 6-9 clearance to finish in second place ... just missed all-BIG EAST honors at the indoor meet, clearing 6-7 to finish fourth ... capped the indoor season with a second-place finish at the Alex Wilson Invitational (6-8 3/4) ... consistently reached the 6-9 height during the outdoor season ... competed at the Stanford Invitational, finishing sixth (6-9 3/4) ... won the high jump at the Indy Relays, clearing 6-8 ... earned all-BIG EAST honors for the second time

Career Bests

Indoor

Indoor high jump2.07m (6-9)
2004 Meyo Invitational

Indoor

high jump.....6-9 3/4 (2.08m)
2003 NCAA Mid-east Regional



Christopher Staron

6-4 • Senior
High Jump

Glen Ellyn, IL
Glenbard East H.S.

in his career at the conference outdoor meet, finishing third with a 6-9 1/2 effort ... qualified for the inaugural NCAA Mid-east Regional, finishing ninth with a 6-9 3/4 clearance.

AS A FRESHMAN: Placed fourth in his first collegiate high jump meet, the Tri Meet against Western Michigan and Ball State, clearing 6-4 3/4 ... ended up 11th in the high jump at the Meyo Invitational ... improved indoor clearance to 6-6 1/4 to finish third at the Windsor Team Challenge ... broke through to earn all-BIG EAST honors with a third-place effort at the conference indoor meet, tying teammate Quill Redwine with a 6-7 1/4 clearance ... began the outdoor season at the Purdue Invitational, clearing 6-7 1/4 to finish sixth ... made the trip to the Tom Botts Invitational, finishing eighth in the high jump ... ended the outdoor season with a fourth-place effort at the Butler Invitational.

HIGH SCHOOL AND PERSONAL: Four-year letterwinner in the high jump on the track and field team at Glenbard East High School in Lombard, Ill. ... two-time Illinois state champion in the high jump ... set the conference and school record with a personal-best 6-10 effort his senior season ... three-time conference indoor and outdoor high jump champion ... three-time sectional high jump champion ... three-time all-state selection ... qualified for the state championship meet all four years of high school competition ... posted an undefeated record in the high jump during his junior season ... June 16, 2000 was proclaimed 'Chris Staron Day' in Lombard, Ill., by the village president ... member of the National German Honor Society ... born Dec. 17, 1982 in Elmhurst, Ill. ... member of the 2002-03 BIG EAST Academic All-Star team ... enrolled in the College of Arts and Letters with a history and political science major.

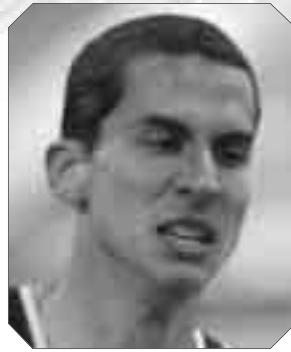


AS A SOPHOMORE: A talented middle distance runner capable of running several different distances ... won the 1,000 meters at the Windsor Team Challenge, finishing first in 2:29.99 ... ran a personal-best 4:07.96 in the mile run at the Alex Wilson Invitational ... also finished fourth in the mile at the Meyo Invitational and the Notre Dame Invitational ... just missed out on all-BIG EAST honors at the indoor meet as a part of the distance medley relay team, combining with teammates Eric Morrison, Mark Barber and Thomas Chamney to finish fourth in 10:02.87 ... qualified for the BIG EAST outdoor meet in the 1,500 meters, finishing 10th in 3:54.60, moving up from 12th in the preliminaries.

AS A FRESHMAN: Established himself as a reliable middle-distance specialist for the Notre Dame track and field team ... began the 2003 indoor season running the 800 meters ... finished third in the 800 meters against Western Michigan and Ball State in 1:51.18 ... moved up to the mile for the Meyo Invitational and posted his first collegiate victory, winning the regular sec-

Career Bests

Indoor	
800m.....	1:54.18
2003 vs. Western Michigan and Ball State mile	
	4:07.96
2004 Alex Wilson Invitational	
Outdoor	
1,500m	3:48.95
2004 Georgia Tech Invitational	



Vinnie Ambrico

5-11 • Junior
Cross Country/Distance

Altamonte Springs, FL
Choate Rosemary Hall Academy

tion of the mile run in 4:11.16 ... also won his section of the mile at the Alex Wilson Invitational (4:11.67) ... qualified for the BIG EAST indoor meet in the mile and competed well, scoring points for the team with a sixth-place effort (4:17.04) ... focused on the 1,500 meters for the 2003 outdoor season ... competed at the Stanford Invitational, finishing eighth in his section (3:51.73) ... took fifth in the 1,500 meters at the Tom Botts Invitational ... qualified for the second BIG EAST meet of his rookie season, taking 10th in both the preliminary and finals of the 1,500 meters ... ran season-best 1,500-meter time of 3:51.13 at the Georgia Tech Invitational.

HIGH SCHOOL AND PERSONAL: A four-year letterwinner in both cross country and track and field at Choate Rosemary Hall in Wallingford, Conn. ... three-time conference champion and all-conference pick in track and field ... two-time all-conference choice in cross country ... earned all-state honors in both track and field and cross country as a senior ... served as team captain in both sports in 2001-02 ... set

four school records in track and field ... placed fourth in the mile run at 2002 National Scholastic Indoor Championships in New York City ... ranked sixth in the nation in the indoor mile and 1,000-meter run during 2002 season ... won New England Prep School Championship in 1,500-meter run as a senior ... also placed third in 1,600 meters at 2001 state meet ... helped lead Choate to 2002 New England Prep School Cross Country Championship ... member of National Honor Society ... father, Vincent, was a two-year monogram winner in track and field at Notre Dame (1969-70) ... youngest of three children ... born Nov. 21, 1982 in Orlando, Fla. ... enrolled in the Mendoza College of Business with an accounting major.

Career Cross Country Results 2003

Notre Dame Invitational6th*
* - indicates Gold Division race



Derek Goguen

6-4 • Junior
Javelin

Plainville, MA
Bishop Feehan H.S.

AS A SOPHOMORE: Continued as Notre Dame's top threat in the javelin ... placed first in the javelin at the Baldy Castillo and the Purdue Invitational ... qualified for the BIG EAST meet with his 60.59m (198-9) effort at the Baldy Castillo ... ended up ninth in the BIG EAST outdoor meet javelin competition with a 59.76m (196-1) measurement ... logged a personal-best 61.80m (202-9) effort at the Georgia Tech Invitational, which qualified him for his second-straight NCAA Mid-east Regional ... finished a solid ninth at the Mid-east Regional (58.90m, 193-3), matching his place from the 2003 season.

