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Notre Dame Quick Facts

Notre Dame Q	iick racis
Location	Notre Dame, IN 46556
Enrollment	
	11,311 (total)
Nickname	Fighting Irish
Colors	Gold and Blue
Conference	BIG EAST
	Rolfs Aquatic Center
President	Rev. John I. Jenkins, C.S.C
Athletic Director	Kevin White
	Asst. A.D./Women's
Asst. A.D./Men's	
Swimming & Diving	Mike Danch
Athletic Department	Phone(574) 631-6107
Coaching Staff	
Head CoachCo	arrie Nixon (Notre Dame '02)
Office Phone/Fax	(574) 631-8455/3650
E-mail address	cnixon2@nd.edu
Record at Notre Dame	efirst seαson
Career Record	first season
Diving Coach	Caiming Xie
(Beijing Institut	te of Physical Education '85)
Office Phone	(574) 631-7020
E-mail address	xie.2@nd.edu
Assistant Coach	Joel White
	(Wisconsin-Milwaukee '02)
Office Phone	(574) 631-8359
F mail addrosa	iwhite17@nd.edu
L-mun uuuress	jwiiitei/@iia.eau

Sports Information

Address	.Sports Information
	112 Joyce Center
Notre I	Dame, IN 46556-5678
Assoc. A.D./Media Relations	John Heisler
Sports Information Director	Bernie Cafarelli
Asst. SID/Swimming & Diving	Alan Wasielewski
Sports Information Office	(574) 631-7516
Wasielewski's Office Phone	(574) 631-3397
Wasielewski's Home Phone	(574) 258-9425
Wasielewski's Cell Phone	(574) 532-4167
Wasielewski's E-mail	awasiele@nd.edu
Sports Information Fax	(574) 631-7941
Irish Sports Hotline	(574) 631-3000
Website	www.und.com

Notre Dame **Sports Hotline:** (574) 631-3000



Media Information

The Notre Dame Sports Information Office is always interested in assisting members of the media in their coverage of Irish women's swimming and diving. Publicity and media information for Notre Dame women's swimming and diving is handled by assistant sports information director Alan Wasielewski.

Photographs, feature ideas and results are always available from the Sports Information Office. For women's swimming and diving information and interviews, please contact Wasielewski at (574) 631-7516 or e-mail him at awasiele@nd.edu or view the offical website of the Notre Dame athletic department at www.und.com. All interviews with coaches and athletes should be arranged through the Sports Information Office.

BIG EAST Web Information

The BIG EAST Conference maintains its presence on the World Wide Web at www.bigeast.org. The site contains current information on all facets of the BIG EAST Conference. Please contact the BIG EAST media relations department for more information on BIG EAST swimming and diving.

