



GIVE A GIFT and LEAVE A LEGACY

Every gift matters. This is much more than a slogan for this family of donors. Their sacrifice, conviction, and generosity represent a love for the University of Notre Dame that goes well beyond athletics and remains a constant in their lives.

Together we can accomplish great things. Thanks to our alumni, parents and friends, the Director's Circle, our recognition society, successfully launched a second annual giving level: Irish Legends. The response has been overwhelming. In its first full year of existence, we have welcomed 104 members — and we are grateful.

Our work has just begun. Athletics grants-in-aid are one of the largest items in the department of athletics operating budget, accounting for roughly \$14 million annually. The ultimate goal is to finance all budgetary needs through benefaction. We are confident that we will be successful because we have something special — the Notre Dame family; the Rockne Heritage Fund family.

Director's Circle

Members donating to the Rockne Heritage Fund at the \$1,500, \$5,000, \$10,000 and \$25,000 levels, receive a corresponding benefits package. For more information on the attractive football ticket benefit, visit our website: und.com/rockneheritagefund.

How to Make a Gift

- Send a check payable to the Rockne Heritage Fund;
 P.O. Box 519; Notre Dame, IN 46556.
- Make a gift online: supporting.nd.edu and include "Rockne Heritage Fund" in the comments section.
- · Specify if your employer has a matching gift program.
- · Notre Dame employees may request a payroll deduction form.

Contact Information

Maureen L. McNamara • Executive Director, External Affairs 574.631,9443 • rocknedc@nd.edu • und.com/rockneheritagefund



Media **Information**

Print Media

The Observer

ndsmcobserver.com LaFortune Student Center Notre Dame, Ind. 46556 o. 574.631.7471 f. 574.631.6927

South Bend Tribune

Bill Bilinski southbendtribune.com 225 West Colfax Avenue South Bend, Ind. 46626 o. 574.235.6316 f. 574.235.6091

Notre Dame Scholastic

Christopher Meskill nd.edu/~scholast LaFortune Student Center Notre Dame, Ind. 46556 o. 574.631.7569 f. 574.631.9648

Irish Sports Report

Eric Hansen irishsports.com 225 West Colfax Avenue South Bend, Ind. 46626 o. 574.235.6161 f. 574.239.2646

Blue & Gold Illustrated

Lou Somogyi blueandgold.com 1605 North Home Mishawaka, Ind. 46545 o. 574.255.9800 f. 574.255.9700

Associated Press

Tom Coyne South Bend Tribune Building 225 West Colfax Avenue South Bend, Ind. 46626 o. 574.288.1649 f. 574.236.1765

Taper and Shave

Stu Corliss tapershave@aol.com P.O. Box 3201 Carmichael, Calif. 95609-3201 o. 916.489.3454

Swimming World

Judy Jacob swiminfo.com swimworld@aol.com P.O. Box 20337 Sedona, Ariz, 86341 o. 520.284.4005 f. 520.284.2477

Television

WNDU-TV - NBC

Jeff Jeffers / Angelo DiCarolo P.O. Box 1616 South Bend, Ind. 46634 o. 574.631.1616 / 1239 f. 574.631.2916

WSBT-TV/Radio - CBS

Greg Carroll 300 West Jefferson South Bend, Ind. 46601 o. 574.472.8124 f. 574.288.6630

WSIV-TV - FOX

Dean Huppert / Allison Hayes 59096 County Road 7 South Elkhart, Ind. 46514 o. 574.679.4545 / 574.293.9227 f 574 294 1324

College Sports Television

CBS - College Sports Chelsea Piers, Pier 62 New York N.Y. 10011 o. 212.342.8700 f. 212.342.8899

Radio

WHME TV/Radio

Bob Nagle / Chuck Freeby 61300 Ironwood Road South Bend, Ind. 46625 o. 574.291.8200 f. 574.291.9043

WVFI-AM Radio

University of Notre Dame P.O. Box 532 Notre Dame, Ind. 46556 574.631.5379

WDND-ESPN Radio 1000

3371 Cleveland Rd. Ext. Suite 310 South Bend, Ind. 46628 o. 574.273,9300 f. 574.273.9090

Organizations

Notre Dame Sports Information

Alan George und.com 112 Joyce Center Notre Dame, Ind. 46556-5678 o. 574.631.3397 c. 574.340.3977 f. 574.631.7941

BIG EAST Conference

Dan White bigeast.org 222 Richmond Street Providence, R.I. 02903 o. 401.453.0660 f. 401.751.8540

CBS - College Sports

Alan Wasielewski collegesports.com 112 Joyce Center Notre Dame, Ind. 46556 574.631.3397 760.431.8221 (Carlsbad, Calif.)