AS A FRESHMAN: Concentrated on his development in the javelin ... established himself as the top javelin specialist on the 2003 track and field roster ... finished no lower than fifth in his first five collegiate competitions ... took fifth in the Baldy Castillo with a toss of 190-8 ... top effort of the season came at the Boilermaker Open, a 58.95m (193-4 1/2) toss which ended up as a fourth-place effort ... qualified for the BIG EAST outdoor meet, finishing ninth in the javelin with a 189-7 measurement ... also qualified for the USATF Junior Nationals with his Boilermaker Open effort.

HIGH SCHOOL AND PERSONAL: One of the top javelin throwers in the country in his age group, despite not taking up the sport until

his junior year ... was a two-time state, regional and conference champion in the javelin at Bishop Feehan High School in Attleboro, Mass. ... garnered all-Eastern Athletic Conference laurels in both his junior and senior years and earned all-city honors his final season ... set junior and senior class records in javelin at BFHS, topping out with a career-best toss of 191-2 ... also won javelin competition at the Regional Junior Olympics ... competed at the U.S. Junior Olympics ... ran the 110-meter hurdles in high school as well ... a three-sport star at Bishop Feehan, also participating in football and baseball ... four-year football team captain at wide receiver and defensive back ... guided his squad to a pair of conference and regional titles, as well as the 2001 state championship ... holds school and state records for interceptions in a game (3) and a season (11) ... served as team captain of baseball team as freshman and sophomore, leading team to back-to-back league titles ... suffered broken arm after his sophomore year, which caused him to drop baseball and take up track & field ... member of National Honor Society ... younger of two children ... born Feb. 9, 1984 in Norwood, Mass. ... member of the 2002-03 BIG EAST Academic All-Star team ... enrolled in the Mendoza College of Business.

Career Bests

Outdoor	
Javelin	61.80m (202-9)
2004 Georgia Tech Invitational	





**Tim
Moore**

**6-0 • Junior
Cross Country/Distance**

**Novi, MI
Novi H.S.**

**BIG EAST Champion
Indoor 5,000 meters 2003**

AS A SOPHOMORE: Continued his role as one of the top cross country harriers on the Irish roster ... switched back and forth with senior Todd Mobley as the top two runners on the team ... began the 2003 cross country season with a third-place finish at the Notre Dame Invitational, helping the Irish claim the team title ... followed up with a team-best 15th-place effort at the Pre-National meet ... finished first on the team for the second year in a row and earned all-BIG EAST honors for the second time by finishing sixth at the league cross country championship ... ended up second on the team and 15th overall at the NCAA Great Lakes Regional ... was invited to the NCAA Championship as an individual entry, finishing 89th overall ... did not compete during the 2004 track and field season.

AS A FRESHMAN: Highly-touted rookie lived up to his billing during the 2002 cross country season and 2003 track and field slate ... ended up as an BIG EAST Champion and qualified for the 2003 IAAF World Cross Country Championship in Lausanne, Switzerland ... posted an outstanding first BIG EAST Championship at the 2003 indoor meet, winning his first individual title in the 5,000 meters (14:26.78) and earning all-BIG EAST honors with a third-place finish in the 3,000 meters (8:16.83) ... began his first cross country season in 2002 with a second-place finish



All-America honors at the NCAA Cross Country Championship, eventually ending up 63rd in the field as Notre Dame's top finisher ... began the 2003 indoor track and field season with a victory in the 3,000 meters against Western Michigan and Ball State ... ran the difficult double-double of the 5,000 meters and 10,000 meters at the BIG EAST outdoor meet, finishing fifth in the 5,000 meters and earning second all-BIG EAST honors of the season in the 10,000 meters (30:31.13) ... also competed at the Mt. SAC Relays in the 10,000 meters, running a season-best 29:45.93 ... stepped out of track and field competition in February of 2003 to compete at the USA Cross Country Championships in Houston, Texas ... finished fifth at the USA Championship to qualify for the IAAF World Championship, run in Switzerland ... made the trip to Lausanne, Switzerland, to run with the U.S Junior National Team ... finished second on the team at the World Championship and 34th-overall, helping the United States finish eighth as a team.

HIGH SCHOOL AND PERSONAL: A four-year letterwinner in both cross country and track and field and Novi (Mich.) High School ... a four-time All-America pick in track and field and two-time All-America selection in cross country ... won three state titles in cross country and two state crowns in track and field ... also a four-time all-city and all-conference choice in both cross country and track and field ... holds school record in 3,200-meter run and was part of school record-setting 3,200-meter relay team ... was a three-time regional and conference champion in track and field ... served as cross country team captain his final two seasons ... qualified for 2001 cross country Junior World Championships ... member of National Honor Society ... oldest of two children ... born April 12, 1984 in Royal Oak, Mich. ... member of the 2002-03 BIG EAST Academic All-Star team ... enrolled in Mendoza College of Business.

**Career Cross Country Results
2003**

- Notre Dame Invitational.....3rd
- Pre-National15th
- BIG EAST Championship.....6th
- Great Lakes Regional15th
- NCAA Championship89th

2002

- adidas Invitational2nd
- National Catholic2nd
- Notre Dame Invitational.....6th
- Pre-National22nd
- BIG EAST Championship.....10th
- Great Lakes Regional14th
- NCAA Championship63rd

behind teammate Todd Mobley in the adidas Invitational ... followed the same pattern at the National Catholic, finishing behind Mobley again to take second and help the Irish win the team title ... ran well at the highly-competitive Notre Dame Invitational, finishing sixth ... top finisher for the team at the Pre-National meet, taking 22nd place ... stepped up due to an injury to Mobley at the BIG EAST Championship to finish first on the team in 10th place ... that finish provided the first all-BIG EAST honor of his career ... Notre Dame finished fourth as a team at the BIG EAST cross country meet ... posted another top-15 finish at the Great Lakes Regional, ending up 14th in 30:57.1 to post the top finish on the team yet again ... flirted with

Career Bests

Indoor	
3,000m	8:16.83
2003 BIG EAST Championship	
5,000m	14:22.17
2003 Meyo Invitational	
Outdoor	
5,000m	14:35.09
2003 BIG EAST Championship	
10,000m	29:45.93
2003 Mt. SAC Relays	



