

NOTRE DAME **SEASON IN REVIEW**

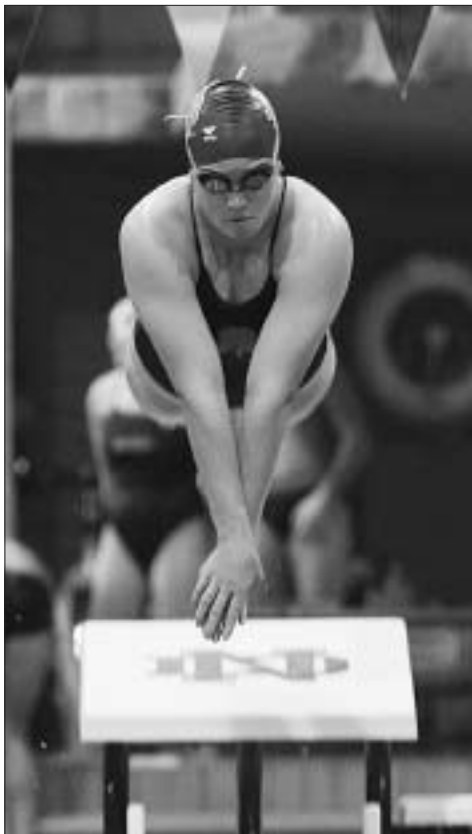


Senior Julia Quinn made quite an impact in her first season at Notre Dame, after transferring from Minnesota as she won the 200 breaststroke at the 2006 BIG EAST Championships. Besides the breaststroke victory, she also was all-BIG EAST in the 100 breaststroke, 200 medley relay and 400 medley relay.



Irish Claim 10th BIG EAST Championship

Team scores points at the NCAA Championships for the 11th consecutive year



Abby Strang finished fourth in the 1,000 freestyle against Purdue last season.

Notre Dame, even with a change in coaching from Bailey Weathers to Carrie Nixon, continued their now decade of excellence during the 2005-06 season, claiming the program's BIG EAST record tying 10th consecutive conference titles. The Irish had a strong dual meet season going 5-2 and ending the season ranked 20th nationally.

Led by a group of three swimmers that qualified for the NCAA Championships, the Irish finished 41st at the NCAA Championships, scoring points for the 11th consecutive season despite battling illness. Junior Katie Carroll continued her dominating ways during the regular season and championships, while junior transfer Julia Quinn and freshman Claire Hutchinson were welcome additions to the program. Carroll was an honorable mention All-American for the third consecutive season in the 200 individual medley. Carroll also has been an All-American and an honorable mention All-American in the 400 individual medley in her career.

The 2005-06 season marked the beginning of the Carrie Nixon era at Notre Dame and she continued to build upon the strong traditions that she contributed to as one of the all-time greats of the Irish swimming program. Among her first-year wins were victories over perennial top programs Minnesota, Michigan, Illinois and Oakland.

The Irish began the season winning 10 of the 13 events at the Dennis Stark Relays and setting two meet records in the process. The 800 freestyle relay team of Katie Carroll, Ellen Johnson, Rebecca Grove and Ann Barton set the meet record with a 7:32.87 in the victorious swim. The women's 500 crescendo relay team of Grove, Ellen Johnson, Christa Riggins and Caroline Johnson continued the Irish record-breaking performances with a time of 4:32.50 at the DSR.

Three weeks later, on Oct. 28, the Irish re-entered the pool and fell to No. 8 California, 156.5-141.5. Carroll continued the strong start to her season by winning three events. Among her three victories was a pool record time of 1:48.79 in the 200 freestyle and two NCAA "B" cut performances. Her 200 freestyle time was a "B" cut, as was her 400 individual medley time of 4:16.53.

The following day was a tough 172-128 loss to Purdue. The Irish won four of the last seven events to close the gap but in the end were not able to overtake the Boilermakers. Carroll, once again, was the team leader. The junior picked up three more event victories (200 butterfly, 100 butterfly and 200 individual medley). Her times in

both the 200 butterfly (2:00.98) and 200 individual medley (2:03.24) were NCAA 'B' cut qualifying standards. Other event winners for Notre Dame included freshman Claire Hutchinson in the 1,000 freestyle (10:07.69), sophomore Caroline Johnson in the 100 backstroke (56.37), junior Ann Barton in the 200 backstroke (2:03.07) and junior Jessica Stephens in the 200 breaststroke (2:18.45).

The Irish rebounded on Nov. 4 with a 138-105 dual meet victory over Pittsburgh. The win marked the first win of the Nixon era and started what would be a run of five consecutive dual meet victories for the Irish. Freshman Casey Wagner led the charge with a pair of freestyle victories. Wagner won the 200 butterfly (2:03.35) and the 500 freestyle (4:53.80) to pace the squad. The 200 breaststroke group also had a strong meet as they swept the event with a first-second-third place finish. Stephens led the way finishing first (2:20.06), Quinn placed second (2:20.97) and sophomore Katie Hopkins ended in third (2:22.84).