Credits

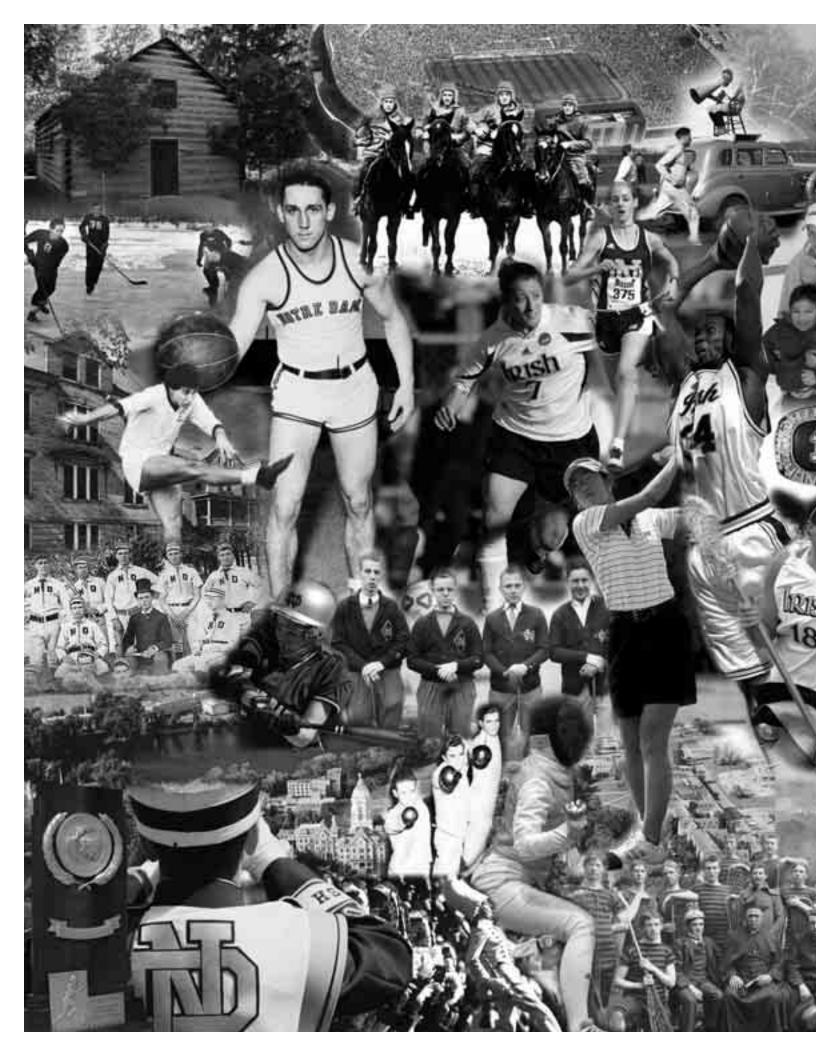
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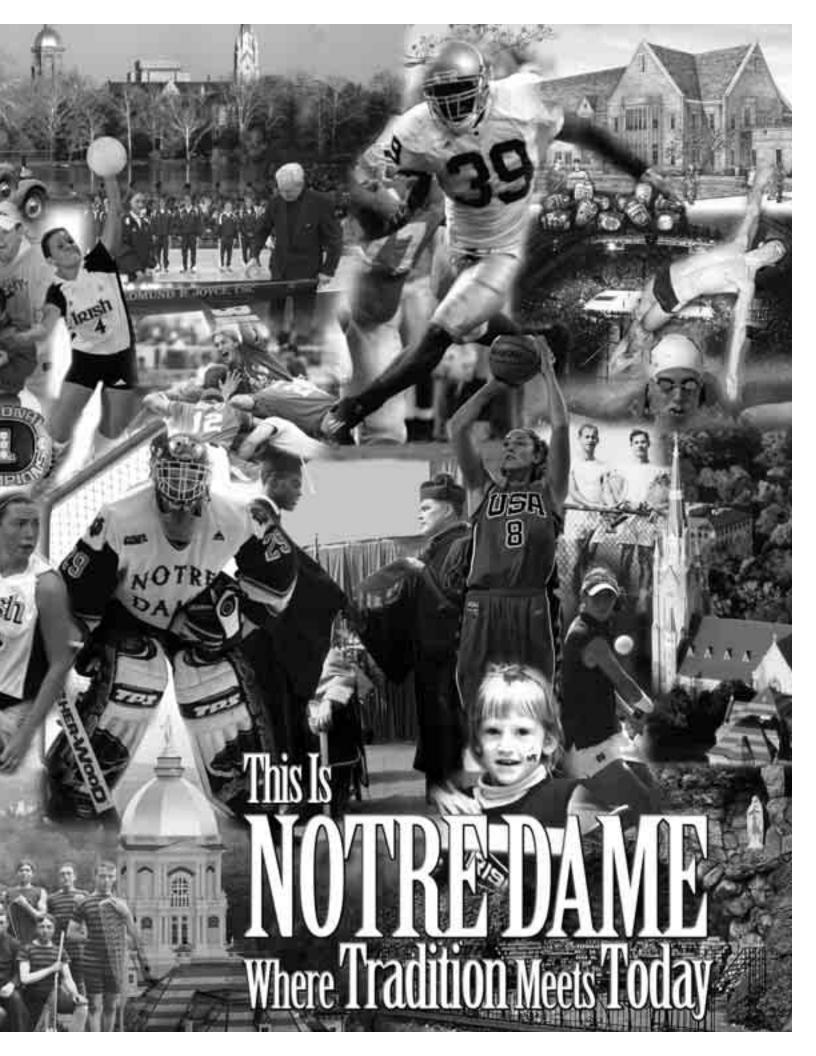
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Media N

Information

Print Media

The Observer (Mike Gilloon) www.ndsmcobserver.com LaFortune Student Center Notre Dame, IN 46556 (574) 631-7471 Fax (574) 631-6927

South Bend Tribune

(Bill Bilinski) www.southbendtribune.com 225 West Colfax Avenue South Bend, IN 46626 (574) 235-6316 Fax (574) 235-6091

Notre Dame Scholastic

www.nd.edu/~scholast LaFortune Student Center Notre Dame, IN 46556 (574) 631-7569 Fax (574) 631-9648

Irish Sports Report

(Bob Weinecke) www.irishsports.com 225 West Colfax Avenue South Bend, IN 46626 (574) 235-6161 Fax (574) 239-2646

Blue & Gold Illustrated

(Lou Somogyi) www.blueandgold.com 1605 North Home Mishawaka, IN 46545 (574) 255-9800 Fax (574) 255-9700

