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Notre Dame team captains
Sam Pendergast (left),
Rob Seery (middle), and
Eric Swenson (right).

Notre Dame Quick Facts

Location.....Notre Dame, Ind. 46556
 Founded1842
 Enrollment8,352 (undergraduate), 11,603 (total)
 Nickname.....Fighting Irish
 Colors.....Gold and Blue
 Conference.....BIG EAST
 Home FacilityRolfs Aquatic Center
 President.....Rev. John I. Jenkins, C.S.C
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 Record at Notre Dame.....272-145 (.652) / 21 years
 Career Record394-235-1 (.626) / 29 years
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The Notre Dame Sports Information Office is always interested in assisting members of the media in their coverage of Irish men's swimming and diving. Publicity and media information for Notre Dame men's swimming and diving is handled by sports information assistant Alan George.

Photographs, feature ideas and results are always available from the Sports Information Office. For men's swimming and diving information and interviews, please contact George by phone (574.631.3397), e-mail (ageorge2@nd.edu), or view the official website of the Notre Dame athletic department at www.und.com. All interviews with coaches and athletes should be arranged through the Sports Information Office.

BIG EAST Web Information

The BIG EAST Conference maintains its presence on the World Wide Web at www.bigeast.org. The site contains current information on all facets of the BIG EAST Conference. Please contact Shannon McNamara in the BIG EAST media relations department (smcnamara@bigeast.org) for more information on BIG EAST swimming and diving.

Credits

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1.877.267.9234

Returning for the Irish are Sam Pendergrast, Eric Swenson, Daniel Rave, and Tyler Angelo – with each appearing on Notre Dame's top 20 all-time list for fastest times in the 100 and 200 Breast.



NOTRE DAME **PREVIEW**



Junior diver

Michael Bulfin hopes to reach the NCAA Championships for the second time in three seasons after an appearance in the national finals as a freshman.



Strong Senior Class to Pave Way for Young Irish Squad

Irish underclassmen expected to replicate success of predecessors

After a runner-up finish in last season's BIG EAST Conference Championships, the University of Notre Dame men's swimming and diving team enters the upcoming season with the gut and determination to make it back to the top of the podium just as the squad did in 2005 and 2006.

Though several school records fell to the wayside and the program peaked at No. 16 – the highest ranking ever for the program – in the College Swim Coaches Association of America (CSCAA) dual-meet poll, being denied a third-straight BIG EAST title as West Virginia edged out the Irish, 765.5-761, may be the only thing lingering in the minds of this year's team.

Head coach Tim Welsh returns 23 letterwinners and welcomes 15 freshmen to the latest edition of Irish swimming and diving, which also features eight all-BIG EAST performers from last year's team that finished with an 11-3 dual meet record.



Seven school record holders on the swimming side and a pair of record-holding divers return for the 2007-08 season with the hopes of leading the Irish to their third BIG EAST crown since 2005.

THE CAPTAINS

Leading the charge for the infantry are team captains Eric Swenson, Rob Seery, Sam Stoner and Sam Pendergast.

Pendergast earned all-BIG EAST honors in the 200 Medley Relay and 400 Medley Relay in last season's conference meet. He also holds three of the top-10 fastest times ever clocked at Notre Dame in the 100 Breast. Stoner joins fellow all-leaguer Seery (1,650

Free) and Swenson to round out the leading corps.

THE RETURNERS

This season's squad features seven individuals that hold or share school records, including 500, 1,000, and 1,650 Free title carrier Jay Vanden Berg and two-event champion John Lytle (100 Free, 200 Free).

That pair joins Jeff Wood, Andrew Hoffman, Michael Bulfin, Pendergast, Sam

Stoner, and Seery as Notre Dame's eight all-BIG EAST competitors from the 2006-07 season.

Three returning divers made it to the NCAA Zone C Diving Championships last season, as Michael Bulfin placed fifth off the three-meter board, while teammates Sam Stoner and Steven Crowe finished 11th and 18th, respectively.

Bulfin, who qualified for the NCAA Swimming and Diving Championships in 2005, fell short of returning to the meet one season later. He totaled 339.90 points during the three-meter prelims, which placed him second heading into the finals. He registered 312.20 in the afternoon's finals to finish with 652.10 points and in fifth place. His fourth-place finish off the three-meter in 2006 is what gave him a berth into the national meet. He totaled 634.40 points off the three-meter board at last season's Zone Championship.