Nixon won her first home dual meet in the close 163-135 victory over Minnesota. The Irish had a strong team effort in winning 11 of the 16 events. Carroll continued her great start breaking two

2005-06 Irish Awards & Records

Honorable Mention All-America

Katie Carroll, Jr., 200 individual medley

NCAA Championships Participant

Katie Carroll, Jr., 200 individual medley, 400 individual medley, 200 butterfly

Julia Quinn, Jr., 100 breaststroke, 200 breaststroke

Claire Hutchinson, Fr., 500 freestyle, 400 IM, 1,650 freestyle

BIG EAST Champion

Katie Carroll, Jr., 400 individual medley

Julia Quinn, Jr., 200 breaststroke

BIG EAST Runner-Up

Katie Carroll, Jr., 500 freestyle

Katie Carroll, Jr., 200 butterfly

Rebecca Grove, Jr., 50 freestyle

Claire Hutchinson, Fr., 1,650 freestyle

Claire Hutchinson, Fr., 400 individual medley

Julia Quinn, Jr., 100 breaststroke

Julia Quinn, Jr., 200 breaststroke

Christa Riggins, Fr., 200 freestyle

200 Freestyle (R. Grove, C. Johnson, C. Riggins, K. Carroll)

800 Freestyle Relay (C. Riggins, C. Wagner,

E. Johnson, K. Carroll)

200 Medley Relay (C. Johnson, J. Quinn, J. Stephens, R. Grove)

400 Medley Relay (C. Johnson, J. Quinn, K. Carroll, R. Grove),

3:43.98

All-BIG EAST

Katie Carroll Jr., (500 free, 200 free, 400 IM, 200 butterfly, 200

free relay, 800 free relay, 400 free relay, 400 medley relay)

Rebecca Grove, Jr., (50 free, 200 medley relay, 200 free relay,

400 medley relay, 400 freestyle relay)

Christa Riggins, Fr., (100 free, 200 freestyle, 200 free relay,

400 free relay, 800 free relay)

Julia Quinn, Jr., (100 breast, 200 breast, 200 medley relay,

400 free relay)

Caroline Johnson, Jr., (200 medley relay, 200 free relay,

400 medley relay)

Jessica Stephens, Jr., (200 breast, 200 IM, 200 medley relay)

Casey Wagner, Fr., (500 free, 400 free relay, 800 free relay)

Claire Hutchinson, Fr., (400 IM, 1,650 free)

Ann Barton, Jr., (100 fly, 200 back)

Ellen Johnson, So., (800 free relay)

Lucy Hirt, Fr., (three-meter diving)

Tara Hyer, So., (three-meter diving)

NCAA "A" Times

Katie Carroll, Jr., 400 individual medley, 4:14.37

NCAA "B" Times

Ann Barton, Jr., 200 backstroke, 2:01.29

Ann Barton, Jr., 200 individual medley, 2:04.08

Katie Carroll, Jr., 500 freestyle, 4:47.87

Katie Carroll, Jr., 200 butterfly, 2:00.04

Rebecca Grove, Jr., 50 freestyle, 23.00

Rebecca Grove, Jr., 100 freestyle, 50.76

Claire Hutchinson, Fr., 1,650 freestyle, 16:34.37

Claire Hutchinson, Fr., 400 individual medley, 4:14.37

Lucy Hirt, Fr., three-meter diving, 422.95

Tara Hyer, So., one-meter diving, 225.15

Tara Hyer, So., three-meter diving, 430.35

Julia Quinn, Jr., 100 breaststroke, 1:03.02

Julia Quinn, Jr., 200 breaststroke, 2:14.27

Christa Riggins, Fr., 100 freestyle, 50.47

Christa Riggins, Fr., 200 freestyle, 1:49.12

Jessica Stephens, Jr., 200 breaststroke, 2:16.79

Jessica Stephens, Jr., 200 individual medley, 2:02.78

Casey Wagner, Fr., 500 freestyle, 4:49.19

200 Freestyle (R. Grove, C. Johnson, C. Riggins, K. Carroll)

1:32.23

400 Freestyle Relay (C. Riggins, C. Wagner, K. Carroll, R. Grove)

3:22.48

800 Freestyle Relay (C. Riggins, C. Wagner,

E. Johnson, K. Carroll) 7:19.46

200 Medley Relay (C. Johnson, J. Quinn,

J. Stephens, R. Grove), 1:41.91

400 Medley Relay (C. Johnson, J. Quinn, K. Carroll, R. Grove),

3:43.98

University Records

Katie Carroll, Jr., 200 freestyle, 4:47.04

200 Medley Relay (C. Johnson, J. Quinn, J. Stephens, R. Grove),

1:41.91



Lucy Hirt is one of the two veterans in the 2006-07 diving group.

pool records in her three victories at the meet. The pool records in the 200 freestyle (1:48.73) and the 100 butterfly (55.28) were also noteworthy since pool records are normally not achieved until later in the season or at championship events. The 200-medley team (Grove, Quinn, Stephens and Riggins) picked up their second consecutive victory with a time of 1:45.59.