Associated Press

(Tom Coyne) South Bend Tribune Building 225 West Colfax Avenue South Bend, IN 46626 (574) 288-1649 Fax (574) 236-1765

Taper and Shave

(Stu Corliss) tapershave@aol.com P.O. Box 3201 Carmichael, CA 95609-3201 (916) 489-3454

Swimming World

(Judy Jacob) www.swiminfo.com swimworld@aol.com P.O. Box 20337 Sedona, AZ 86341 (520) 284-4005 Fax (520) 284-2477

Television

WNDU-TV - NBC (Jeff Jeffers/Jack Nolan) P.O. Box 1616 South Bend, IN 46634 (574) 631-1616/1239 Fax (574) 631-2916

WSBT-TV/Radio - CBS

(Charlie Adams/Greg Carroll) 300 West Jefferson South Bend, IN 46601 (574) 472-8124 Fax (574) 288-6630

Media Following the Irish

WSJV-TV - FOX (Dean Huppert) 59096 County Road 7 South Elkhart, IN 46514 (574) 679-4545 or 293-9227 Fax (574) 294-1324

College Sports Television

Chelsea Piers, Pier 62 New York, NY 10011 (212) 342-8700 Fax (212) 342-8899

Radio

WHME TV/Radio

(Chuck Freeby/Bob Nagle) 61300 Ironwood Road South Bend, IN 46625 (574) 291-8200 Fax (574) 291-9043

WVFI-AM Radio

University of Notre Dame P.O. Box 532 Notre Dame, IN 46556 (574) 631-5379

WDND-ESPN Radio 1000

(Sean Stires) 3371 Cleveland Rd. Ext. Ste. 310 South Bend, IN 46628 (574) 273-9300 Fax (574) 273-9090



Notre Dame Sports Information

(Alan Wasielewski) www.und.com 112 Joyce Center Notre Dame, IN 46556-5678 (574) 631-7516 Fax (574) 631-7941

BIG EAST Conference

www.bigeast.org 222 Richmond Street Providence, RI 02903 (401) 272-9108 Fax (401) 751-8540

College Sports Online

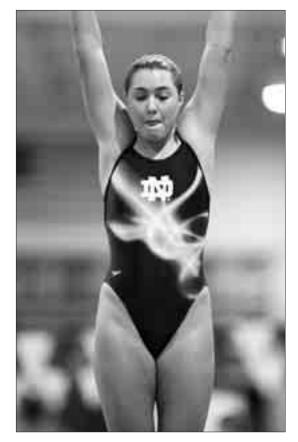
(Alan Wasielewski) www.collegesports.com 112 Joyce Center Notre Dame, IN 46556 (574) 631-3397 (760) 431-8221 (Carlsbad, Calif.)

College Swimming Coaches Association of America

www.cscaa.org P.O. Box 591 Somers, WI 53171 (877) 267-9234



Sophomore Caroline Johnson, a four-time BIG EAST relay champion and two-time BIG EAST runner-up, returns as a key force in Notre Dame's backstroke and freestyle lanes.



Sophomore Tara Hyer will be looked on as the leader for the Irish off both diving boards in 2005-06. She was the BIG EAST runnerup in three-meter diving at the 2005 conference championship.



UNIVERSITY OF NOTRE DAME

10 2005-06

Notre Dame head coach Carrie Nixon expects Katie Carroll (pictured) to compete for the 2006 NCAA title in the 400 individual medley. Carroll finished sixth in the event at the 2005 NCAA meet.

2005-06

Season Outlook

Nixon Era Begins With A Team Full Of Promise

Irish set their goal to be one of the best teams in the country this season

The Notre Dame women's swimming αnd diving program went through a dramatic change during the summer of 2005. Bailey Weathers, head coach of the Irish 10 years, for decided to move on after leading

Notre Dame to nine consecutive BIG EAST Championships. The Irish athletic administration did not have to look far for his replacement, moving up assistant coach and 2002 Notre Dame graduate Carrie Nixon into the head position.

Nixon, the most accomplished swimmer in Notre Dame history, is taking over a team

poised for a breakout season. Across the board, all of the team's top swimming performers return from the 2004-05 season. With some key development in the diving well, Nixon looks ahead to a great finish for her first Notre Dame team.

"We should be able to finish in the top 10 at the NCAA Championships," Nixon says.

"We have the talent. It has always been here, but in one way or another we haven't realized it yet."

The coaching change also has brought about a drastic change on the Irish roster. Due to a few swimmers and divers deciding to end their careers early, Notre Dame will feature a young team with just on senior on the roster, breaststroker Courtney Choura.

"They are good kids who are learning to be good leaders," Nixon says.