AS A SOPHOMORE: Took a large step forward as one of the top sprinters in the BIG EAST Conference ... claimed his first individual BIG EAST Championship in the outdoor 400 meters, beating the field with a 47.22 effort in the finals (ran a personal-best 46.63 in the preliminaries) ... also claimed a share of the indoor 4x400-meter relay school record, combining with Trevor McClain-Duer, Jordan Powell and Selim Nurudeen to run 3:09.87 at the Alex Wilson Invitational ... has earned seven all-BIG EAST honors as an individual and on various relays in just two full track and field seasons ... ran well at the BIG EAST indoor meet as well, finishing second in 47.66 to earn all-BIG EAST honors ... won the 200 meters at the Blue and Gold Invitational and the Notre Dame Indoor Opener ... ran the 300 meters at the Windsor Team Challenge, taking first in 34.54 ... earned all-BIG EAST honors at the BIG EAST indoor meet in the 4x400 relay, finishing second with McClain-Duer, Powell and Nurudeen ... appeared at the adidas Indoor Games in the distance medley relay, running 9:45.33 with Kurt Benninger, Thomas Chamney and Eric Morrison ... ran extremely well during the BIG EAST outdoor meet, as his 46.63 effort in the preliminaries ranks as the fourth-best in school history ... finished a solid fourth in the 400 meters at the Mt. SAC Relays (47.41) ... qualified for the NCAA Mid-east Regional in the 400 meters, finishing 20th (47.46) ... after winning the 400 meters at the BIG EAST outdoor meet, earned all-BIG EAST honors with second-place efforts in the 4x100 and 4x400-meter relays ... combined with Nurudeen, Ryan Hurd and Tommie Lee to finish second in the 4x100-meter relay at the BIG EAST outdoor meet, posting a time of 41.20 ... teamed with McClain-Duer, Powell and Nurudeen to take second in the 4x400 relay in 3:10.52 ... the same team ran 3:09.65 at the NCAA Mid-east Regional, the second-best 4x400-meter relay in school history ... spent the fall of 2004 working out with the Notre Dame football team as a walk-on receiver.

AS A FRESHMAN: Developed well during his rookie season, concentrating on the 400 meters ... earned two all-BIG EAST honors as a member of Notre Dame's relay teams ... helped teammates Trevor McClain-Duer, Ryan Hurd and Mark Barber finish second in the 4x400 relay

Career Bests

Indoor	
200 meters.....	21.68
2004 Blue and Gold Invitational	
400 meters.....	47.01
2004 Alex Wilson Invitational	
Outdoor	
200 meters.....	21.79
2004 BIG EAST Championship	
400 meters.....	46.63
2004 BIG EAST Championship	



Ryan Postel

6-3 • Junior
Sprints/Jumps

Lexington, KY
Lexington Catholic H.S.

BIG EAST Champion
Outdoor 400 meters (2004)



combined with teammates Kevin Somok, Thomas Chamney and Eric Morrison to qualify for the NCAA Championship ... eventually finished 10th at the 2003 NCAA Indoor Track and Field Championships in Fayetteville, Ark. ... continued to run well during the outdoor season, taking home a victory at the Tom Botts Invitational in the 400 meters (48.02) ... qualified for the BIG EAST outdoor meet, scoring points for the team effort by finishing sixth in the finals of the 400 meters (48.02).

HIGH SCHOOL AND PERSONAL: A three-sport standout, earning letters in track and field (four), basketball (three) and football (two) at Lexington (Ky.) Catholic High School ... won state title in 400-meter dash in 2002 ... three-time all-state selection and nine-time individual state championship medalist ... helped team to four regional titles and a state runner-up finish in 2001 ... 12-time individual regional championship medalist ... was ranked among top 10 in the state in nine different events from 2000-02, including a number one ranking at 400 meters ... Kentucky AAU two-time gold medalist in 2001 at 100 and 200 meters, and a bronze medalist in long jump ... two-time team captain of track and field squad ... also was a talented wide receiver in football, ranking first in the state in 2001 in average yards per reception and second in touchdown catches ... garnered honorable mention all-state honors from the Associated Press in 2001 ... was a member of LCHS state championship basketball team in 2002 ... team was ranked as high as 10th in the nation by USA Today ... member of National Honor Society ... played football alongside current Irish freshman griddler Jake Carney, and was a teammate of former Notre Dame basketball standout David Graves at Lexington Catholic ... middle of three children ... born Oct. 22, 1983 in Miami, Fla. ... plans to major in computer science ... enrolled in the Mendoza College of Business.

at the BIG EAST indoor meet (3:15.85) ... helped Hurd, Barber and Selim Nurudeen finish third in the 4x100 at the BIG EAST outdoor meet (41.31) ... claimed victories in the 400 meters against Western Michigan/Ball State and Michigan State ... posted a season-best time of 48.24 to cap the indoor season at the Alex Wilson Invitational ... qualified for the BIG EAST indoor meet in the 400 meters, finishing ninth in the preliminaries ... member of the 2003 men's distance medley relay team during the indoor season ...





**Kaleb
Van Ort**

6-1 • Junior
Distance/Cross Country

Waterloo, IN
DeKalb H.S.

AS A SOPHOMORE:

One of the top five runners on the Irish cross country team during the 2003 season ... also a key contributor at the BIG EAST meets in track and field, earning three all-BIG EAST honors during the 2004 season ... began the '03 cross country slate with a team-best second-place finish at the National Catholic, leading Notre Dame to the team title ... ended up 26th in the Notre Dame Invitational ... competed in the Pre-National meet, finishing 52nd ... earned first all-BIG EAST honor of his career at the BIG EAST Cross Country Championship, finishing 12th overall and third on the team ... ran both the 3,000 and 5,000 meters during the 2004 indoor track and field season ... earned all-BIG EAST honors in both distances, finishing third in the 3,000 meters (8:18.90) and second in the 5,000 meters (14:25.90) at the league indoor meet ... ran two distances at the BIG EAST outdoor meet as well ... finished third



... helped Notre Dame finish fourth at the BIG EAST cross country championship with a 49th-place effort ... did not compete during the 2003 indoor track and field season ... returned to the track for the outdoor season, qualifying for the BIG EAST outdoor meet in the 10,000 meters ... eventually scored points toward the team title with a sixth-place effort (31:19.38).