The Irish took a break from the dual meet season and took part in its first championship-style meet of the season at the Minnesota Invitational, on Nov. 18. Carroll became the first Irish swimmer to achieve an automatic NCAA qualifying time in the 400 IM. According to NCAA rules if a swimmer achieves an 'A' cut in any event they can then compete in other events in which they have achieved a 'B' cut at the NCAA Championships. Carroll had posted 'B' cuts in five events (100 freestyle, 200 freestyle, 200 IM, 100 butterfly and 200 butterfly) up to this point in the season. The 200-medley relay team also had a solid showing winning the event in a time of 1:43.46. The team

was comprised of Caroline Johnson, Quinn, Stephens and Grove. Caroline Johnson also was the 100 backstroke winner.

The Irish then returned home and won the Notre Dame Invitational with 1,822 points. The Irish women took control of the meet early and cruised to the victory. Among the highlights of the meet was a pair of meet and school record performances by the 200 medley relay team (Stephens, Grove, Quinn and Caroline Johnson) and Katie Carroll in the 1,650 freestyle. The Carroll time in the 1,650 was an NCAA 'B' qualifying mark, bringing her season total to six 'B' cuts on the year.

Notre Dame entered the ranking at No. 20 on January 13, as they took on No. 15 Michigan and Illinois in a triangular meet. The Irish came up with their first victory over Michigan since 2003, outscoring them 1120-1111. Carroll picked up three more event victories, but it was the deep Irish roster that allowed them to outlast the Wolverines and Fighting Illini, with 12 top-five finishes by the team on the final day of competition.

The Irish kept the winning streak going with a 156-147 victory at Michigan State on Jan. 21. Both Carroll and Riggins picked up two individual victories to pace the team. Carroll won the 200 breaststroke (2:24.96) and 200 individual medley (2:05.54), while Riggins was the event winner in the 200 freestyle (1:51.81) and the 500 freestyle (4:59.71). Five other Irish swimmers captured an individual title in the meet.

Now on a hot streak, the Irish entered the 2006 BIG EAST Championships with some confidence. The Irish had a solid first day of competition with both divers (sophomore Tara Hyer and freshman Lucy Hirt) placing in the top-eight to advance out of the preliminary round. Two second-place relay finishes highlighted the first day of action for the Irish. The quartet of Riggins, Wagner, Ellen Johnson and Carroll placed second in the 800 freestyle relay, while the 200 freestyle relay team of Caroline Johnson, Quinn, Stephens and Grove established a new school record (1:41.91) also in finishing as the runner-up to Rutgers. The Irish ended the first day of action trailing the Scarlet Knights by 12 points.

The second day saw Carroll notched two all-conference performances in placing second with a career-best in the 500 freestyle (4:47.87) and was a member of the second place 200 freestyle relay team along with Grove, Caroline Johnson and Riggins (1:32.23). Grove also placed second in the 50 freestyle in a career-best time of 23.00. Hutchinson also had a strong day as well in finishing second to Carroll in the 500 freestyle with an NCAA 'B' cut of 4:51.75. The Irish had cut the Rutgers lead in half on the second day and now only trailed the Scarlet Knights by six 268-262 entering the third and final day of competition.

Carroll started the Irish comeback with a 400 individual medley victory on the third day in a time 4:14.37. The time also lowered her NCAA 'A' standard time from earlier in the season. Riggins also had a strong showing as she was the runner-up in the 200 freestyle (1:49.12). The Irish diving duo of Hirt and Hyer, placed second and third, respectively, in three-meter dive to contribute to the comeback. Junior Ann Barton recorded a 55.44 in the 100 butterfly to reach all-BIG EAST honors for the first time in her career.

The end of the meet proved to be thrilling with Rutgers and Notre Dame tied at 587.5 with just three events remaining; Irish juniors Quinn, Stephens and Carroll came through in the clutch. Quinn and Stephens finished first and second, respectively in the 200 breaststroke. Carroll secured the come-from-behind victory with a runner-up finish in the 200 butterfly.

Upon conclusion of the meet, Caiming Xie was named the BIG EAST Diving Coach of the Year for the fourth time in his career.