College Swim Coaches Association

collegeswimming.com P.O. Box 591 Somers, Wis. 53171 1.877.267.9234

Swimming and Diving Quick Facts

University

LocationNotre Dame, Ind. 46556
Founded
Enrollment8,352 (undergraduate) / 11,603 (total)
NicknameFighting Irish
ColorsGold and Blue
School Fight SongNotre Dame Victory March
ConferenceBIG EAST
FacilityJoyce Center (11,418)
PresidentRev. John I. Jenkins C.S.C
ProvostThomas G. Burish
Executive Vice PresidentJohn Affleck-Graves
NCAA Faculty RepresentativeDon Pope-Davis

Athletics Department

Director of Athletics	Jack Swarbrick
Assistant AD / Swimming and Diving	Mike Dansch
E-mail	mdansch@nd.edu
Phone	574.631.6107
Fax	574.631.8231

Coaching Staff

Head Coach	Tim Welsh (Providence '66)
Office / fax	574.631.7042 / 3650
E-mail	welsh.1@nd.edu
Record at Notre Dame	272-145 (.652) / 21 years
Career Record	394-235-1 (.626) / 29 years
Diving Coach	Caiming Xie
(Beijing Institut	e of Physical Education '85)
Office	574.631.7020
E-mail	xie.2@nd.edu
Associate Head Coach	Matt Tallman (Catholic '97)
Office / fax	574.631.3276 / 2831
E-mail	tallman.2@nd.edu
Volunteer Asst. Coach	Josh Skube (Indiana '98)

Sports Information

Address	112 Joyce Center
	Notre Dame, Ind. 46556-5678
Office	574.631.7516
Senior Associate AD /	Media RelationsJohn Heisler
Sports Information Di	rectorBernadette Cafarelli
Senior Administrative	AssistantSusan McGonigal
E-mail	sreed@nd.edu
Office	574.631.6453
Assistant SID / M. Swi	mming and DivingAlan George
E-mail	ageorge2@nd.edu
Office	574.631.3397
Cell	574.340.3977
Fax	574.631.7941
Web site	www.und.com



Season Preview



Diver Michael Bulfin

could be the first Irish

diver ever to earn three

invitations to the NCAA

Championships with a

trip to the national

meet in 2009.

The Next Step

Fourth BIG EAST title, return to NCAA Championships part of Notre Dame's plan for 2008-09 season

Back on top of the BIG EAST Conference after claiming its third championship in the last four seasons, the Notre Dame men's swimming and diving team looks to build on its recent success and make a historic run into the NCAAs. With All-American diver Michael Bulfin and Canadian National Team member MacKenzie LeBlanc returning to lead the charge, the Irish could possibly send multiple student-athletes to the NCAA Championships for the first time in program history.

Bulfin, who set school records in the 1- and 3-meter diving events in 2007-08, was the first member of the program to earn multiple trips to the NCAAs while LeBlanc won a gold medal in the 200m Fly at the Tri Nations Cup. LeBlanc was also part of Notre Dame's record-setting 800 Free Relay tandem that was on cusp of earning a bid to the NCAAs. Each of the four members of that quartet (LeBlanc, John Lytle, Andrew Hoffman and Joshua Nosal) will be back in the water this season.

Lytle, a junior, set a pair of records in the 100 (44.33) and 200 Free (1:37.79) and teamed for a couple more program-best relay performances. LeBlanc added the fastest Notre Dame time ever in the 500 Free (4:22.05) and 200 Fly (1:45.94).

Eight Irish student-athletes combined for 23 all-BIG EAST honors in 2008 paced by Lytle's six accolades. Andrew Deters placed second in the 1,650 Free with Andrew Hoffman racking a trio of honors in relay events. Eric Lex had a



2008-09 Seniors

breakout effort in the 1-meter event and Nosal teamed with three relays for his honors. Each ranked among the best in their respective events last season and hope to parlay that experience into added success in 2008-09.

Behind the leadership of a seven-person senior class, a group of underclassman with endless potential could flourish this season. The smooth backstrokes of Jeff Wood and Bill Bauman should pave the way for newcomers Kevin Rahill and Marshall Sherman. Danny Lutkus, a polished swimmer who expects his best season yet in 2008-09, will join forces with breaststroker Daniel Rave to lead the surge into the BIG EAST Championships. Rave is the current record holder in the 200 Breast and classmate Mitchell Sherman may not be far behind, as he is expected to have a breakout campaign in the backstroke and medley events.