Stoner was third going into the final round after totaling 337.15 points in the prelims of the 3-meter competition. He posted 277.00 points in the finals to place 11th with a combined total of 614.15 points.

Crowe had 272.00 points after the prelims and registered 277.45 points during the finals for a 549.45 total.

ROSTER BREAKDOWN

Class

Seniors (8): Crowe, Kane, MacKay, Pendergast, Seery, Stoner, Swenson, Vanden Berg

Juniors (7): Bauman, Bulfin, Hopper, Lutkus, Rave, Sherman, Wood

Sophomores (9): Anderson, Angelo, Deters, Hoffman, LeBlanc, Lloyd, Lytle, Moore, Toomey

Freshmen (15): Augustyn, Brus, Deters, Douville, Geary, Kingery, Koppel, Lex, Nosal, Osborne, Raycroft, Sullivan, Van Volkenburg, Villaflor, Wills

Event

Backstroke (9): Bauman, Douville, MacKay, Osborne, Raycroft, Sherman, Sullivan, Van Volkenburg, Wills, Wood

Breaststroke (8): Angelo, J. Deters, Koppel, Pendergast, Rave, Raycroft, Swenson

Butterfly (6): Angelo, Augustyn, LeBlanc, Moore, Toomey, Wills

Freestyle (19): Anderson, Brus, A. Deters, J. Deters, Douville, Hoffman, Hopper, Kingery, LeBlanc, Lloyd, Lutkus, Lytle, Nosal, Osborne, Seery, Toomey, Vanden Berg, Van Volkenburg, Wood, Sullivan

Individual Medley (7): Brus, A. Deters, LeBlanc, MacKay, Moore, Rave, Sullivan

Diving (7): Bulfin, Crowe, Geary, Kane, Lex, Stoner, Villaflor

"I feel better about heading into this season than I've ever felt before," said diving coach Caiming Xie, who was the 2007 BIG EAST Men's Diving Coach of the Year. "Our men know what it takes to get to the NCAAs, and they are dedicated and disciplined enough to reach their goals."

THE NEWCOMERS

The incoming freshman class was ranked 13th nationally according to CollegeSwimming.com, labeled by Welsh to be "large, fast, versatile, and exiting."

"Coming as it does on the heels of a large and fast senior class that is graduating, we are eager for this class to arrive and we welcome them with very high expectations," he added. "This is a class that can make significant contributions to our team immediately."

The class features one Olympic Trials qualifier and four U.S. National qualifiers. In addition, the Fighting Irish will be welcoming in 10 Junior National qualifiers and five state champions. Five of the newcomers were listed among the top 100 recruits of this class according to CollegeSwimming.com. Joshua Nosal (55), Michael Sullivan (74), Steven Brus (78), Christopher Wills (86) and Chris Douville (90) all received that honor.

"This class is full of some great talent and certainly fills some needed spots," said Irish associate head coach Matt Tallman. "Each member of this class will join our team with a great potential to improve on their incoming times. We have improved steadily over

the past few years and this group of student-athletes should keep the program going in the right direction."

THE SCHEDULE

Welsh believes that this season's slate may be the toughest his program will face since beginning his tenure with the Irish in 1985.

"Looking ahead to this season, we've yet again put together a very ambitious schedule just as we have done for the last several years," said Welsh.

The season will start when the Irish play host to the 43rd annual Dennis Stark Relays (Oct. 5), followed two weeks later by a dual meet against Southern California.

The matchup with the Trojans will be the first between the two of the more storied programs in collegiate swimming.

"It will be fun to have USC visit us the day before the school's football teams will compete," Welsh noted. "They are annually one of the leading teams in the nation with a stellar history, and we are thrilled to finally be able to compete with them."

Purdue will welcome Notre Dame and Texas A&M on Nov. 2. After visiting Pittsburgh (Nov. 9), the Irish will continue a historic rivalry when they host Cleveland State one week later (Nov. 16).

"The date with Cleveland State is one of the most traditional meets on our schedule," said Welsh. "They were the first team we



A nationally-ranked incoming recruiting class could provide Notre Dame with the depth it needs to make a run at a conference title and NCAA Championship bid.

of the more storied programs in collegiate swimming.