HIGH SCHOOL AND PERSONAL:

A four-year letterwinner in both cross country and track and field at DeKalb High School in Waterloo, Ind. ... a two-time all-state selection in cross country and track and field ... also earned four all-city and all-conference awards in cross country and two all-city and all-conference honors in track and field ... named Indiana Cross Country Runner of the Year as both a junior and senior ... won Junior Olympics national title at 3,200-meters in 2000 ... set school record in 3,200-meter run as a junior ... claimed two conference titles in track and field ... finished sixth at Mideast All-Stars cross country race and 10th at FootLocker regional cross country meet as a senior ... served as team co-captain on cross country squad during his final year, winning conference and regional titles that season ... member of National Honor Society ... uncle, Michael Schrauth, graduated from Notre Dame in 1985 ... middle of three children ... born April 21, 1984 in Auburn, Ind. ... enrolled in the College of Engineering.

**Career Cross Country Results
2003**

National Catholic	2nd
Notre Dame Invitational	26th
Pre-National	52nd
BIG EAST Championship.....	12th
Great Lakes Regional	50th

2002

adidas Invitational.....	8th
National Catholic	8th
Notre Dame Invitational	34th
Pre-National	183rd
BIG EAST Championship.....	49th

Career Bests

Indoor

3,000 meters.....	8:12.18
2004 Alex Wilson Invitational	
5,000 meters.....	14:25.90
2004 BIG EAST Championship	

Outdoor

5,000 meters.....	14:54.06
2004 BIG EAST Championship	
10,000 meters.....	20:40.85
2004 Stanford Invitational	

in the 10,000 meters, finishing the race in 30:58.93 ... also scored in the 5,000 meters, finishing seventh in 14:54.06.

AS A FRESHMAN: Strong start to the 2002 cross country season established him as one of the top nine runners on the Irish roster ... finished eighth overall at his first two collegiate cross country meets, the adidas Invitational and National Catholic ... finished 84th in the highly-competitive Notre Dame Invitational ... also appeared for the Irish in the Pre-National meet (183rd)





**Kurt
Benninger**

5-11 • Sophomore
Cross Country/Distance

Chepstow, Ontario
Walkerton D.S.S.

AS A FRESHMAN:

Contributed as one of the top five runners on the 2003 cross country team and developed well during the 2004 track and field season, eventually qualifying as an individual for the NCAA Outdoor Championship ... began his cross country career with a 12th-place effort at the National Catholic, helping Notre Dame claim the team title ... ran well at the BIG EAST Championship, finishing 21st overall ... also ran at the NCAA Great Lakes Regional, finishing 38th ... qualified for the BIG EAST indoor mile competition at the Meyo Invitational, finishing 10th in the Meyo Mile (4:03.67) ... just missed his first BIG EAST Championship at the league indoor meet, finishing second in the mile with a 4:08.74 effort ... also finished fifth in the 3,000 meters at the BIG EAST meet, crossing the finish line in 8:19.61 ... focused almost exclusively on the 1,500 meters during the 2004 outdoor season, steadily



track and field history for the outdoor 1,500 meters ... finished an impressive fifth at the NCAA Mideast Regional in the 1,500 meters, crossing the finish line in 3:51.34 ... appeared in his first NCAA Championship at the outdoor competition, finishing 25th in the 1,500 meters (3:55.13) ... earned all-BIG EAST honors on the only relay in which he competed during the outdoor season, finishing second in the 4x800-meter relay along with teammates Eric Morrison, Kevin Somok and Thomas Chamney.

HIGH SCHOOL AND PERSONAL

DATA: One of the top prep cross country and middle distance runners in Ontario over the last four years ... earned a silver medal at the 2003 Pan Am Junior Games, finishing second in the 1,500 meters ... two-time member of the Canadian Junior National Cross Country Team that competed at the World Junior Championships in 2002 and 2003 ... member of the Canadian Junior Track and Field Team that competed at the World Youth Championships in 2001 ... won the 2003 U.S. Junior National 1,500-meter championship after finishing second in 2002 ... placed third in the 2002 National Junior Cross Country Championship ... holds Walkerton school records in the 800, 1,500 and 3,000 meters ... also holds the Ontario Under-19 outdoor 3,000-meter record (8:10.50) ... posts personal-best performances of 8:10.50 in the 3,000 meters, 3:49.08 in the 1,500 meters and 1:51.61 in the 800 meters ... born Jan. 1, 1985, in Walkerton, Ontario ... son of Mary Lynne and Joe Benninger ... oldest of two children ... enrolled in the Mendoza College of Business.

Career Cross Country Results 2003

Notre Dame Invitational.....	12th
Pre-National	88th
BIG EAST Championship	21st
Great Lakes Regional	38th

improving his time throughout the year ... once again just missed out on a BIG EAST title, finishing second in the 1,500 meters at the outdoor meet (3:50.03) ... ran a spectacular 3:41.95 in the 1,500 meters at the Georgia Tech Invitational, qualifying for the NCAA Mideast Regional ... his 3:41.95 time ranks second all-time in Notre Dame

Career Bests

Indoor	
Mile	4:03.27
2004 Alex Wilson Invitational 3,000 meters.....	8:15.42
Outdoor	
1,500 meters.....	3:41.95
2004 Georgia Tech Invitational	





**Dan
Driscoll**

*5-8 • Sophomore
Cross Country/Distance*

*Bozeman, MT
Bozeman H.S.*

AS A FRESHMAN: Developed as a distance runner and cross country harrier for the Irish during the 2003-04 seasons ... appeared in just one cross country meet during the 2003 season, finishing 12th at the Valparaiso Invitational ... ran the mile, 3,000 meters and 5,000 meters during the 2004 indoor track and field season ... best times included 4:12.95 in the mile, 8:38.19 in the 3,000 meters and 15:14.80 in the 5,000 meters ... ran two 5,000-meter races during the outdoor season, picking up his first collegiate victory at the Spring Opener, finishing in 15:08.69.

HIGH SCHOOL AND PERSONAL DATA: Four-year letterwinner in track and field and cross country at Bozeman High School ... first cross country individual state champion in Bozeman history (2002) ... specialized in the 1,600 meters during the track and field season, taking home the state championship in 2002 ... a three-time MVP of both the track and field and cross country squads ... claimed both the 1,600 and 800 meter divisional titles during his senior season ... boasts personal-bests of 4:20.5 in the 1,600 meters, 1:55.60 in the 800 meters and completed a

three-mile cross country course in 15:08 ... from the same area of Montana as former Irish cross country/track and field stand out Chuck Aragon and current teammate Brett Colton ... active in extra-curricular activities at Bozeman, including National Honor Society, Speech and Debate, Leo Club and Youth Group Worship Team ... son of Iris and Edward Driscoll ... oldest of four children ... born Nov. 6, 1984, in Bozeman, Mont. ... enrolled in the College of Engineering.