Notre Dame rolls out the carpet for 12 newcomers who account for dozens of All-American honors during their prep careers. Adding to the mix is diver Caleb Dunnichay, an Indiana native who won a national championship with Auburn before returning to his home state.

With a reloaded roster and top-to-bottom depth both in the water and off the board, this year's edition of the Notre Dame squad could not only win a second consecutive BIG EAST title, but also take the program to heights unseen.



2008-09 Juniors



Eyeing the Irish with Head Coach Tim Welsh

What can we look for out of the Irish this season after winning three of the last four BIG EAST Conference titles?

"I think there are two mindsets. One is hunger. This is a team that should not be content at any means. We had a good championship meet last year and we're very proud of that but we also know that there are teams who are out to get us. There's not a single person on this team that's looking past anyone, starting with the coaches. The upperclassmen remember that we were 4.5 points short of the title in 2007. We also all know that you only look at one opponent and if you make mistakes someone could pass you on your blindside. We're not taking anything for granted at all, and as you know, we get no points for what we did last year. We're starting over from zero.

"The second – and even stronger mindset – is that we want to play for the national championship. We want to be there, we want to score there. There's a real thunder in this team."

Diver Michael Bulfin has been to the NCAA Championships in two of the last three seasons. The program is closer to sending swimmers back to the NCAAs, but what's the next step?

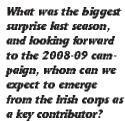
"It's a big next step. We have been knocking on this door for several years now. The guys know we are at the point where we still need to improve to get there but we're into the 'believable improvement'.

"We've talked since last spring about making a commitment to the national level of performance starting as a lifestyle. Not only when you go to bed and when you get up, but also how important training well and racing well is to your life. We had guys do that this summer and into the fall. It's a mindset that's definitely here. We think we have individuals who can make it; we think we have at least one relay that can make it."

What do you expect this season from a team that is deep from top to bottom in almost every event?

"We're both very deep and very thin depending on where you look. I think one of the critical points to this season is which one of those characteristics will define us. We graduated two of our

top three divers but we have a transfer and a freshman that maybe fill that role. While the diving is certainly strong at the top with Michael, Caleb Dunnichay is a talented transfer and this past summer Nathan Geary and Eric Lex trained very hard with (head diving coach) Caiming Xie. We're confident at this point that someone will fill the breaststroke void left by our graduated class and now we're just waiting for that person to emerge."



"I think if you look at both this season and last season, there is a sense of urgency and intensity here in September that is not here every year. What's exciting is that it's said and read from both the top and the bottom. It's not a senior saying 'I only have one more chance to get it right.' It's not a freshman saying 'I'm going to take over.' That's the advantage we take – we're a large team and when the going rate is good, the water is definitely better because it happens in every lane."



2008-09 Freshmen



2008-09 Freshmen



2008-09 Divers

Team Information
Overall dual meet record (2007-08)4-6
NCAA participantMichael Bulfin (3-meter, 1-meter)
BIG EAST Championships finish1st (820 points)
BIG EAST Champions2
MacKenzie LeBlanc (500 Free / 4:22.05)
Lytle, Nosal, Hoffman, LeBlanc (800 Free Relay / 6:32.45)
School records broken
100 Free John Lytle (44.33)
200 Free John Lytle (1:37.79)
500 Free MacKenzie LeBlanc (4:22.05)
200 Fly MacKenzie LeBlanc (1:45.94)
400 Free Relay - Lytle, Hoffman, Lutkus, Nosal (2:59.05)
800 Free Relay Lytle, Nosal, Hoffman, LeBlanc (6:32.45)
1-meter Diving (dual) Michael Bulfin (361.65)
3-meter Diving (dual) Michael Bulfin (393.37)
Monogram winners returning / lost26 / 7
Newcomers
2008-09 CaptainsBill Bauman, Michael Bulfin,
MacKenzie LeBlanc Mitchell Sherman