"It will be fun to have USC visit us the day before the school's football teams will compete," Welsh noted. "They are annually one of the leading teams in the nation with a stellar history, and we are thrilled to finally be able to compete with them."

Purdue will welcome Notre Dame and Texas A&M on Nov. 2. After visiting Pittsburgh (Nov. 9), the Irish will continue a historic rivalry when they host Cleveland State one week later (Nov. 16).

"The date with Cleveland State is one of the most traditional meets on our schedule," said Welsh. "They were the first team we

faced after opening the Rolfs Aquatic Center in 1985. It's a nice touch of history that keeps us intact with how our program has grown throughout the years."

The Irish will get another test against some of the nation's finest teams at the Ohio State Invitational (Nov. 30-Dec. 2). After the holidays, the team's midseason winter training session in Florida coincide with a New Year's Day competition against Louisiana State in Ft. Lauderdale and an appearance in the Saint Andrews Invitational in Boca Raton on Jan. 5.

A trip to Northwestern (Jan. 19) sits between home dates against a rising Oakland program (Jan. 12), conference foe Louisville (Jan. 18), and the Shamrock Dual Meet Invitational (Jan. 25-26).

The 2008 BIG EAST Championships will be held in East Meadow, N.Y. from Feb. 20-23, for the ninth time in as many years.

Ohio State will house the NCAA Zone C Diving event on March 14-15, and the NCAA Championships span from March 27-29 in Federal Way, Wash.

Team Information

2006-07 Record

11-3

Final Ranking

19th - College Swim Coaches Association of America (CSCAA)

2007 NCAA Zone-C Diving Participants

Michael Bulfin (diver), Steven Crowe (diver), Sam Stoner (diver)

2007 BIG EAST Championships

Runner-up - 761 pts.

2007 BIG EAST All-BIG EAST Performers Returning

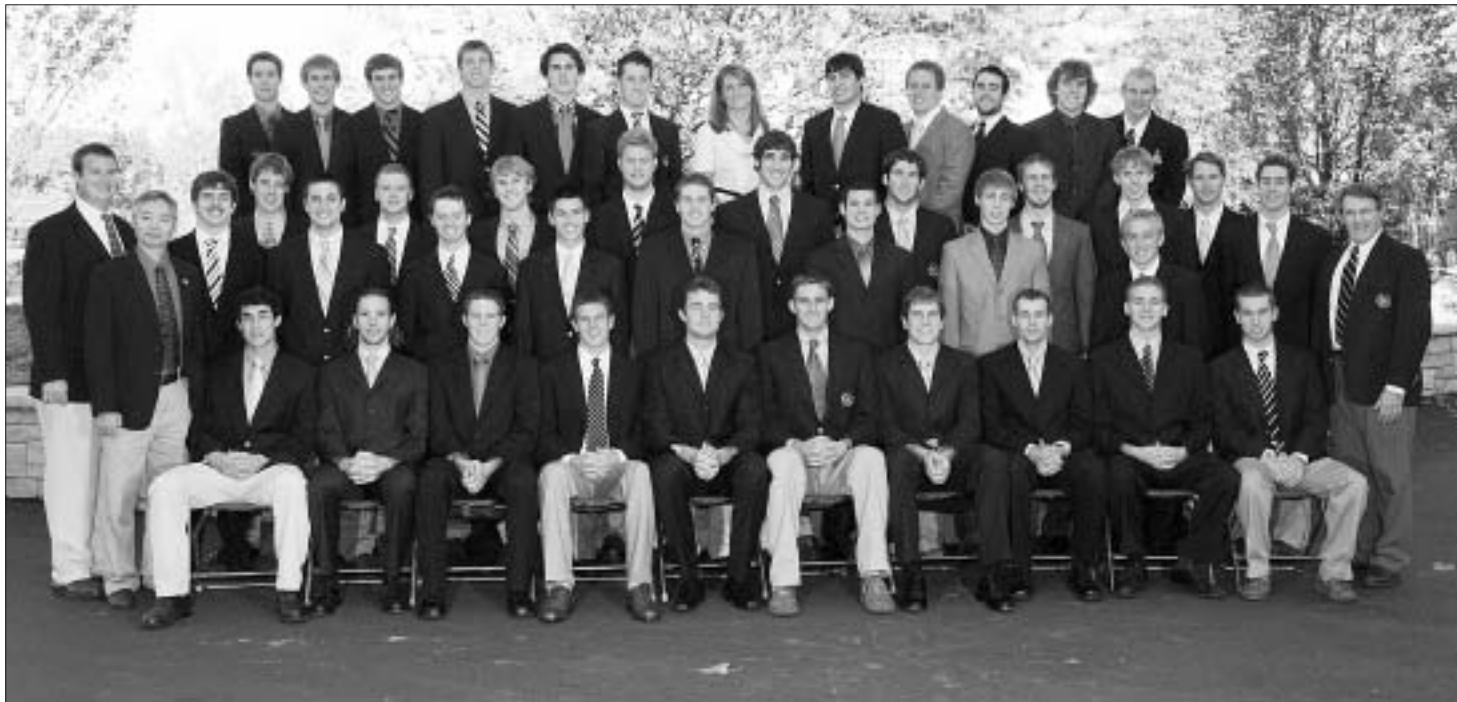
Michael Bulfin (1-meter, 3-meter); John Lytle (200 Free), Rob Seery (1,650 Free), Sam Stoner (1-meter), Jay Vanden Berg (1,650 Free)