**Christopher
Jacques**

*6-0 • Sophomore
Sprints/Jumps*

*Old Brookville, NY
Chaminade H.S.*

AS A FRESHMAN: Proved to be a valuable horizontal jumper for the Irish during his rookie season ... qualified for the BIG EAST indoor and outdoor meet in both the long jump and high jump ... won both the high jump and long jump at the Notre Dame Invitational for his first two collegiate event victories ... cleared a season-best 2.00m (6-6) in the high jump ... best long jump of the season came at the BIG EAST Championship, leaping 6.75m (22-1) to finish ninth ... scored toward the team title at the BIG EAST indoor meet, finishing sixth by clearing 1.96m (6-5) ... pulled double duty during the outdoor season as well,

finishing sixth in the BIG EAST meet in the long jump and seventh in the high jump ... posted a season best 7.15m (23-5) measurement in the long jump at the BIG EAST meet ... best outdoor high jump clearance came at the league outdoor meet as well, going over 1.99m (6-6).

HIGH SCHOOL AND PERSONAL DATA: Competed in track & field and football at Chaminade High School ... lettered three seasons in indoor and outdoor track and twice in football ... placed sixth at the Nike Indoor Track Championships to garner All-American honors ... three-time all-city and six-time all-conference

track athlete ... won six conference track titles ... MVP of his indoor track squad his sophomore season and earned same honor as a junior for the outdoor season ... owns career-bests of 6-6 in the high jump, 22-11.75 in the long jump, and 46-8.5 in the triple jump ... established the school triple jump record and the indoor long jump standard ... gold medal winner in the long jump and high jump at the 2001 Empire State Games ... son of Chantal and Ronald Jacques ... born January 18, 1985 in Flushing, N.Y. ... has two siblings ... enrolled in the Mendoza College of Business.





**Garet
Koxlien**

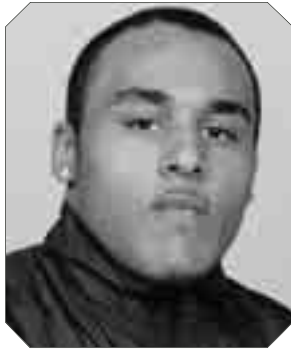
6-2 • *Sophomore
Throws*

*Galesville, MI
Galesville-Etrich-
Trampealeau H.S.*

AS A FRESHMAN: Worked on improving his distances with all the throwing implements during his rookie season ... steadily improved all his measurements during the year ... best indoor shot put effort was 12.88m (42-3) at the Alex Wilson Invitational ... top weight throw was posted at the Notre Dame Invitational (13.57m, 44-6) ... during the outdoor season, posted a 13.49m (44-3) to finish third in the Indy Relays ... top discus effort was 46.82m (153-7) at the Purdue Invitational.

HIGH SCHOOL AND PERSONAL DATA: Multi-sport standout at Galesville-Etrich-Trampealeau High School ... earned letters in track and field, baseball, football and powerlifting ... helped the power-lifting club team claim the state title three-straight seasons (2001-03) ... served as team captain of the track and field and power lifting teams during his senior season ... two-time MVP and all-conference selection as a member of the track and field team ... set the freshman record in the discus during his rookie

season ... appeared at the Midwest Senior Spotlight Meet in 2003 ... posted an impressive senior football campaign, earning all-conference, all-city and all-state honors, as well as being named the team MVP while playing both sides of the ball on the offensive and defensive line ... active in extra-curricular activities, including National Honor Society, FFA, Student Senate and 4-H ... son of Ursula and Galen Koxlien ... oldest of two children ... born May 6, 1985, in LaCrosse, Wis. ... plans to major in biology ... enrolled in the College of Arts and Letters.



**Tommie
Lee**

6-2 • *Sophomore
Sprints*

*Milwaukee, WI
Pius XI H.S.*

AS A FRESHMAN: Improved throughout his rookie season, eventually qualifying for the BIG EAST outdoor meet and earning all-BIG EAST honors on the 4x100-meter relay ... combined with teammates Selim Nurudeen, Ryan Postel and Ryan Hurd to finish second in the 4x100-meter relay (41.20) at the BIG EAST outdoor meet ... also finished 14th as an individual in the 100 meters at the league outdoor competition ... won the 60 meters during the indoor season at the Notre Dame Indoor Opener (7.09) and the Blue and Gold Invitational (7.13) ... also ran the 200 meter during both the indoor and out-

door seasons, carding best times of 22.63 in the indoor season and 22.45 during the outdoor campaign.

HIGH SCHOOL AND PERSONAL DATA: Outstanding short-distance sprinter during his prep career at Pius XI ... competed at the USATF Junior Olympics at age 16 in the 4x100-meter final, eventually finishing seventh ... holds numerous school, conferece and sectional records ... school record holder in the 100 meters, 200 meters and 4x100-meter relay ... holds conference marks in the 100 meter and 4x100 relay ... set the sectional record in the 100 meters as well ... boasts personal bests of 10.79 in the 100

meters, 21.80 in the 200 meters and helped the 4x100-meter relay team post a 42.71 time ... made the trip to the Track and Field Senior All-Star meet, finishing second in the 100 meters and winning the 200 meters ... three-time track and field team MVP ... earned all-conference, all-city and all-state honors as a senior ... served as team captain of both the track and field and football teams at Pius XI ... earned four letters in football as a running back and was named the team MVP as a senior ... family includes mother, Amy Guetchidijian and two younger sisters, Monique and Monet ... born May 20, 1985, in Milwaukee, Wis. ... enrolled in the Mendoza College of Business.





**Justin
Oppel**

5-10 • Sophomore
Pole Vault

Amarillo, TX
Amarillo H.S.

AS A FRESHMAN: Steadily improved during the 2004 indoor season and eventually finished seventh at the BIG EAST indoor meet to score points toward the team title ... seventh-place finish came on a 4.65m (15-3) clearance ... best indoor effort was 4.80m (15-9) at the Meyo Invitational, good enough for fifth place ... competed in just two competitions during the 2004 outdoor season, carding a best effort of 4.70m (15-5) at the Tom Botts Invitational.