Three Notre Dame swimmers continued on to 2006 NCAA Championships (Quinn, Carroll and Hutchinson). Two of the three became ill during the competition and were severely hampered, though. Carroll still managed to place 13th in the 200 IM to take home honorable mention All-American honors. Carroll also raced in the 400 IM (38th) and 200 butterfly (32nd). Quinn competed in the 100 breaststroke (33rd) and 200 breaststroke (20th), while Hutchinson finished 38th in the 500 freestyle, 39th in the 400 IM and 25th in the 1,650 freestyle.

2005-06 Results

Date	Meet/Opponent	Result, Score	Notes
10/7	Dennis Stark Relays	1st, 240	Meet record time set by 800 freestyle relay team
10/28	California	L, 141.5-156.5	ND won eight of 16 events
10/29	at Purdue	L, 128-172	Katie Carroll won three events
11/04	at Pittsburgh	W, 138-105	First win of Nixon's career
11/11	Minnesota	W, 163-135	Katie Carroll set new Rolfs Record in 100 butterfly
11/18-20	at Minnesota Invitational	1st, 722	200 medley freestyle team won their event
12/01-03	Notre Dame Invitational	1st, 1,822	Katie Carroll set new meet record in 1,650 freestyle
1/13-14	at Michigan	W, 1,120-1111	Julia Quinn won 100 backstroke
1/13-14	vs. Illinois (Ann Arbor, Mich.)	W, 1,120-840	Irish won nine of 16 events
1/21	at Michigan State	W, 156-147	Christa Riggins wins two events
1/27-28	Louisville (Shamrock Invite)	W, 218-148	Caroline Johnson earned two individual titles
1/27-28	Oakland (Shamrock Invite)	W, 258-109	200 medley relay team posted victory
2/15-18	at BIG EAST Championship	1st, 705.5 pts	ND claims 10th straight BIG EAST Title
2/26	at Boiler-Make-It Inv.	NTS	Last chance qualifier for NCAA Championship
3/18	at NCAA Championship	41st, 4	Katie Carroll Honorable Mention All-American in 200 IM

50-Yard Freestyle

1.	Rebecca Grove	Jr.	23.00	2/15
2.	Caroline Johnson	So.	23.65	2/15
3.	Christa Riggins	Fr.	23.76	12/1
4.	Katie Carroll	Jr.	23.86	2/15
5.	Katie Guida	So.	23.93	2/15

100-Yard Freestyle

1.	Christa Riggins	Fr.	50.34	2/15
2.	Rebecca Grove	Jr.	50.46	2/15
3.	Katie Carroll	Jr.	50.85	11/11
4.	Casey Wagner	Fr.	51.95	12/1
5.	Meghan Linnelli	Jr.	52.53	2/15

200-Yard Freestyle

1.	Katie Carroll	Jr.	1:48.73	11/11
2.	Christa Riggins	Fr.	1:49.12	2/15
3.	Ellen Johnson	Jr.	1:50.23	2/15
4.	Casey Wagner	Fr.	1:50.40	2/15
5.	Rebecca Grove	Jr.	1:51.10	11/18

500-Yard Freestyle

1.	Katie Carroll	Jr.	4:47.87	2/15
2.	Casey Wagner	Fr.	4:49.19	2/15
3.	Claire Hutchinson	Fr.	4:51.75	2/15
4.	Ellen Johnson	Jr.	4:53.58	2/15
5.	Christa Riggins	Fr.	4:57.71	11/18

1,000-Yard Freestyle

1.	Casey Wagner	Fr.	9:58.27	10/28
2.	Claire Hutchinson	Fr.	10:02.67	11/11
3.	Ann Barton	Jr.	10:17.45	1/21
4.	Abby Strang	Jr.	10:23.21	10/28
5.	Ellen Johnson	Jr.	10:23.56	1/21

1,650-Yard Freestyle

1.	Claire Hutchinson	Fr.	16:34.37	2/15
2.	Katie Carroll	Jr.	16:37.58	12/1
3.	Casey Wagner	Fr.	16:55.65	11/18
4.	Abby Strang	Jr.	17:17.91	2/15
5.	Annie Sweeney	Jr.	17:43.22	1/27

50-Yard Backstroke

1.	Caroline Johnson	So.	26.16	2/15
2.	Rebecca Grove	Jr.	27.31	11/11
3.	Ann Barton	Jr.	28.15	11/18
4.	Noemie Brand	So.	28.20	10/28
5.	Kiley Gooch	Jr.	28.84	10/28

100-Yard Backstroke

1.	Caroline Johnson	So.	55.77	11/18
2.	Rebecca Grove	Jr.	56.66	2/15
3.	Ann Barton	Jr.	57.93	11/18
4.	Jessica Stephens	Jr.	58.27	12/1
5.	Christa Riggins	Fr.	59.62	12/1