"They are learning how to use each other's strengths and weaknesses to their advantage. They are passionate. They love Notre Dame and want to represent Notre Dame well. They are excited with the change. The team now has input and investment in the program."

Notre Dame has been a constant presence in the College Swimming Coaches Association Top 25 over the last several years, but the 2004-05 season was the first time the Irish did not finish ranked in the final poll. Due to a stellar performance at the NCAA Championships by current junior Katie



most Sophomore Kelly Battle returns after placing in the top 20 of three events at the 2005 BIG EAST Championship mmer (11th in 200 IM, 14th in 200 Fly, 19th in 400 IM).

Carroll and graduated diver Meghan Perry-Eaton, Notre Dame finished 24th in the final team standings.

Both ratings are expected to improve this season. Nixon has raised the level of competition for the Irish during the dual-meet season, keeping to the adage 'one must swim against the best to be the best.' Among the teams on Notre Dame's dual-meet schedule are California, Michigan, Minnesota and Purdue.

"It is a learning experience," Nixon says. "They are all top-line teams. We must approach the meet as – we are going to go in and compete. We are going to swim well, swim our meet and our races. Win or lose, at the end you come away as a better athlete and you know how to work in high-pressure situations. You can grow from the experience. It is hard to come away from those meets without having learned something or gained experience."

Notre Dame will take part in the Minnesota Invitational (Nov. 18-20), Notre Dame Invitational (Dec. 1-3) and Georgia Invitational (Dec. 3-5) during the season in preparation for the BIG EAST Championships Feb. 15-17 in New York.

"We are excited about the new teams coming into the league this year (Louisville, Cincinnati)," Nixon says.

"The BIG EAST has done better as a league and last year we qualified more women's teams than ever for the NCAA meet. That is an important step for us. We are on the way up and the league is doing good work to market the BIG EAST as a swimming conference."

There is a perceptible feeling of renewed energy in the Notre Dame women's swimming and diving program this year. As the Nixon era begins, here is a breakdown of each stroke group on the 2005-06 team.

DISTANCE FREESTYLE

The distance freestyle group will feature junior Abby Strang, sophomore Georgia Steenberge and freshmen Claire Hutchinson and Casey Wagner. "We are very excited about the distance freestyle group this year," Nixon says. "Abby was our go-to

girl last year for everything that was distance. For the first time in her career she has people to train with and people to push her. The group gets along very well."

Strang finished fourth in the 1,650 freestyle at the 2005 BIG EAST Championship, while qualifying for the meet in the 500 free and 400 IM as well. Hutchinson swam with the North Baltimore Aquatic Club for 10 years and participated in the 2004 Olympic Trials in the 800meter freestyle. She also was a four-time national finalist in the 1,500-meter freestyle.

MIDDLE DISTANCE FREESTYLE

Junior Ellen Johnson is the de facto leader of this group for the Irish. She set a Notre Dame record in the 200 freestyle at the BIG EAST meet last season and finished as the conference runner up in that event, as well as in the 500 freestyle.

"I am really excited for Ellen this year," Nixon says.

"She had a fantastic year last season and has really re-committed herself. She has made the decision that she wants to be good and is going full-steam ahead toward that goal."

Sophomore Morgan Bullock (BIG EAST qualifier) and classmate Kayla Graham (20th in 200 free at '05 BIG EAST meet) will provide depth for the Irish in the 200 freestyle.

SPRINT FREESTYLE

This group is close to Nixon's heart, as she finished her career as the best sprint



6

freestyler in Notre Dame history. Notre Dame's 2005-06 sprint freestyle group is young and talented, with each swimmer bringing their own strengths to the group.

"As my specialty position, it is the one I take the most pride in," Nixon says.

"It is α young group of kids but I think they are willing to learn and try new things."

Freshman Christa Riggins is expected to step in as one of the team's top threats in the sprint lane. Ā junior national relay champion

Junior Ellen Johnson set the school record in the 200 freestyle (1:49.20) at the 2005 BIG EAST meet. She member of three finished second in the race, earning her fourth all-BIG EAST accolade of the championship.

teams during her prep career, Riggins will combine with junior Rebecca Grove, junior Krissy Archer, sophomore Katie Guida, junior Meghan Linelli and sophomore Rain Paulson-Andrews to make up an inexperienced but talented group of sprinters.

"Christa will be phenomenal when she puts her mind to it," Nixon says as she runs through her sprint freestyle roster.

