



NOTRE DAME

SWIMMING & DIVING

FIGHTING IRISH MEDIA	
Assistant Athletics Communications Director	
Claire Kramer	ckramer@nd.edu
	913-952-6454 (cell)

2019-20 NOTRE DAME SWIMMING & DIVING SEASON AT A GLANCE

CSCAA MEN'S POLL (DEC. 11)

RANK	TEAM
1.	Texas
2.	California
3.	Michigan
4.	Texas A&M
5.	Indiana
6.	NC State*
7.	Missouri
8.	Arizona
9.	Florida
10.	Tennessee
11.	Georgia
12.	Arizona State
13.	Louisville*
14.	Florida State*
15.	Virginia*
16.	Ohio State
17.	NOTRE DAME
18.	Iowa
19.	Stanford
20.	Southern Cal
21.	Utah
22.	North Carolina*
23.	Auburn
24.	Virginia Tech*
25.	Duke*

* Denotes ACC schools

CSCAA WOMEN'S POLL (DEC. 11)

RANK	TEAM
1.	California
2.	Tennessee
3.	Virginia*
4.	Stanford
5.	Michigan
6.	NC State*
7.	Florida
8.	Georgia
9.	Southern Cal
10.	Texas
11.	Louisville*
12.	Missouri
13.	Kentucky
14.	Auburn
15.	Indiana
16.	North Carolina*
17.	Alabama
18.	Ohio State
19.	Texas A&M
20.	Duke*
21.	Arizona State
22.	Arizona
23.	Houston
24.	Minnesota
25.	Northwestern

* Denotes ACC schools

2019-20 dual meet opponents in **bold**

2019-20 NOTRE DAME SCHEDULE

Notre Dame Men's Dual Record: 3-3

Notre Dame Women's Dual Record: 3-3

DATE	OPPONENT/EVENT	LOCATION	Results: M/W
Oct. 4	#17/24 Florida State	Notre Dame, Ind.	W/W
Oct. 9	NR/#19 Kentucky/ #6/9 Indiana	Lexington, Ky.	L/L; L/L
Oct. 25	Purdue	W. Lafayette, Ind.	W/W
Nov. 1	#11/13 Louisville	Louisville, Ky.	L/L
Nov. 8-9	Pittsburgh	Pittsburgh, Pa.	W/W
Nov. 21-23	Ohio State Invitational	Columbus, Ohio	M: 2, W: 3
Jan. 11	Illinois/Iowa (women)	Iowa City, Iowa	11 a.m.
Jan. 17	Northwestern	Notre Dame, Ind.	Noon
Jan. 24-25	Shamrock Invitational	Notre Dame, Ind.	All day
Feb. 1	Ball State/Michigan State	Notre Dame, Ind.	1 p.m.
Feb. 14	Ohio State Winter Invitational	Columbus, Ohio	All day
Feb. 19-22	Women's Swimming ACC Championships	Greensboro, N.C.	All day
Feb. 19-22	Diving ACC Championships	Greensboro, N.C.	All day
Feb. 26-29	Men's Swimming ACC Championships	Greensboro, N.C.	All day
March 12-14	NCAA Zone C Diving Championships	Lexington, Ky.	All day
March 18-21	NCAA Women's Championships	Athens, Ga.	All day
March 25-28	NCAA Men's Championships	Indianapolis, Ind.	All day