HIGH SCHOOL AND PERSONAL

DATA: One of the top prep pole vaulters coming out of Texas in 2003 ... earned three letters in track and field, and was also a two-year letterwinner in football playing cornerback at Amarillo ... won the regional pole vault championship as a junior ... moved on to claim the district championship during his senior season ... was named the track and field team MVP in 2003 ... set the Ratliff Stadium Record (Lubbock, Texas) at the Lubbock Invitational on March 1, 2003, clearing 15-3

... top prep pole vault clearance ended up at 15-6, posted at the Deaf Smith Relays at Hereford, Texas ... finished fifth at the Texas State Track Meet in the pole vault as a junior ... member of the National Honor Society and the Latin Club ... second cousin, Gary Metzler ('80) is a graduate of Notre Dame ... family includes mother, Cindy Taylor, stepfather Dave Taylor and father Jim Oppel ... plans to major in either preprofessional studies or business ... born June 6, 1985, in Amarillo, Texas ... enrolled in the College of Arts and Letters with a psychology degree.



**Matt
Plaska**

5-11 • Sophomore
Cross Country/Distance

Zeeland, MI
Zeeland H.S.

AS A FRESHMAN: Did not compete during the 2003 cross country season and the 2004 track and field season.

HIGH SCHOOL AND PERSONAL

DATA: One of the top prep distance runners in Michigan, both on and off the track ... named class valedictorian, a National Merit Scholar and earned numerous scholastic awards, including: MHSAA Scholar Athlete, OK-White Scholar-Athlete, Zeeland High School Athlete of the Year (2002-03), Detroit Free Press Scholar-Athlete, Michigan Cup recipient and U.S. Army Reserve National Scholar-Athlete ... earned all-state honors in both cross country and track and field ... led the 2002 Zeeland cross country team to an

undefeated conference record ... helped the 4x800-meter relay team win the regional title in 2003 and finish third at the state meet ... also competed in the 800 meters as an individual at the state meet in '03, finishing sixth ... high scorer for the track and field team in 2002 and 2003 ... an academic all-state selection in '01 and '02 for cross country, '03 for track and field ... posted a 1:54.80 800-meter effort at the Champion of Champions Meet, setting the meet and school record in the process ... also won the 1,600 meters at the Champion of Champions ... his 4:19.1 time in the 1,600 meters set a school record ... member of the school, conference and area record-holding 4x800-meter team (7:50.59) ...

posted cross country course records at Zeeland, Lowell and Grand Haven ... participated in the Jon Bos All-Stars Track Meet in 2003, winning the 1,600 meters ... highly involved in extra-curricular activities, including National Honor Society, Peer Assisting Listeners, Pastoral Council member, retreat leader and was an alter server co-coordinator at Our Lady of the Lake Catholic Church ... son of Sharon and Mike Plaska ... Mike ran cross country and track and field at Grand Rapids Junior College ... oldest of five children ... born Dec. 6, 1984, in Grand Rapids, Mich. ... enrolled in the College of Arts and Letters with a theology/computer applications major.





Jordan Powell

6-3 • *Sophomore Sprints*
Springfield, IL
Calvary Academy

AS A FRESHMAN: Proved to be a valuable relay and individual performer during his freshman season in 2004 ... helped set the school record in the 4x400-meter relay during the indoor season, combining with teammates Trevor McClain-Duer, Selim Nurudeen and Ryan Postel to finish third at the Alex Wilson Invitational in 3:09.87 ... helped that same team earn all-BIG EAST honors by finishing second at the league indoor meet in 3:13.71 ... qualified for the BIG EAST indoor meet in the 400 meters, just missing all-conference honors with a fourth-place effort (49.20) ... logged two great relay results during the outdoor season ... helped the same indoor team finish eighth at

the NCAA Mideast Regional in 3:09.65 – the second-best 4x400-meter relay in school history ... also earned all-BIG EAST honors by helping the squad finish second at the league outdoor meet in 3:10.52.

HIGH SCHOOL AND PERSONAL DATA: Two-sport stand out in track and field and basketball at Calvary Academy ... 2003 Illinois state champion in the indoor 400 meters and finished as the runner-up at the outdoor meet ... owns many of the school track records, including the 100, 200, 400 and 800 meters, as well as the long jump ... competed in track and field all four years of high school without the aid of a practice track ... boasts personal bests

of 11.1 in the 100 meters, 22.3 in the 200 meters, 48.9 in the 400 meters and 1:56.9 in the 800 meters ... capped his prep career with an outstanding basketball season as well, earning AP all-state honors ... averaged 21.3 points per game and 9.0 rebounds as a senior forward ... member of the National Honor Society, serving as Calvary Academy's chapter president ... also served as the Student Council president and was named class valedictorian ... made a trip to South Africa and organized several basketball clinics during his visit ... son of Michelle Mowry and Greg Powell ... born Dec. 13, 1984, in Decatur, Ill. ... plans to major in marketing ... enrolled in the Mendoza College of Business.



Todd Ptacek

6-1 • *Sophomore Cross Country/Distance*
Benton Harbor, MI
Lake Michigan Catholic H.S.

AS A FRESHMAN: Competed in his first three career cross country meets ... finished 23rd at the Valparaiso Invitational, 49th at the National Catholic and 30th in the Notre Dame Invitational gold division race ... attempted several different distances during the 2004 indoor track and field season, eventually qualifying for the BIG EAST indoor meet in the 1,000 meters (2:29.42) and mile (4:18.35) ... did not

compete as an individual at the BIG EAST indoor meet, but helped the 4x800-meter relay team of Kevin Somok, Eric Morrison and Ryan Hurd finish fourth in 7:42.24 ... focused on the steeplechase during the 2004 outdoor season, winning his first collegiate event at the Indy Relays – finishing first in 9:14.40 ... took fifth in the BIG EAST outdoor meet in the steeplechase (9:15.93).

HIGH SCHOOL AND PERSONAL DATA: Multi-sport stand-out at Lake Michigan Catholic in St. Joseph, Mich. ... earned 16 varsity letters in his prep career on five different teams (cross country, golf, basketball, track and field and football) ... 2003 Southwest Michigan Athlete of the Year ... led the 2002 cross country team to an undefeated conference record ... won the Berrien County Cross Country individ-

ual title as well as the Red Arrow Conference championship ... took home conference championships in the 800 and 1,600 meters as a senior ... moved on to claim regional titles in the 4x3,200 meters, 800, 1,600 and 5,000 meters ... ended up as the Berrien County 1,600-meter runner up in 2002 and 2003, while finishing third in the 800 meters in '03 ... helped the cross country team finish fourth at the 2002 state meet ... highly active in extra-curricular activities, including National Honor Society, class treasurer, choir, Youth to Youth, Spanish Club, Academic Challenge, Tutor Principal List and preschool mentor ... son of Linda and Randy Ptacek ... youngest of two children ... born April 2, 1985, in St. Joseph, Mich. ... plans to major in mechanical/aerospace engineering ... enrolled in the College of Engineering.