University Record Holders Returning

John Lytle (100 Free, 200 Free, 400 Free Relay, 800 Free Relay, 400 Medley Relay)
 Jeff Wood (100 Back, 800 Free Relay, 200 Medley Relay, 400 Medley Relay)
 Daniel Rave (200 Breast)
 Andrew Hoffman (800 Free Relay)
 Sam Pendergast (200 Medley Relay, 400 Medley Relay)
 Jay Vanden Berg (500 Free, 1,000 Free, 1,650 Free)
 Rob Seery (800 Free Relay)

Monogram Winners Returning / Lost: 24 / 9

2007-08 Captains: Sam Pendergast, Rob Seery, Sam Stoner, Eric Swenson



2007-08 Notre Dame Men's Swimming & Diving

Front (l-r): Ross Moore, Daniel Rave, Jace Hopper, Andrew Hoffman, Sam Pendergast, Rob Seery, Eric Swenson, Jay Vanden Berg, Jeff Wood, Bill Bauman

Middle (l-r): Associate head coach Matt Tallman, diving coach Caiming Xie, Patrick Augustyn, Robert Kingery, Ray Toomey, Joseph Deters, Michael Bulfin, Steven Brus, Wesley Villaflor, Spencer Osborne, Christopher Douville, David Anderson, Steven Crowe, Daniel Lutkus, Eric Lex, MacKenzie LeBlanc, Nathan Geary, Joshua Nosal, volunteer assistant coach Josh Skube, Patrick Lloyd, head coach Tim Welsh

Back (l-r): Thomas Van Volkenburg, Joseph Raycroft, Michael Sullivan, John Lytle, Christopher Wills, Chris Kane, student manager Stephanie Smucker, Tyler Angelo, Andrew Deters, Mitchell Sherman, Peter Koppel, Andrew MacKay

Not pictured: Sam Stoner



*2007-08 Irish Seniors (l-r):
Sam Pendergast,
Andrew MacKay, Rob Seery,
Chris Kane, Eric Swenson,
Steven Crowe,
Jay Vanden Berg
not pictured: Sam Stoner.*