"Rebecca is already solid and a very hard worker. Krissy is a good person to have on the team. She is a great recruiter and teammate. Katie is a unique girl, very team-oriented, always comes to practice with a smile and asks the right questions. I am excited to see Meghan swim this year. She has turned a corner and has changed some things in her stroke. Raine has set her goals high for the Olympics in 2008 representing Jamaica. She

TEAM INFORMATION

2004-05 Record: 6-3 2004-05 Final CSCAA Ranking: not ranked 2005 BIG EAST Championships: lst, 804 points 2005 NCAA Championships: 24th, 32 points All-America Honorees Returning: Katie Carroll, Jr. - All-American (2005 - 400 IM) honorable mention (2005 - 200 IM, 2004-200 IM, 400 IM) Monogram Winners Returning/Lost: 21/10 2005 BIG EAST Champions Returning: Katie Carroll, Jr. - 200 IM, 400 IM, 400 medley relay, 200 free relay, 400 free relay, 800 free relay Rebecca Grove, Jr. - 200 free relay, 400 free relay, 800 free relay Katie Guida, So. - 200 free relay Caroline Johnson, So. - 200 free relay, 400 free relay, 800 free relay, 400 medley relay Ellen Johnson, Jr. - 400 free relay, 800 free relay Jessica Stephens, Jr. - 200 breaststroke, 400 medley relay NCAA Qualifiers Returning/Lost: 1/2

can do that for sure. She has done a complete turnaround in terms of where she is and what she wants to do."

BACKSTROKE

The key word for Notre Dame's backstroke group is flexibility. Any combination of Grove, Ellen Johnson, sophomore Caroline Johnson, sophomore Noemie Brand and junior Kiley Gooch is capable of outstanding efforts in the backstroke, but all the swimmers in the group also can compete well in other events.

Ellen Johnson and Gooch finished in the top 14 of the 200 backstroke at the BIG EAST meet last season and will look to improve those finishes this season. Caroline Johnson should be the one to beat in the 100 backstroke, finishing second last season in 56.44 (after posting a 55.52 in the prelims). Grove

also will contend for the BIG EAST title in the 100 back, having finished seventh last season.

'We have a great group of backstrokers," Nixon savs.

"They are very versatile and can go in a lot of directions. They are all good backstrokers first but they are also very successful in other areas. That is good, because it gives us some flexibility to move people around in the backstroke area to create some freshness."

BREASTSTROKE

The breaststroke is a unique bunch by nature, because the stroke is so unlike all the others. Notre

Dame features a very deep and talented pool of breaststroke specialists, led by junior Jessica Stephens. The defending BIG EAST Champion in the 200 breast, Stephens will combine with sophomore Natalie Burke, junior Julia Quinn, senior

Courtney Choura, junior Annie Sweeney and sophomore Katie Hopkins to give Nixon α number of talented

Season Outlook

0 2005-06

choices to fill out her meet lineup.

"Jessica is going to have a great year," Nixon says.

"She is a powerhouse who muscles through the water and can be very intimidating if you see her on the

block next to you. There is a lot of promise and flexibility with this group. With the addition of Julia (a transfer from Minnesota who swam in the 2005 NCAAs), the medley relays free up a little bit and we can move people around more. We are not locked into any one lineup. That can only help as we progress through the year."

BUTTERFLY

Deep in the 200 butterfly, Nixon will need to lean on All-American Katie Carroll and Jessica Stephens for the 100 fly. Carroll is arguably the most talented swimmer on the team and dominant in the individual medleys, while Stephens is the breaststroke aroup leader.

"With Katie and Jessica, we have the sprint fly covered," Nixon says.

'That is not their favorite event, but it is an area where they need to fill in. For the 200 butterfly we have a lot of candidates. It is a versatile group, much like the backstroke. They come from a lot of places and I don't know if any of them is a primary butterflyer. They are all capable of getting the job done, however."

The 200 butterfly will be covered by freshman Casey Wagner, junior Kiley Gooch, Carroll, junior Abby Strang and freshman Claire Hutchinson.

INDIVIDUAL MEDLEY

Any discussion of Notre Dame's future in the individual medley begins with junior Katie Carroll. An All-American finish of sixth in the 400 IM at the NCAA meet in 2005, coupled with a solid 14th-place effort in the 200 IM scored 16 points for the team at the NCAA championship. Carroll gives the Irish a closeto-unbeatable force in the 400 IM.



2005-06 WOMEN'S SWIMMING & DIVING



"Katie has a good shot to win the 400 IM at the NCAAs this year," Nixon says.

"She is someone that needed a team around her to strive forward with. I think she has felt that she has been flying solo, even through high school. She has started to realize that there are people on this team that want what she wants. They want to be at NCAAs, they want to be All-Americans and there is a support network for her to lean on. That is good to see and is probably her last step toward being really great – acceptance of those around her. She is more motivated than ever and has a team

around her that wants to see her succeed."