Career Cross Country Results 2003

Valparaiso Invitational	23rd
National Catholic	49th
Notre Dame Invitational	30th





**Dave
Viken**

5-9 • Sophomore
Pole Vault

Mt. Prospect, IL
Rolling Meadows H.S.



**Bret
Adams**

5-8 • Freshman
Cross Country/Distance

Davenport, IA
Davenport Assumption H.S.



**Kyle
Annen**

6-1 • Freshman
Throws

Orofino, ID
Orofino H.S.

AS A FRESHMAN: Worked on his development in the pole vault during his rookie season in 2004 ... posted a season-best 4.65m (15-3) clearance during the indoor campaign at the Notre Dame Indoor Opener ... best effort of the outdoor season (4.60m, 15-1) placed him fourth at the Purdue Invitational.

HIGH SCHOOL AND PERSONAL DATA: Two-sport stand-out at Rolling Meadows High School in Rolling Meadows, Ill. ... four-year letterwinner in both track and field and soccer ... an outstanding pole vaulter who was nationally ranked (eighth) with a season-best 16-1 effort in 2003 ... set the school indoor (15-9) and outdoor (16-1) records during his prep career ... was undefeated in the individual pole vault during his senior season ... only loss came in the state finals, where he finished second ... placed fourth in the pole vault at the Junior Olympics in 2003 ... was a four-year letterwinner as a goalkeeper for the soccer team ... son of Terri and Paul Viken ... brother, Don, is a pole vaulter at Iowa ... second oldest of four children ... plans to major in preprofessional studies ... born March 5, 1985, in Mt. Prospect, Ill. ... enrolled in the Mendoza College of Business.

HIGH SCHOOL AND PERSONAL DATA: Nine-time letterwinner (cross country, track, and basketball) at Davenport Assumption High School ... achieved a top-25 ranking in the 1,600 meters ... garnered All-American honors in track as he placed eighth in the 1,500 meters at the Junior National Meet in College Station, Texas ... 2004 Iowa state champion in the 800, 1,600, and 1,600 medley relay ... established state meet records in the 1,600 and the 1,600 medley relay ... owns school marks in the 800, 1,600, 3,200, 4x800 and 1,600 medley relay ... three-time team MVP in track and twice in cross country ... boasts personal bests of 1:54.43 (800), 4:14.31 (1,600), 9:31 (3,200), and 15:36 (5,000) ... all-conference runner three times in track and cross country ... became his school's first-ever cross country conference champion ... National Honor Society member ... son of Mary and Don Adams ... born November 3, 1985 in Davenport, Iowa ... has three siblings ... enrolled in the First Year of Studies.

HIGH SCHOOL AND PERSONAL DATA: Four-year letter winner in track & field as a thrower at Orofino High School ... ranked 7th and 12th nationally in the 25-pound indoor weight and hammer throw, respectively, his senior season ... also achieved top-50 rankings in those events as a sophomore and junior ... established Idaho state records in the weight and hammer throws his senior year ... the hammer and weight throws are not sanctioned high school events in Idaho so he participated in them as part of a club sport ... owns personal bests of 64-9 in the 25-pound weight, 193-2 in the hammer, 53-0 in the shot put, and 160-0 in the discus ... conference champion and team captain his senior campaign ... third-place showing at the 2004 Simplot Games ... competed at the 2003 and 2004 Golden West Invitational, registering a fourth-place finish in 2004 ... lettered in football as a kicker his freshman year ... enrolled in the First Year of Studies.





Adam Currie

5-11 • Freshman
Middle Distance

Verdun, Quebec
Richelieu Valley H.S.

HIGH SCHOOL AND PERSONAL DATA: Three-sport athlete at Richelieu Valley High School where he lettered all four years in track, cross country, and volleyball ... represented his native Canada at the 2003 Junior Pan Am Games as he placed sixth in the 800 meters ... eighth-place finish at the 2004 Canadian Olympic trials ... bronze medalist at the 2003 Junior National Track Championship in the 800 ... personal bests of 1:50.22 in the 800 meters and 3:54.24 in the 1,500 ... 11-time Provincial Champion in cross country and track ... named team MVP and captain of the volleyball squad three years straight ... nominated for Quebec athlete of the year in 2003 ... named to the 2002 regional all-star team in volleyball ... class valedictorian ... received the T.W. Smith award for being the most outstanding student of his graduating class ... winner of the Governor General's Medal for academic excellence ... son of Brenda Sullivan and Edward Currie ... born November 24, 1984 in Montreal, Quebec ... has one older brother ... intends to major in mechanical engineering ... enrolled in the First Year of Studies.



Jose Genao

6-0 • Freshman
Sprints/Hurdles

Port Jefferson Station, NY
Comsewogue H.S.

HIGH SCHOOL AND PERSONAL DATA: Accomplished track and football athlete at Comsewogue High School ... collected 10 varsity letters throughout his prep career ... ran sprints and hurdles during the indoor and outdoor track seasons ... earned All-American status by finishing third at the National Scholastic Indoor Track and Field Championship in the 60 meter high hurdles in a state record-tying time of 8.06 ... all-state athlete his junior and senior seasons in indoor and outdoor track ... nationally ranked in both track seasons as a junior and senior ... seven-time all-conference and all-city performer in track & field ... team captain and MVP five times during his track career ... collected five conference championships in track and was a member of a conference champion football squad ... all-conference receiver/cornerback his senior season ... named most outstanding athlete at his high school ... member of the National Honor Society ... son of Altagracia Vargas and Roman Genao ... born September 23, 1986 in Stony Brook, N.Y. ... youngest of five children ... intends to major in finance ... enrolled in the First Year of Studies.



Bob Kueny

6-3 • Freshman
Sprints

Lebanon, MO
Lebanon H.S.