2019-20 NOTRE DAME SWIMMING & DIVING ROSTER

MEN

Name	Events	Cl.	Hometown/High School
Will Barao	Free	Fr.	Hingham, MA/Hingham
Marci Barta	IM	So.	Szombathely, Hungary/Nagy Lajos Gimnázium
JP Becker	Back, Breast, IM	Jr.	Rochester, MN/Lourdes
Josh Bottelberghe	Breast, Free	So.	Vancouver, WA/Columbia River
Nick Chase	Back, Fly	Fr.	Des Moines, IA/Dowling Catholic
Will Cumberland	IM, Back	Jr.	Bristow, VA/Patriot
Dave DeBacker	Diving	Fr.	Ypsilanti, MI/Detroit Catholic Central
Alec DeLong	Free	Fr.	Carmel, IN/Carmel
Jack Fitzpatrick	Back, IM	Fr.	Pittsburgh, PA/Upper St. Clair
Austin Flaute	Diving	So.	Centerville, OH/Centerville
Cristian Herrera	Diving	Sr.	Montebello, CA/Troy
Jack Hoagland	IM, Free	Fr.	Albuquerque, NM/La Cueva
Liam Hutchinson	IM, Free	Fr.	Glen Ellyn, IL/Fenwick
Charles Korndorffer	Fly, Back	Fr.	New Orleans, LA/Jesuit HS of New Orleans
Matt Limbacher	Breast, Free	So.	Naples, FL/Naples
Sadler McKeen	Free	Jr.	Birmingham, AL/Briarwood Christian
Nick Milikich	IM, Back	Sr.	Austin, TX/Cedar Ridge
Max Miranda	Fly, IM	So.	East Greenwich, RI/Suffield Academy
Jack Montesi	Back, Breast, Free	Sr.	Riverside, CT/Greenwich
David Petrison	Diving	So.	Pittsford, NY/Pittsford Mendon
William Rains	Diving	Fr.	Los Angeles, CA/Harvard-Westlake
Rex Riley	Breast	Sr.	Erie, PA/Cathedral Prep
Michael Rosa	Breast, IM	Fr.	Riverside, IL/Riverside Brookfield
Brendan Santana	Fly/Back	Jr.	San Diego, CA/University City
Aaron Schultz	Free, Fly, IM	Sr.	Richmond, VA/Deep Run
Zach Smith	Fly, Back	So.	Tuscaloosa, AL/Holy Spirit
Topher Stensby	Free	Fr.	Lincolnshire, IL/Adlai E. Stevenson
Luke Thornbrue	Free	Fr.	Hillsboro, OR/Century
Joe Turk	Back, IM, Fly	Sr.	North Andover, MA/St. John's Prep
Cason Wilburn	Free, Fly	Fr.	Chesapeake, VA/First Colonial
Andrew Winton	IM, Breast	So.	Lawrenceville, GA/Collins Hill
Zach Yeadon	Free	Jr.	San Antonio, TX/Reagan

WOMEN

Name	Events	Cl.	Hometown/High School
Claire Andrews	Diving	Sr.	The Woodlands, TX/The Woodlands College Park
Sarah Boyle	Back, Fly	Fr.	Centreville, VA/Westfield
Catie Brennan	Back	So.	New York, NY/Convent of the Sacred Heart
Claire DeSelm	IM, Fly	Sr.	Chapel Hill, NC/Chapel Hill
Abbie Dolan	Free	Sr.	Sunfish Lake, MN/Visitation
Sammie Eyolfson	IM, Breast	So.	Boise, ID/Boise
Skylar Fore	Free, Fly	Jr.	Cedarburg, WI/Cedarburg
Elizabeth Fry	Breast, Fly, IM	Fr.	Towson, MD/St. Paul's
Coleen Gillilan	Fly, Breast, IM	Fr.	Fort Collins, CO/Fossils Ridge
Sam Gillis	Diving	Fr.	Greensboro, NC/Northwest Guilford
Cailey Grunhard	Fly, Free, Back	Jr.	Mission Hills, KS/Bishop Miege
Lauren Heller	Free	Sr.	Stow, OH/Hawken
Erin Isola	Diver	Sr.	Allegan, MI/Allegan
Kelly Jacob	Free	Sr.	Oconomowoc, WI/Arrowhead
Reilly Lanigan	Free, Back, IM	Sr.	Lake Forest, IL/Lake Forest
Madeline LaPorte	Free	So.	Broomfield, CO/James Madison
Meaghan Lyons	Breast, IM	Fr.	Bluffton, SC/Hilton Head
Kate McCahan	Diving	Jr.	Dunwoody, GA/Wesleyan
Sarah Nicholls	Breast, IM	So.	Liberty Lake, WA/Central Valley
Maddy Potter	Fly, IM	Fr.	Minneapolis, MN/The Blake School
Carly Quast	Back, Free	Jr.	Maple Grove, MN/Wayzata
Katie Rentz	Fly	Sr.	Aurora, IL/Rosary
Erin Sheehan	IM, Fly, Free	Sr.	Upper Arlington, OH/Upper Arlington
Katie Smith	Free	Sr.	Rochester, NY/Pittsford Sutherland
Sammy Steigerwald	Free	Sr.	Colorado Springs, CO/Air Academy
Bayley Stewart	Back, IM	So.	Fort Collins, CO/Fossil Ridge
Lindsay Stone	Free	Jr.	Rochester, NY/Pittsford Sutherland
Kelly Straub	Diving	Jr.	Omaha, NE/Marian
Tegan Sweeney	Free	So.	Snellville, GA/Brookwood
Luciana Thomas	IM, Fly	So.	Fayetteville, AR/Haas Hall
Annie Wiese	Diving	So.	Carmel, IN/Indiana Connections
Sydney Winters	IM, Back, Breast	Fr.	Feeding Hills, MA/Suffield
Rachel Wittmer	Free, Fly, IM	Jr.	Minneapolis, MN/Edina