Team Photos



2008-09 Notre Dame Swimming and Diving



2008-09 Team Captains



Irish Roster

2008-09 NOTRE DAME MEN'S SWIMMING AND DIVING ROSTER

<u>Name</u>	Event	Yr.	Ht.	$\underline{\mathbf{W}}\mathbf{t}$.	Hometown / High School
David Anderson	Free	Jr.	6-6	200	Galesburg, Ill. / Galesburg
Tyler Angelo	Breast / Fly	Jr.	5-10	165	Walnut Creek, Calif. / Las Lomas
Patrick Augustyn	Fly	So.	5-11	175	Highland, Ind. / Highland
Bill Bauman	Back	Sr.	5-11	154	Erie, Pa. / Cathedral
Ryan Belecanech	Free / Breast	Fr.	6-1	180	Moorestown, N.J. / St. Joseph's
Steven Brus	Free / IM	So.	6-1	160	Davenport, Iowa / Davenport North
Michael Bulfin	Diving	Sr.	5-8	145	Ft. Lauderdale, Fla. / St. Thomas Aquinas
Andrew Deters	Free / IM	Jr.	5-8	165	Claremont, Calif. / Claremont
Joseph Deters	Free / Breast	So.	6-0	165	Loveland, Ohio / St. Xavier
Ryan D'Oliver	Free / Fly	Fr.	6-2	190	Missouri City, Texas / Elkins
Caleb Dunnichay	Diving	Jr.	6-0	180	Elwood, Ind. / Elwood
Joseph Dufour	Free / Fly	Fr.	5-9	155	Mount Carroll, Ill. / West Carroll
Conor Evans	Free / Fly	Fr.	6-5	178	Washington, D.C. / The Heights
Colin Francesco	IM / Free / Back	Fr.	6-0	163	Shamong, N.J. / St. Joseph's
Nathan Geary	Diving	So.	5-4	140	Lancaster, N.Y. / Lancaster
Andrew Hoffman	Free	Jr.	6-0	160	Ft. Wayne, Ind. / Homestead
Jace Hopper	Free	Sr.	5-11	170	Las Vegas, Nev. / The Meadows
Peter Koppel	Breast	So.	5-7	167	Wilmington, Del. / Archmere
MacKenzie LeBlanc	Fly / IM / Free	Jr.	6-2	160	Plano, Texas / Plano East
Eric Lex	Diving	So.	5-10	170	Columbus, Ohio / Upper Arlington
Patrick Lloyd	Free	Jr.	6-2	175	LaGrange Park, Ill. / Fenwick
Daniel Lutkus	Free	Sr.	6-4	195	Granger, Ind. / Penn
John Lytle	Free	Jr.	5-11	165	Clearfield, Pa. / Clearfield Area
Brian Maloy	Breast	Fr.	6-0	175	Loudonville, N.Y. / Shaker
Joshua Nosal	Free	So.	6-3	172	Austin, Texas / Westwood
Sean Rademaker	Diving	Fr.	5-11	143	Medford, N.J. / St. Joseph's
Kevin Rahill	Back / Free	Fr.	6-5	185	Northfield, Ill. / Loyola
Daniel Rave	Breast / IM	Sr.	6-1	166	Hannover, Germany / Humboldtschule
Joseph Raycroft	Back / Breast / IM	So.	5-11	162	Munster, Ind. / Munster
B.J. Roth	Free	Fr.	5-9	142	St. Charles, Ill. / St. Charles East
Marshall Sherman	Free / Back	Fr.	6-1	175	Columbus, Ohio / St. Charles
Mitchell Sherman	Back / IM	Sr.	5-7	160	Columbus, Ohio / St. Charles
Michael Sullivan	Back / IM	So.	5-10	165	Franklin, Mass. / Bishop Feehan
Thomas Van Volkenburg	Free / Back	So.	6-0	165	Eria, Pa. / Cathedral
Wesley Villaflor	Diving	So.	5-7	144	Golf, Ill. / Glenbrook South
Christopher Wills	Back / Fly	So.	5-11	155	Baltimore, Md. / Gilman
Jonathan Whitcomb	Back / Free	Fr.	5-10	160	Mequon, Wis. / Homestead
Jeff Wood	Back / Free	Sr.	6-1	170	Fairport, N.Y. / Fairport

Head coach: Tim Welsh (Providence '66)

Associate head coach: Matt Tallman (Catholic '97)

Diving coach: Caiming Xie (Beijing Institute of Physical Education '85)

Volunteer assistant coach: Josh Skube (Indiana '98) **Student manager:** Mike Mashura (Notre Dame '09)