2007-08 NOTRE DAME MEN'S SWIMMING AND DIVING ROSTER

Name	Event	Yr.	Ht.	Wt.	Hometown/High School
David Anderson	Free	So.	6-6	200	Galesburg, Ill. / Galesburg
Tyler Angelo	Breast/Fly	So.	5-10	165	Walnut Creek, Calif. / Las Lomas
Patrick Augustyn	Fly	Fr.	5-11	175	Highland, Ind. / Highland
William Bauman	Back/Free	Jr.	5-11	154	Erie, Pa. / Cathedral Preparatory School
Steven Brus	Free/IM	Fr.	6-1	160	Davenport, Iowa / Davenport North
Michael Bulfin	Diving	Jr.	5-8	145	Ft. Lauderdale, Fla. / St. Thomas Aquinas
Steven Crowe	Diving	Sr.	5-9	152	Brockport, N.Y. / Brockport
Andrew Deters	Free/IM	So.	5-8	165	Claremont, Calif. / Claremont
Joseph Deters	Free/Breast	Fr.	6-0	165	Loveland, Ohio / St. Xavier
Christopher Douville	Free/Back	Fr.	5-10	157	Dayton, Ohio / Archbishop Alter
Nathan Geary	Diving	Fr.	5-4	140	Lancaster, N.Y. / Lancaster
Andrew Hoffman	Free	So.	6-0	160	Ft. Wayne, Ind. / Homestead
Jace Hopper	Free	Jr.	5-11	170	Las Vegas, Nev. / The Meadows
Chris Kane	Diving	Sr.	5-8	165	San Antonio, Texas / Ronald Reagan
Robert Kingery	Free	Fr.	6-1	185	Helena, Mont. / Helena
Peter Koppel	Breast	Fr.	5-7	167	Wilmington, Del. / Archmere
MacKenzie LeBlanc	Fly/IM/Free	So.	6-2	160	Plano, Texas / Plano East
Eric Lex	Diving	Fr.	5-10	170	Columbus, Ohio / Upper Arlington
Patrick Lloyd	Free	So.	6-2	175	LaGrange Park, Ill. / Fenwick
Daniel Lutkus	Free	Jr.	6-4	195	Granger, Ind. / Penn
John Lytle	Free	So.	5-11	165	Clearfield, Pa. / Clearfield Area
Andrew MacKay	IM/Back	Sr.	5-9	155	Georgetown, Grand Cayman / Cayman Prep
Ross Moore	Fly/IM	So.	5-11	160	Champaign, Ill. / Champaign Central
Joshua Nosal	Free	Fr.	6-3	172	Austin, Texas / Westwood
Spencer Osborne	Free/Back	Fr.	6-6	213	Fishers, Ind. / Hamilton Southeastern
Samuel Pendergast	Breast	Sr.	6-2	204	Melbourne, Australia / Warrnambool
Daniel Rave	Breast/IM	Jr.	6-1	166	Hannover, Germany / Humboldtschule
Joseph Raycroft	Back/Breast/IM	Fr.	5-11	162	Munster, Ind. / Munster
Rob Seery	Free	Sr.	6-6	200	Garden City, N.Y. / Garden City
Mitchell Sherman	Back/IM	Jr.	5-7	160	Columbus, Ohio / St. Charles
Sam Stoner	Diving	Sr.	5-7	145	Valparaiso, Ind. / Valparaiso
Michael Sullivan	Back/IM	Fr.	5-10	165	Franklin, Mass. / Bishop Feehan
Eric Swenson	Breast	Sr.	6-3	200	Scotch Plains, N.J. / St. Joseph
Ray Toomey	Free/Fly	So.	6-0	180	Pittsburgh, Pa. / Baldwin
Jay Vanden Berg	Free/IM	Sr.	5-11	165	Holland, Mich. / Southfield Christian
Thomas Van Volkenburg	Free/Back	Fr.	6-0	165	Eria, Pa. / Cathedral
Wesley Villaflor	Diving	Fr.	5-7	144	Golf, Ill. / Glenbrook South
Christopher Wills	Back/Fly	Fr.	5-11	155	Baltimore, Md. / Gilman
Jeff Wood	Back/Free	Jr.	6-1	170	Fairport, N.Y. / Fairport

Head Coach: Tim Welsh (Providence '66)
Diving Coach: Caiming Xie (Beijing Inst. of P.E. '85)
Associate Head Coach: Matt Tallman (Catholic '97)
Volunteer Assistant Coach: Josh Skube (Indiana '98)
Student Manager: Stephanie Smucker (Saint Mary's '08)

Pronunciation Guide

AngeloANN-jello
AugustynAUGUST-IN
Bauman	...BOW(like wow)-min
BrusBRUCE
DouvilleDUE-vil
LutkusLUTT-cuss
MacKaymuh-KAI
NosalNOSE-uhl
RaveRAH-vey
SkubeSCOO-bee
TallmanTALL-min
Xiezhee

**2008 BIG EAST
 Conference Swimming
 and Diving Qualifying
 Standards**



Event	A
50 Freestyle	22.29
100 Freestyle	48.57
200 Freestyle	1:47.93
500 Freestyle	4:48.40
1650 Freestyle	16:45.06
100 Butterfly	53.80
200 Butterfly	2:00.70
100 Backstroke	56.17
200 Backstroke	2:01.52
100 Breaststroke	1:02.60
200 Breaststroke	2:16.35
200 Individual Medley	2:00.99
400 Individual Medley	4:16.23
1m Diving	240
3m Diving	250