Carroll won both the 400 and 200 IM at the BIG EAST meet and added on four victories on relay teams to give her six conference titles last season. As the leader in the IM, she will combine with sophomore Kelly Battle, senior Courtney Choura, junior Kiley Gooch and junior Annie Sweeney to give the Irish a bevy of talented options in the individual medleys.

DIVING

Notre Dame will need to replace a consistent force in diving, as two-time All-American Meghan Perry-Eaton graduated in 2005. Sophomore Tara Hyer is poised to take up the slack in the diving well this season.

ROSTER BREAKDOWN

By Class

Seniors (1): Choura

Juniors (12): Archer, Barton, Carroll, Galagan, Gooch, Grove, E. Johnson, Linnelli, Quinn, Stephens, Strang, Sweeney

Sophomores (11): Battle, Brand, Bullock, Burke, Graham, Guida, Hopkins, Hyer, C. Johnson, Paulson-Andrews, Steenberge

Freshmen (5): Hirt, Hutchinson, Mazur, Riggins, Wagner

By Stroke

Backstroke (6): Barton, Brand, Bullock, Gooch, C. Johnson, E. Johnson

Breaststroke (6): Burke, Choura, Hopkins, Quinn, Stephens, Sweeney

Butterfly (7): Barton, Carroll, Hopkins,

Steenberge, Stephens, Strang, Wagner **Freestyle (19):** Archer, Barton, Brand, Bullock, Carroll, Galagan, Graham, Grove, Guida, Hutchinson, C. Johnson, E. Johnson, Linnelli, Paulson-Andrews, Riggins, Steenberge, Strang, Sweeney, Wagner

Individual Medley (8): Barton, Battle, Carroll, Choura, Hutchinson, Quinn, Stephens, Sweeney Diving (3): Hirt, Hyer, Mazur



Junior Kiley Gooch is one of the most diverse swimmers on the Irish team. She has the ability to compete in the individual medley, backstroke and butterfly, qualifying for the 2005 BIG EAST Championship in all three strokes.

"Tara had a spectacular year last season," Nixon says.

"She improved in every way and really blossomed on the board and as a teammate. She came in feeling that she might be on the cusp of becoming a leader, but this year she has really taken over that role. She has potential that she doesn't really know is there yet."

Hyer, who finished sixth in one-meter diving and second in three-meter diving at the BIG EAST meet last season, also captured the exhibition competition of platform diving at the league championship. She will be backed up by two freshmen – Lucy Hirt and Jill Mazur. "Lucy was the Illinois state champ and is battling through some early injuries as a result of her club diving," Nixon says.

"She is on the way up. Caiming (Xie) is really great at developing talent. He brings in kids who have fundamental skills and will develop them into a Heather Mattingly or Meghan Perry-Eaton.

"Jill comes from a gymnastic background. She is very athletic, very up-beat and someone you just love to see on deck. She is excited to be a part of this team more so than anyone."



As a freshman last season, Natalie Burke qualified for the BIG EAST meet in the 200 IM, 100 breast and 200 breast. She eventually finished 11th in the 100 breaststroke.



