



2018 Notre Dame Football Pro Day: By The Numbers

- ❑ Nine former University of Notre Dame football players worked out at the annual Fighting Irish Football Pro Day today at the Guglielmino Athletics Complex and Loftus Sports Center.
- ❑ Height and weight measurements, vertical jump, broad jump and bench press were all conducted at Haggar Fitness Complex within the Guglielmino Complex.
- ❑ The 40-yard dash, pro agility (20-yard shuttle), 60-yard shuttle, three-cone drill and position-specific drills all occurred on Meyo Field at Loftus Sports Center.
- ❑ Players worked out in front of 58 representatives from all 32 NFL teams.
- ❑ RB **Josh Adams**, LB **Greer Martini**, OT **Mike McGlinchey**, LB **Nyles Morgan**, OG **Quenton Nelson**, TE **Durham Smythe**, WR **Equanimeous St. Brown**, DL **Andrew Trumbetti** and QB **Malik Zaire** all participated in the Pro Day.
- ❑ Trumbetti was the only player to take part in every drill. Martini and Morgan only skipped the bench press. Adams did not do the bench press or the pro agility (20-yard shuttle). Zaire did not do the bench press or the 60-yard shuttle.
- ❑ St. Brown did the vertical jump and position drills, while Nelson, Smythe and McGlinchey only did position drills.
- ❑ Adams was clocked at 4.48 in the 40-yard dash, which would've ranked fifth among his position group at the 2018 NFL Combine. The only running backs that recorded quicker times at the combine were Nyheim Hines, NC State (4.38), Saquon Barkley, Penn State (4.40), Kalen Ballage, Arizona State (4.46) and Rashaad Penny, San Diego State (4.46).
 - ❑ Adams time of 6.75 in the three-cone drill would've been the fastest among all running backs at the combine. The top time registered in the three-cone drill was 6.79 by Chase Edmonds of Fordham. Ballage (6.91), Kerryon Johnson, Auburn (7.07), Nick Chubb, Georgia (7.09) and Hines (7.18) were all slower than Adams.
 - ❑ Adams' 11.31 in the 60-yard shuttle would've ranked second at the combine.
 - ❑ Adams' broad jump of 10'2" also would've ranked fifth at the combine--better than both Hines and Penny (Barkley didn't do the broad jump at the combine and Ballage also jumped 10'2").
- ❑ Trumbetti registered 25 reps of 225, which would've ranked tied for sixth among edge rushers at the combine. His time of 4.83 in the 40-yard dash would've ranked tied for 15th. Trumbetti's three-cone drill time of 7.19 would've ranked ninth--just behind LSU's Arden Key.
- ❑ Martini's 33" in the vertical leap would've ranked tied for 13th among linebackers at the combine.
 - ❑ Martini's 6.89 in the three-cone drill would've ranked sixth--better than Rashaan Evans, Alabama (6.95) and Micah Kizer, Virginia (7.05).
 - ❑ Martini's broad jump of 9'11" also would've ranked tied for ninth--better than Tremaine Edmunds, Virginia Tech (9'9"), Josey Jewell, Iowa (9'9"), Skai Moore, South Carolina (9'9") and Shaquem Griffin, Central Florida (9'9") and Evans (9'9")

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