BIG EAST / NCAA Qualifying Standards

2009 BIG EAST Conference Swimming and Diving Qualifying Standards

Qualifying	Standards
Event	<u>A</u>
50 Freestyle	22.29
100 Freestyle	48.57
200 Freestyle	1:47.93
500 Freestyle	4:48.40
1650 Freestyle	16:45.06
100 Butterfly	53.80
200 Butterfly	2:00.70
100 Backstroke	56.17
200 Backstroke	2:01.52
100 Breaststroke	1:02.60
200 Breaststroke	2:16.35
200 Individual Medley	2:00.99
400 Individual Medley	4:16.23
1m Diving	240
3m Diving	250





Qualifying for the NCAA Championships

The NCAA Men's Swimming and Diving Championships have a fixed field of 270 swimmers, including 35 divers. The swimming field consists first of all student-athletes who have achieved an "A" qualifying standard in any event. Beyond that, entry is given to student-athletes with the best "B" qualifying standards in events with the fewest "A" qualifiers until all the events have an equal number of entrants. From there, additional "B" qualifiers are added in order, one per event at a time, until the field size of 270 is reached. If a complete additional round of next-best qualifiers will put the field over 270, the times that are closest in percentage terms to the national record are given the final spots in the field.

For instance, if there are four "A" qualifiers in the 100 backstroke, 10 in the 100 butterfly, and between four and 10 in every other event, then the top "B" qualifying times will be given entrance until every event has 10 participants in it. From there, the next best "B" time is added in each event, one by one, until the field is full. If not enough spaces remain to take the next entire round of "B" qualifiers, those swimmers' times are compared in percentage terms to NCAA records in the events and taken in order until the field is full.

In relay competition, teams with the top 12 times in each relay earn invitations to the meet. In addition, a team with four qualifiers also may compete in any relay in which it posted a "B" qualifying time at some point throughout the year, even if the NCAA qualifiers did not participate in the "B" time.

The diving field is determined by performance at five NCAA zone meets, which take place two weeks prior to the NCAA Championships. A student-athlete qualifies for the zone diving meet by registering a performance in which he scores points equal or better than the qualifying standard. Each zone sends a minimum of four divers to the NCAA meet, with the zones that had better performances at the previous year's NCAAs getting additional entries. Once in the field, a student-athlete may compete in both the one-and three-meter springboard events, but can only take part in the platform competition if he participated in it at the zone meet.

	25-Ya	rd Course	25-Meter Course		50-Meter Course	
<u>Event</u>	<u>A</u>	<u>B</u>	<u>A</u>	<u>B</u>	<u>A</u>	<u>B</u>
50 Freestyle	:19.60	:20.18	:21.88	:22.53	:22.80	:23.4
100 Freestyle	:43.35	:44.65	:48.39	:49.84	:50.24	:51.7
200 Freestyle	1:35.09	1:37.94	1:46.13	1:49.31	1:49.94	1:53.2
500 Freestyle	4:18.59	4:26.34	3:46.24	3:53.02	3:54.02	4:01.0
1,650 Freestyle	15:05.87	15:33.04	15:03.17	15:30.25	15:38.73	16:06.8
100 Butterfly	:47.09	:48.50	:52.56	:54.14	:54.26	:55.8
200 Butterfly	1:44.93	1:48.07	1:57.11	2:00.62	2:01.17	2:04.8
100 Backstroke	:47.43	:48.85	:52.94	:54.53	:56.81	:58.5
200 Backstroke	1:44.02	1:47.14	1:56.10	1:59.58	2:02.53	2:06.2
100 Breaststroke	:53.60	:55.20	:59.83	1:01.61	1:02.62	1:04.4
200 Breaststroke	1:57.29	2:00.80	2:10.91	2:14.83	2:16.71	2:20.8
200 Individual Medley	1:46.09	1:49.27	1:58.41	2:01.96	2:03.80	2:07.5
400 Individual Medley	3:46.89	3:53.69	4:13.23	4:20.82	4:22.31	4:30.1
200 Freestyle Relay	1:18.47	1:20.82	1:27.58	1:30.21	1:31.25	1:33.9
400 Freestyle Relay	2:54.21	2:59.43	3:14.44	3:20.26	3:21.87	3:27.9
800 Freestyle Relay	6:26.08	6:37.66	7:10.90	7:23.82	7:25.31	7:38.6
200 Medley Relay	1:26.52	1:29.11	1:36.57	1:39.46	1:40.85	1:43.8
400 Medley Relay	3:11.96	3:17.71	3:34.25	3:40.66	3:44.26	3:50.9

Platform Diving Points-Dual 290/300***



^{***}qualifying point total when using six optional dives with standard D.D.