UNIVERSITY OF NOTRE DAME

2005-06 Notre Dame Women's Swimming and Diving Roster

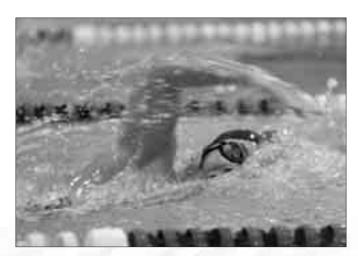
Name	Events	<u>Yr.</u>	Ht.	Birthdate	Hometown/High School
Krissy Archer	Free	Jr.	5-8	7-12-85	Chesapeake, VA/Hickory H.S.
Ann Barton	Free/IM/Back/Fly	Jr.	5-7	2-1-85	Scottsdale, AZ/Desert Mountain H.S.
Kelly Battle	Breast/IM	So.	5-6	5-20-86	Allison Park, PA/North Allegheny H.S.
Noémie Brand	Back/Free	So.	5-8	4-24-86	Pointe-Claire, Québec/Phillips Exeter Academy [NH]
Morgan Bullock	Free/Back	So.	5-9	7-11-86	Stamford, CT/Westhill H.S.
Natalie Burke	Breast	So.	5-7	8-1-85	Cape Town, South Africa/Reddam House College
Katie Carroll	Fly/Free/IM	Jr.	5-8	1-10-85	Toledo, OH/Notre Dame Academy
Courtney Choura	Breast/IM	Sr.	5-6	5-9-84	Bridgeville, PA/Oakland Catholic H.S.
Grace Galagan	Free	Jr.	5-6	9-1-84	Albuquerque, NM/Albuquerque Academy
Kiley Gooch	Back/IM	Jr.	5-5	6-21-85	Carmel, IN/Carmel H.S.
Kayla Graham	Free	So.	5-10	9-11-86	Dartmouth, Nova Scotia/Auburn Drive H.S.
Rebecca Grove	Back/Free	Jr.	5-11	1-30-85	Yorktown Heights, NY/Yorktown H.S.
Katie Guida	Free	So.	5-10	11-9-85	Alexandria, VA/Georgetown Visitation Prep School
Lucy Hirt	Diving	Fr.	5-6	2-9-87	Mundelein, IL/Mundelein H.S.
Katie Hopkins	Breast/Fly	So.	5-6	12-15-86	Ellicott City, MD/Notre Dame Preparatory School
Claire Hutchinson	Free	Fr.	5-3	11-17-86	Baltimore, MD/McDonogh H.S.
Tara Hyer	Diving	So.	5-4	9-9-85	Tampa, FL/Academy of the Holy Names
Caroline Johnson	Free/Back	So.	5-10	7-10-86	Springfield, MO/Glendale H.S.
Ellen Johnson	Back/Free	Jr.	5-8	6-8-84	Toledo, OH/Notre Dame Academy
Meghan Linnelli	Free	Jr.	5-5	11-2-84	Canfield, OH/Canfield H.S.
Jill Mazur	Diving	Fr.	5-2	8-9-87	Pittsburgh, PA/Seton-LaSalle H.S.
Raine Paulson-Andrews	Free	So.	5-9	4-9-86	Montego Bay, Jamaica/Gulliver Prep School [FL]
Julia Quinn	Breast/IM	Jr.	5-7	6-30-85	Evanston, IL/Evanston Township H.S.
Christa Riggins	Free	Fr.	5-10	6-17-87	Phoenix, AZ/Sunnyslope H.S.
Georgia Steenberge	Fly/Free	So.	5-7	10-5-85	Granbury, TX/Granbury H.S.
Jessica Stephens	Fly/Breast/IM	Jr.	5-9	6-14-85	Bloomsburg, PA/Bloomsburg H.S.
Abby Strang	Free/Fly	Jr.	5-5	7-19-85	St. Simons Island, GA/Bolles School (FL)
Annie Sweeney	Breast/Free/IM	Jr.	5-5	3-24-85	Los Gatos, CA/Archbishop Mitty H.S.
Casey Wagner	Free	Fr.	5-6	10-19-86	Glenshaw, PA/Shady Side Academy

Head Coach:

Carrie Nixon (Notre Dame '02) **Diving Coach**: Caiming Xie (Beijing Institute of Physical Education '85) **Assistant Coach:** Joel White (Wisconsin-Milwaukee '02) **Volunteer Assistant Coaches:** Katie Cavadini Chris Court * – denotes monograms earned

Pronunciation Guide Noémie no-AME-ee Linnelli lynn-ELL-ee RAIN Choura CORE-uh Raine Galagan GAL-again Steenberge STEEN-burdge GWEE-duh kai-MING ZHEE Guida Caming Xie HIGH-er Hyer

Annie Sweeney





Meghan Linnelli

2005-06 WOMEN'S SWIMMING & DIVING



BIG EAST N

2006 BIG EAST Conference Swimming and Diving Qualifying Standards					
Event	<u>A</u>	<u>B</u>			
50 Freestyle	24.79	25.23			
100 Freestyle	53.76	55.37			
200 Freestyle	1:55.83	1:59.30			
500 Freestyle	5:08.76	5:18.02			
1,650 Freestyle	18:05.40	18:37.96			
100 Butterfly	59.46	1:01.24			
200 Butterfly	2:10.56	2:14.47			
100 Backstroke	1:00.95	1:02.77			
200 Backstroke	2:11.23	2:15.16			
100 Breaststroke	1:09.66	1:11.74			
200 Breaststroke	2:29.43	2:33.91			
200 Individual Medley	2:11.28	2:14.21			
400 Individual Medley	4:38.31	4:46.65			
lm Diving	235	225			
-	Duαl: 245	Dual: 235			
Cho	amp.:385	Champ.: 375			

Qualifying for the BIG EAST Championships

In order to qualify for the BIG EAST Swimming and Diving Championships, a student-athlete must achieve an "A" qualifying standard in at least one event. Once in the field, a student-athlete may swim up to two additional events in which she has achieved a "B" qualifying time. She may initially enter as many events as she has "B" qualifying times for, but must then scratch down to a maximum of three events with at least one being an event in which she has an "A" qualifying time. No amount of "B" qualifying times equals an "A" qualifying time; thus, no athlete without an "A" qualifying time in some event makes the field for individual swimming events. Each team may qualify an unlimited number of competitors to the meet, but may enter only 23, with divers counting as one-half.