200-Yard Backstroke

1.	Ann Barton	Jr.	2:00.80	2/15
2.	Caroline Johnson	So.	2:01.99	12/1
3.	Ellen Johnson	Jr.	2:04.07	2/15
4.	Morgan Bullock	So.	2:06.38	2/15
5.	Rebecca Grove	Jr.	2:06.84	11/4

100-Yard Breaststroke

1.	Julia Quinn	Jr.	1:03.02	2/15
2.	Jessica Stephens	Jr.	1:03.57	11/18
3.	Courtney Choura	Sr.	1:04.05	2/15
4.	Katie Hopkins	So.	1:06.51	12/1
5.	Natalie Burke	So.	1:06.90	12/1

200-Yard Breaststroke

1.	Julia Quinn	Jr.	2:14.27	2/15
2.	Jessica Stephens	Jr.	2:16.28	11/18
3.	Courtney Choura	Sr.	2:21.26	2/15
4.	Katie Hopkins	So.	2:21.91	2/15
5.	Katie Carroll	Jr.	2:24.96	1/21

100-Yard Butterfly

1.	Katie Carroll	Jr.	55.28	11/11
2.	Jessica Stephens	Jr.	55.35	12/1
3.	Ann Barton	Jr.	55.44	2/15
4.	Casey Wagner	Fr.	57.72	12/1
5.	Krissy Archer	Jr.	58.32	2/15

200-Yard Butterfly

1.	Katie Carroll	Jr.	2:00.04	2/15
2.	Casey Wagner	Fr.	2:02.53	1/13
3.	Kelly Battle	So.	2:05.53	2/15
4.	Katie Hopkins	So.	2:06.48	12/1
5.	Claire Hutchinson	Fr.	2:06.84	11/18

200-Yard Individual Medley

1.	Katie Carroll	Jr.	2:02.69	11/18
2.	Jessica Stephens	Jr.	2:02.78	2/15
3.	Ann Barton	Jr.	2:04.08	2/15
4.	Courtney Choura	Sr.	2:04.84	2/15
5.	Julia Quinn	Jr.	2:05.69	2/15

400-Yard Individual Medley

1.	Katie Carroll	Jr.	4:14.37	2/15
2.	Claire Hutchinson	Fr.	4:22.28	2/15
3.	Jessica Stephens	Jr.	4:24.53	10/28
4.	Kelly Battle	So.	4:31.65	10/28
5.	Katie Hopkins	So.	4:31.73	11/18

200-Yard Freestyle Relay

1.	Notre Dame	1:32.23	2/15
	Rebecca Grove, Caroline Johnson, Christa Riggins, Katie Carroll		

400-Yard Freestyle Relay

1.	Notre Dame	3:22.48	2/15
	Christa Riggins, Casey Wagner, Katie Carroll, Rebecca Grove		

800-Yard Freestyle Relay

1.	Notre Dame	7:19.46	2/15
	Christa Riggins, Casey Wagner, Ellen Johnson, Katie Carroll		

200-Yard Medley Relay

1.	Notre Dame	1:41.91	2/15
	Caroline Johnson, Julia Quinn, Jessica Stephens, Rebecca Grove		

400-Yard Medley Relay

1.	Notre Dame	3:43.98	2/15
	Caroline Johnson, Julia Quinn, Katie Carroll, Rebecca Grove		

One-Meter (Six Dives)

1.	Tara Hyer	So.	261.35	12/1
2.	Lucy Hirt	Fr.	245.84	1/21
3.	Jill Mazur	Fr.	145.19	1/2

Platform (Six Dives)

1.	Tara Hyer	So.	171.4	11/18
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Three-Meter (Six Dives)

1.	Tara Hyer	So.	430.35	2/15
2.	Lucy Hirt	Fr.	422.95	2/15

Top Performances

50-Yard Freestyle

1. Rebecca Grove	23.00	2/15
2. Rebecca Grove	23.12	2/15
3. Rebecca Grove	23.30	2/15
4. Rebecca Grove	23.48	11/18
5. Rebecca Grove	23.59	1/27

100-Yard Freestyle

1. Christa Riggins	50.34	2/15
2. Rebecca Grove	50.46	2/15
3. Christa Riggins	50.47	2/15
4. Christa Riggins	50.67	2/15
5. Rebecca Grove	50.76	2/15

200-Yard Freestyle

1. Katie Carroll	1:48.73	11/11
2. Katie Carroll	1:48.79	10/28
3. Katie Carroll	1:40.09	11/4
4. Christa Riggins	1:49.12	2/15
5. Christa Riggins	1:49.30	2/15

500-Yard Freestyle

1. Katie Carroll	4:47.87	2/15
2. Katie Carroll	4:49.00	2/15
3. Casey Wagner	4:49.19	2/15
4. Casey Wagner	4:50.52	2/15
5. Claire Hutchinson	4:57.75	2/15

1,000-Yard Freestyle

1. Casey Wagner	9:58.27	10/28
2. Claire Hutchinson	10:02.67	11/11
3. Casey Wagner	10:04.49	11/11
4. Claire Hutchinson	10:05.33	11/4
5. Claire Hutchinson	10:06.54	10/28

1,650-Yard Freestyle

1. Claire Hutchinson	16:34.37	2/15
2. Katie Carroll	16:37.58	12/1
3. Claire Hutchinson	16:46.41	1/13
4. Claire Hutchinson	16:52.32	11/18
5. Casey Wagner	16:55.65	11/18



Caroline Johnson was an essential part of the 800 free relay team that finished as the runner-up at the BIG EAST Championships.