HIGH SCHOOL AND PERSONAL DATA: Three-sport standout at Lebanon High School (track, soccer, basketball) ... earned nine varsity letters during his prep career ... all-state track athlete his junior campaign ... four-year all-city and all-conference performer in track ... garnered the same honors for two seasons as a defenseman in soccer ... captured conference championship in track as a junior and regional title the following year ... team captain as a senior for all three varsity squads ... track & field MVP final two seasons ... boasts personal bests of 48.95 in the 400 meters, 23.00 in the 200, and 11.02 in the 100 ... school record-holder in the 400 and as part of the 800 and 1,600 relays ... his 400 record broke a 44-year old standard ... National Honor Society member and senior class vice president ... son of Mary and Jim Kueny ... born October 10, 1985 in Springfield, Mo. ... four siblings ... his cousin, Emily Greenwood, was a collegiate swimmer at Truman State ... intends to major in science business ... enrolled in the First Year of Studies.



Zachary Labrecque

6-1 • Freshman
Sprints

Battle Creek, MI
Harper Creek H.S.

HIGH SCHOOL AND PERSONAL DATA: Three-sport athlete at Harper Creek High School ... lettered four years in track as a sprinter ... earned three letters as a member of the football team and two more as part of the wrestling squad ... state champion and all-state performer in track as a junior ... Division II state record holder in the 200 meter dash with a personal best time of 21.94 seconds all-conference sprinter his sophomore and junior seasons ... captained the track squad his final two campaigns, including his senior season when he was team MVP ... three-time all-conference selection in football as he played running back, wide receiver, and defensive back ... senior captain of his football team ... member of the National Honor Society and student government ... son of Sonya and David Labrecque ... born March 23, 1986 in Kalamazoo, Mich. ... father was a collegiate wrestler at Olivet College ... has one younger sister ... intends to major in pre-professional science ... enrolled in the First Year of Studies.





**Michael
Popejoy**

5-11 • Freshman
Cross Country/Distance

Wheaton, IL
Wheaton Warrenville
South

HIGH SCHOOL AND PERSONAL DATA: Lettered all-four years in cross country and track while at Wheaton Warrenville South ... Chicago Tribune Scholar-Athlete nominee ... all-state in cross country as a senior ... earned the same distinction in track as a sophomore ... placed tenth at the Footlocker Midwest Cross Country Championships, which placed him on the All-Midwest second team ... four-time all-conference cross country runner ... three-time all-conference performer in track ... sectional champion as a sophomore in the 3,200 ... won regional cross country title as a junior ... owns school records in the indoor and outdoor 1,600 meters and 3,200 meters ... has career-best times of 4:20.9 in the 1,600 and 9:15.5 in the 3,200 ... honorable mention academic all-state ... class valedictorian and member of the National Honor Society in high school ... 2004 Illinois State Scholar ... son of Karen and Kenneth Popejoy ... father ran cross country at Michigan State ... born November 30, 1985 in Winfield, Ill. ... second-oldest of five children ... enrolled in the First Year of Studies.



**Micheal
Schubert**

6-5 • Freshman
Throws

Naperville, IL
Benet Academy

HIGH SCHOOL AND PERSONAL DATA: Three-year letter-winner in both track & field and football at Benet Academy ... school-record shot put mark of 57-10 ... a third-place finisher in the shot put at the Midwest Senior Spotlight meet as a senior ... sixth-place showing at the Illinois state meet ... three-time conference champion in the shot put ... track MVP final two seasons ... team captain of his football and track squads as a junior and senior ... three-time all-conference athlete in track & field ... all-conference and all-city offensive lineman his senior year ... member of the National Honor Society ... son of Mary and William Schubert ... born March 25, 1986 in Hinsdale, Ill. ... has three siblings ... sister, Beth, played volleyball at Saint Mary's University of Minnesota ... intends to major in civil engineering ... enrolled in the First Year of Studies.



**Jake
Watson**

6-0 • Freshman
Cross Country/Distance

Stillwater, MN
Stillwater Area H.S.

HIGH SCHOOL AND PERSONAL DATA: Outstanding scholastic athlete who collected 13 varsity letters (cross country, track, Nordic skiing) at Stillwater Area High School ... three-time all-state runner in cross country ... earned all-state recognition twice in both track and Nordic skiing ... garnered all-conference honors 17 times total as a prep athlete ... conference and regional champion in track as a junior and senior ... member of the state record-setting 4x800 relay team ... conference and regional cross country champion as a senior ... finalist for Minnesota runner of the year in 2004 ... team MVP of his and cross country teams as a senior ... section 4AA cross country champion in 2003 ... cross country team ranked 21st in the nation during his junior campaign ... 3,200 meters section champion in 2003 and 2004 ... Nordic skiing team MVP for three seasons ... captained all three of his teams as a senior ... son of Corrine and Val Watson ... born January 27, 1986 in St. Paul, Minn. ... youngest of four children ... brother, Luke, was an accomplished cross country and track athlete at Notre Dame from 1998-2003 ... intends to major in theology ... enrolled in the First Year of Studies.



**Austin
Wechter**

5-10 • Freshman
Hurdles

Shelby, OH
Shelby H.S.

HIGH SCHOOL AND PERSONAL DATA: Track & field standout at Shelby High School ... earned four letters in both track and cross country ... helped track team to back-to-back state championships as he captured state titles in the 110 meter hurdles, 300 hurdles, and 4x400 relay as a junior and senior ... achieved a national ranking his final two seasons ... team MVP as a sophomore and junior and team captain as a senior ... established the state Division II standard in the 300 meter hurdles with a time of 36.69 ... owns the Division II state meet record time of 36.83 in the 300 hurdles ... four-time conference champion in the 110 meter hurdles, 300 hurdles, and 4x400 relay ... personal-bests of 13.9 in the 110 hurdles and 36.69 in the 300 hurdles ... son of Dawn and John Wechter ... has two siblings ... born March 25, 1986 in Shelby, Ohio ... intends to major in graphic design ... enrolled in the First Year of Studies.



When these questions arise...



extra benefits? *campus/clinics?*
housing? *recruiting?* *employment?*
unofficial visits? *test scores?* *telephone calls?*
G.P.A.? *prospects?* *meals?*
clearinghouse?
loans? *tickets?* *contact?* *official visits?*

ASK BEFORE YOU ACT!

For more detailed information contact:

NCAA at www.ncaa.org or 317-917-6222

 **Athletic Compliance Office 574-631-8090**

Mike Karwoski • Assistant Director of Athletics • Karwoski.1@nd.edu

Liz Muir • Assistant Director of Athletics • Muir.3@nd.edu

Allen Greene • Coordinator of Compliance Information • Greene.17@nd.edu

*Help Us Protect & Preserve The Eligibility Of Our
Student-Athletes And The Integrity Of Our University*