Qualifying for the NCAA Championships

The NCAA Men's Swimming and Diving Championships have a fixed field of 270 swimmers, including 35 divers. The swimming field consists first of all student-athletes who have achieved an "A" qualifying standard in any event. Beyond that, entry is given to student-athletes with the best "B" qualifying standards in events with the fewest "A" qualifiers until all the events have an equal number of entrants. From there, additional "B" qualifiers are added in order, one per event at a time, until the field size of 270 is reached. If a complete additional round of next-best qualifiers will put the field over 270, the times that are closest in percentage terms to the national record are given the final spots in the field.

For instance, if there are four "A" qualifiers in the 100 backstroke, 10 in the 100 butterfly, and between four and 10 in every other event, then the top "B" qualifying times will be given entrance until every event has 10 participants in it. From there, the next best "B" time is added in each event, one by one, until the field is full. If not enough spaces remain to take the next entire round of "B" qualifiers, those swimmers' times are compared in percentage terms to NCAA records in the events and taken in order until the field is full.

In relay competition, teams with the top 12 times in each relay earn invitations to the meet. In addition, a team with four qualifiers also may compete in any relay in which it posted a "B" qualifying time at some point throughout the year, even if the NCAA qualifiers did not participate in the "B" time.

The diving field is determined by performance at five NCAA zone meets, which take place two weeks prior to the NCAA Championships. A student-athlete qualifies for the zone diving meet by registering a performance in which he scores points equal or better than the qualifying standard. Each zone sends a minimum of four divers to the NCAA meet, with the zones that had better performances at the previous year's NCAA's getting additional entries. Once in the field, a student-athlete may compete in both the one- and three-meter springboard events, but can only take part in the platform competition if he participated in it at the zone meet.

2008 NCAA Swimming and Diving Qualifying Standards

Event	25-Yard Course		25-Meter Course		50-Meter Course	
	A	B	A	B	A	B
50 Freestyle	:19.60	:20.18	:21.88	:22.53	:22.80	:23.47
100 Freestyle	:43.35	:44.65	:48.39	:49.84	:50.24	:51.74
200 Freestyle	1:35.09	1:37.94	1:46.13	1:49.31	1:49.94	1:53.23
500 Freestyle	4:18.59	4:26.34	3:46.24	3:53.02	3:54.02	4:01.04
1,650 Freestyle	15:05.87	15:33.04	15:03.17	15:30.25	15:38.73	16:06.89
100 Butterfly	:47.09	:48.50	:52.56	:54.14	:54.26	:55.88
200 Butterfly	1:44.93	1:48.07	1:57.11	2:00.62	2:01.17	2:04.80
100 Backstroke	:47.43	:48.85	:52.94	:54.53	:56.81	:58.51
200 Backstroke	1:44.02	1:47.14	1:56.10	1:59.58	2:02.53	2:06.20
100 Breaststroke	:53.60	:55.20	:59.83	1:01.61	1:02.62	1:04.49
200 Breaststroke	1:57.29	2:00.80	2:10.91	2:14.83	2:16.71	2:20.80
200 Individual Medley	1:46.09	1:49.27	1:58.41	2:01.96	2:03.80	2:07.51
400 Individual Medley	3:46.89	3:53.69	4:13.23	4:20.82	4:22.31	4:30.17
200 Freestyle Relay	1:18.47	1:20.82	1:27.58	1:30.21	1:31.25	1:33.99
400 Freestyle Relay	2:54.21	2:59.43	3:14.44	3:20.26	3:21.87	3:27.92
800 Freestyle Relay	6:26.08	6:37.66	7:10.90	7:23.82	7:25.31	7:38.67
200 Medley Relay	1:26.52	1:29.11	1:36.57	1:39.46	1:40.85	1:43.86
400 Medley Relay	3:11.96	3:17.71	3:34.25	3:40.66	3:44.26	3:50.98

1-Meter Diving Points-Dual 290/300***

3-Meter Diving Points-Dual 310/320***

Platform Diving Points-Dual 290/300***

***qualifying point total when using six optional dives with standard D.D.



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