50-Yard Backstroke

1. Caroline Johnson	26.16	2/15
2. Caroline Johnson	26.25	11/18
3. Caroline Johnson	26.25	11/18
4. Caroline Johnson	26.30	2/15
5. Caroline Johnson	26.55	10/29

100-Yard Backstroke

1. Caroline Johnson	55.77	11/18
2. Caroline Johnson	55.81	11/18
3. Caroline Johnson	55.81	11/18
4. Caroline Johnson	56.22	2/15
5. Caroline Johnson	56.24	11/18

200-Yard Backstroke

1. Ann Barton	2:00.80	2/15
2. Ann Barton	2:01.29	2/15
3. Ann Barton	2:01.93	
4. Ann Barton	2:01.94	11/11
5. Caroline Johnson	2:01.99	12/1

100-Yard Breaststroke

1. Julia Quinn	1:03.02	2/15
2. Julia Quinn	1:03.26	2/15
3. Jessica Stephens	1:03.57	11/18
4. Julia Quinn	1:03.88	11/18
5. Jessica Stephens	1:03.97	2/15

200-Yard Breaststroke

1. Julia Quinn	2:14.27	2/15
2. Julia Quinn	2:15.75	2/15
3. Julia Quinn	2:16.12	11/18
4. Jessica Stephens	2:16.28	11/18
5. Julia Quinn	2:16.42	1/13

100-Yard Butterfly

1. Katie Carroll	55.28	11/11
2. Jessica Stephens	55.35	12/1
3. Ann Barton	55.44	2/15
4. Katie Carroll	55.49	11/18
5. Katie Carroll	55.59	10/28

200-Yard Butterfly

1. Katie Carroll	2:00.04	2/15
2. Katie Carroll	2:00.37	2/15
3. Katie Carroll	2:00.61	11/18
4. Katie Carroll	2:00.73	1/13
5. Katie Carroll	2:00.98	10/29



Junior Georgia Steenberge competed in three events at the 2006 BIG EAST Championships.

Top Performances

200-Yard Individual Medley

1. Katie Carroll 2:02.69 11/18
2. Jessica Stephens 2:02.78 2/15
3. Jessica Stephens 2:02.89 2/15
4. Katie Carroll 2:02.93 11/18
5. Katie Carroll 2:03.24 10/29

400-Yard Individual Medley

1. Katie Carroll 4:14.37 2/15
2. Katie Carroll 4:15.34 11/18
3. Katie Carroll 4:16.53 10/28
4. Katie Carroll 4:16.57 2/15
5. Katie Carroll 4:18.57 11/18

200-Yard Freestyle Relay

1. Grove, C. Johnson, Riggins, Carroll 1:32.23 2/15
2. Guida, C. Johnson, Carroll, Grove 1:35.00 11/18
3. Riggins, Wagner, Carroll, Grove 1:35.24 1/13

400-Yard Freestyle Relay

1. Riggins, Wagner, Carroll, Grove 3:22.48 2/15
2. Carroll, Riggins, Wagner, Grove 3:25.47 12/1
3. Riggins, E. Johnson, Grove, Carroll 3:26.73 11/18

800-Yard Freestyle Relay

1. Riggins, Wagner, E. Johnson, Carroll 7:19.46 2/15
2. Carroll, Wagner, Riggins, Grove 7:24.50 11/18
3. E. Johnson, Carroll, Riggins, Wagner 7:25.88 12/1



Jessica Stephens, a senior, was a key member of the 200 medley relay team that finished second at the 2006 BIG EAST Championships.

200-Yard Medley Relay

1. C. Johnson, Quinn, Stephens, Grove 1:41.91 2/15
2. C. Johnson, Quinn, Stephens, Grove 1:42.63 2/15
3. C. Johnson, Quinn, Stephens, Grove 1:43.46 11/18

400-Yard Medley Relay

1. C. Johnson, Quinn, Carroll, Grove 3:43.98 2/15
2. C. Johnson, Stephens, Carroll, Grove 3:45.21 11/18
3. C. Johnson, Quinn, Carroll, Grove 3:48.96 1/13

One-Meter (Six Dives)

1. Tara Hyer 261.35 12/1
2. Lucy Hirt 245.84 1/21
3. Jill Mazur 145.19 1/2

Platform (Six Dives)

1. Tara Hyer 171.4 11/18
2. Tara Hyer 156.10 2/15

Three-Meter (Six Dives)

1. Tara Hyer 430.35 2/15
2. Lucy Hirt 422.95 2/15
3. Tara hyer 416.25 2/15

Junior Raine Paulson-Andrews continued to work hard and showed great improvement during her sophomore season.