There are no qualifying standards for relays. Each school with individual qualifiers may enter one relay team in each event. If a school has fewer than 15 individual qualifiers, it also can add one or more swimmers to its entry list for the sole purpose of swimming relays, with the number of additions determined by the number of qualifiers the school has.

Qualifying standards determine the berths in the diving competitions. A diver must achieve a qualifying score and degree of difficulty, both at the same time, to gain entrance to the meet. Divers must qualify separately for each event, and there are different standards for dual and championship competition.

Qualifying for the NCAA Championships

The NCAA Women's Swimming and Diving Championships have a fixed field of 320 swimmers, including 35 divers. The swimming field consists first of all studentathletes who have achieved an "A" qualifying standard in any event. Beyond that, entry is given to student-athletes with the best "B" qualifying standards in events with the fewest "A" qualifiers until all the events have an equal number of entrants. From there, additional "B" qualifiers are added in order, one per event at a time, until the field size of 320 is reached. If a complete additional round of next-best qualifiers will put the field over 320, the times that are closest in percentage terms to the national record are given the final spots in the field. Any student-athlete in the field may enter and compete in a maximum of three events.

For instance, if there are four "A" qualifiers in the 100 backstroke, 10 in the 100 butterfly, and between four and 10 in every other

2006 NCAA		ng and I d Course	-	ualifying er Course	<mark>y Standa</mark> 50-Meter	
Event	A	B	A	B	A	B
50 Freestyle	22.88	23.56	25.54	26.30	26.01	26.78
100 Freestyle	49.49	50.97	55.24	56.89	56.24	57.93
200 Freestyle	1:47.09	1:50.30	1:59.53	2:03.11	2:01.01	2:04.64
500 Freestyle	4:45.46	4:54.02	4:09.75	4:17.24	4:14.88	4:22.52
1,650 Freestyle	16:23.54	16:53.04	16:20.60	16:50.01	16:43.62	17:13.72
100 Butterfly	53.75	55.36	59.99	1:01.79	1:00.40	1:02.21
200 Butterfly	1:58.11	2:01.65	2:11.82	2:15.78	2:12.71	2:16.69
00 Backstroke	54.47	56.10	1:00.80	1:02.62	1:01.55	1:03.40
200 Backstroke	1:58.24	2:01.78	2:11.97	2:15.92	2:13.61	2:17.61
100 Breaststroke	1:01.70	1:03.86	1:08.87	1:11.28	1:10.93	1:13.41
200 Breaststroke	2:14.25	2:18.27	2:29.84	2:34.33	2:32.56	2:37.13
200 Individual Medley	2:00.52	2:04.29	2:14.52	2:18.72	2:16.96	2:21.24
100 Individual Medley	4:15.63	4:23.60	4:45.31	4:54.20	4:48.85	4:57.86
200 Medley Relay	1:39.75	1:42.89	1:51.33	1:54.84	1:53.23	1:56.79
100 Medley Relay	3:38.02	3:44.86	4:03.33	4:10.97	4:07.48	4:15.24
200 Freestyle Relay	1:31.01	1:33.74	1:41.58	1:44.63	1:43.43	1:46.53
100 Freestyle Relay	3:18.95	3:24.91	3:42.05	3:48.70	3:46.08	3:52.86
300 Freestyle Relay	7:11.65	7:24.59	8:01.76	8:16.20	8:07.75	8:22.37
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event, then the top "B" qualifying times will be given entrance until every event has 10 participants in it. From there, the next best "B" time is added in each event, one by one, until the field is full. If not enough spaces remain to take the next entire round of "B" qualifiers, those swimmers' times are compared in percentage terms to NCAA records in the events and taken in order until the field is full.

In relay competition, teams with the top 13 times in each relay earn invitations to the meet. In addition, a team with four qualifiers also may compete in any relay in which it posted a "B" qualifying time at some point throughout the year, even if the NCAA qualifiers did not participate in the "B" time.

The diving field is determined by performance at five NCAA zone meets, which take place two weeks prior to the NCAA Championships. A student-athlete qualifies for the zone diving meet by registering a performance in which she scores points equal or better than the qualifying standard. Each zone sends a minimum of four divers to the NCAA meet, with the zones that had better performances at the previous year's NCAAs getting additional entries. In 2006, Zone C, in which Notre Dame competes, will send seven divers to the NCAA Championships. Once in the 35-diver field, a student-athlete may compete in both the one- and threemeter springboard events, but can only take part in the platform competition if she participated in it at the zone meet.