BIG EAST Championships

2006 BIG EAST Championship Summary (point scorers listed; final times first)

50-Yard Freestyle

2.	Rebecca Grove	23.00/23.30
9.	Caroline Johnson	23.65/23.88
11.	Christa Riggins	23.76/23.84
16.	Katie Guida	24.17/23.93

100-Yard Freestyle

3.	Christa Riggins	50.47/50.67
5.	Rebecca Grove	50.76/50.46

200-Yard Freestyle

2.	Christa Riggins	1:49.12/1:50.54
5.	Casey Wagner	1:50.51/1:50.40
8.	Ellen Johnson	1:52.24/1:50.23
13.	Kayla Graham	1:52.74/1:52.74

500-Yard Freestyle

2.	Katie Carroll	4:47.87/4:49.00
3.	Casey Wagner	4:49.19/4:50.52
8.	Ellen Johnson	4:54.95/4:53.58
9.	Claire Hutchinson	4:51.75/4:55.01

1,650-Yard Freestyle

2.	Claire Hutchinson	16:34.37
11.	Abby Strang	17:17.91

100-Yard Backstroke

6.	Caroline Johnson	56.45/56.61
8.	Rebecca Grove	57.13/56.66

200-Yard Backstroke

3.	Ann Barton	2:01.29/2:02.98
7.	Caroline Johnson	2:02.83/2:03.71
9.	Ellen Johnson	2:04.07/2:06.46
16.	Morgan Bullock	2:08.02/2:06.65

100-Yard Breaststroke

2.	Julia Quinn	1:03.02/1:03.26
4.	Jessica Stephens	1:04.04/1:03.97
6.	Courtney Choura	1:04.16/1:04.05

200-Yard Breaststroke

1.	Julie Quinn	2:14.27/2:15.75
2.	Jessica Stephens	2:16.79/2:17.50
7.	Courtney Choura	2:21.44/2:21.26
13.	Katie Hopkins	2:21.91/2:24.21

100-Yard Butterfly

3.	Ann Barton	55.44/55.65
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200-Yard Butterfly

2.	Katie Carroll	2:00.04/2:00.37
7.	Casey Wagner	2:02.81/2:03.16
13.	Kelly Battle	2:05.53/2:06.75

200-Yard individual Medley

3.	Jessica Stephens	2:02.78/2:02.89
5.	Ann Barton	2:04.08/2:04.47
7.	Courtney Choura	2:04.84/2:04.96
12.	Julia Quinn	2:05.69/2:05.94
15.	Kelly Battle	2:06.95/2:06.80



Tara Hyer was all-BIG EAST for the second time in her career, as she placed third in the three-meter diving.

400-Yard Individual Medley

1.	Katie Carroll	4:14.37/4:16.57
2.	Claire Hutchinson	4:22.28/4:23.40

One-Meter Diving

5.	Tara Hyer	225.15/224.50
8.	Lucy Hirt	203.15/209.00

Three-Meter Diving

2.	Lucy Hirt	422.95/407.50
3.	Tara Hyer	416.25/430.35

200-Yard Freestyle Relay

2.	Rebecca Grove	1:32.23
	Caroline Johnson	
	Christa Riggins	
	Katie Carroll	

400-Yard Freestyle Relay

3.	Christa Riggins	3:22.48
	Casey Wagner	
	Katie Carroll	
	Rebecca Grove	

800-Yard Freestyle Relay

2.	Christa Riggins	7:19.46
	Casey Wagner	
	Ellen Johnson	
	Katie Carroll	

200-Yard Medley Relay

2.	Caroline Johnson	1:41.91
	Julia Quinn	
	Jessica Stephens	
	Rebecca Grove	

400-Yard Medley Relay

2.	Caroline Johnson	3:43.98
	Julia Quinn	
	Katie Carroll	
	Rebecca Grove	



Courtney Choura

**Class of 2006 • 5-6
Breaststroke/IM
Bridgeville, PA
Oakland Catholic H.S.**

**AWARDS AND HONORS
Four-time All-BIG EAST
2003 Beeler-Hipp Award
2005 Golden Dumbbell Award**

One of top breaststrokers in Irish history ... ranks fifth all-time in 200 breaststroke (career-best 2:18.23) ... four-time all-BIG EAST selection, including as runner-up in 200 breast in '03 and 100 breast in '04 ... was hampered by cornea injury over the summer of 2004 ... was a key contributor to the Irish winning its 10th consecutive BIG EAST Championship title ... team player that always contributed to the success of others ... made considerable improvement during her collegiate career ... awarded the Golden Dumbbell Award for her work in the weight room as junior ... four-time monogram winner ... was the lone senior on the 2005-06 team.

AS A SENIOR: Placed sixth (1:04.16) in the 100 breaststroke in the finals 2006 BIG EAST Championships ... finished seventh (2:21.44) in the 200 breaststroke at the BIG EAST Championships ... swam her best time of the competition to place seventh in the finals of the 200 individual medley at the BIG EAST Championships ... aided Notre Dame women's swimming and diving program win its 10th consecutive conference championship ... was 20th at the Minnesota Invite in the 200 individual medley ... had her career-best time of 58.52 in the Minnesota Invite ... part of the relay team that had the fifth fastest in 2006 in the dual meet season.



AS A JUNIOR: Posted a team-best 1:04.84 in the 100 breaststroke in the 2005 BIG EAST Championships ... finished fourth in the prelims of the 100 breast with that effort and eventually finished 13th in the final race ... also competed in the 200 IM (12th) and 200 breast (ninth) at the BIG EAST meet ... logged the team's third-best time in the 200 breaststroke (2:20.85) ... helped Notre Dame claim two relay victories during the dual-meet season ... recipient of the Golden Dumbbell, awarded annually by the Notre Dame strength and conditioning coach to the swimmer that puts forth the greatest effort and pushes themselves the most in the weight room.

AS A SOPHOMORE: BIG EAST Conference runner-up in 100 breaststroke with NCAA "B" cut of 1:03.62 ... also swam breaststroke leg of runner-up 400 medley relay that posted an NCAA "B" cut of 3:44.81 and ranked 27th in Division I ... tabbed all-BIG EAST in both events ... took part in a 200 medley relay that was 44th in nation ... team leader in 100 breast, while ranking fourth in 200 breast (2:20.50) and 200 IM (2:04.34) ... posted three of team's five fastest times in 100 breast ... finished seventh in 200 breast and 10th (after being seeded 24th) in 200 IM at BIG EAST meet ... scored 52 points in the conference championships, the fifth-highest total on the team ... won 100 breast in Notre Dame Invitational.

AS A FRESHMAN: Posted the fastest 100 breaststroke (1:03.48) and 200 breaststroke (2:18.23) times on the Irish roster, both at the BIG EAST meet ... earned all-BIG EAST honors for second-place finish in 200 breast and third-place result in 100 breast ... swam the fastest qualifying time in the prelims, before placing second ... earned second all-BIG EAST honor swimming the breaststroke leg of the third-place 200 medley relay team ... finished seventh in the 100 breaststroke and 200 individual medley at the conference meet ... was second in the 100 and

200 breaststroke against Pittsburgh ... was eighth in the 200 breaststroke at the Minnesota Invitational ... took second in the 200 and third against Michigan State in the 100 breaststroke ... won the 100 race against Indiana and was third in the 200 breaststroke ... recipient of the Beeler-Hipp Award, which is presented to an outstanding freshman who best exemplifies the vitality, competitiveness, and love for Notre Dame shown by Meghan Beeler and Colleen Hipp in their freshman year prior to their deaths in a bus accident in 1992.

HIGH SCHOOL AND PERSONAL DATA: Three-time All-American at Oakland Catholic High School in 100 breaststroke and 200 individual medley ... state champion in the 200 medley relay and the 400 free relay ... a national qualifier in 100 breaststroke ... three-time conference champion ... state runner-up in 100 breaststroke and 200 individual medley for three years ... team won state in '01 and '02 after being runner-up in '00 ... nationally-ranked her freshman and sophomore years ... junior national champion in 100 breaststroke and junior national runner-up in 200 breaststroke ... three-time all-conference honoree ... three-time all-state recipient ... four-year letter-winners in swimming ... holds the WPIAL record in the 100 breaststroke and the 200 individual medley ... team captain her junior and senior years ... was a USA Scholastic All-American ... participated in National Select Camp ... member of the National Honor Society ... second of three children to Joe and Jennifer Choura ... born May 9, 1984, in Pittsburgh, Pa. ... last name pronounced CORE-uh ... graduated from the Mendoza College of Business with a marketing degree in 2006.

CHOURA'S CAREER BESTS

		'03 BE	'04 BE	'05 BE	'06 BE
100 Breast	1:03.48 • '03 BIG EAST	7th	2nd	6th	6th
200 Breast	2:18.23 • '03 BIG EAST	2nd	7th	9th	7th
200 IM	2:03.47 • '03 BIG EAST	7th	10th	7th	7th
100 Fly	58.52 • '05 Minn. Invit.	-	-	-	-