COACHING STAFF

Head Coach: Mike Litzinger (Hobart, '84)

Head Diving Coach: Caiming Xie (Beijing Inst. of P.E., '85)

Associate Head Coach: Aaron Bell (Clarion, '04)

Associate Head Coach: April Jensen (Pacific, '09)

Assistant Coach: Mitch Dansky (Connecticut, '12)

Assistant Coach: Joe Brinkman (University of the Cumberland, '15)

Director of Operations: Maggie Maloney (Notre Dame, '18)

Volunteer Assistant Coach: Caleb Lawrence (NC State, '18)

Volunteer Assistant Coach: Annette Eaton (Indiana, '82)

PRONUNCIATION GUIDE

Coach Caiming Xie	high-ming she	Skylar Fore	four	Jack Montesi	mon-tess-ee	Kelly Straub	straw-b
Will Barao	bah-ray-oh	Coleen Gillilan	ch-leen gill-ill-an	David Petrison	pet-rih-sin	Tegan Sweeney	tee-gan
Marci Barta	Marcie	Jack Hoagland	hoh-gland	Carly Quast	kwahst	Luciana Thomas	lucy-ah-na
Josh Bottelberghe	bottle-burg	Erin Isola	ih-sola	Katie Rentz	rents	Luke Thornbrue	thorn-brew
Dave DeBacker	di-backer	Charles Korndorffer	corn-door-fer	Erin Sheehan	she-in	Annie Wiese	wee-see
Sammie Eyolfson	ee-yolf-sun	Matt Limbacher	lim-bah-ker	Sammy Steigerwald	stay-gur-wald	Zach Yeadon	ya-y-dun
Austin Flaute	Flout	Nick Milikich	mil-i-kitch	Topher Stensby	toe-fer stens-bee		



NOTRE DAME SWIMMING & DIVING

MEN'S TEAM RECORDS

INDIVIDUAL

50 FREE	:19.30	JUSTIN PLASCHKA	2018
100 FREE	:42.78	JUSTIN PLASCHKA	2017
200 FREE	1:33.20	FRANK DYER	2014
500 FREE	4:12.74	ZACH YEADON	2018
1000 FREE	8:47.33	ZACH YEADON	2019
1650 FREE	14:32.48	ZACH YEADON	2019
100 BACK	:46.33	JACK MONTESI	2019
200 BACK	1:40.17	ROB WHITACRE	2018
100 BREAST	:52.25	TRENT JACKSON	2017
200 BREAST	1:53.33	ZACHARY STEPHENS	2015
100 FLY	:45.41	JUSTIN PLASCHKA	2018
200 FLY	1:41.70	AARON SCHULTZ	2019
200 IM	1:44.00	ZACHARY STEPHENS	2015
400 IM	3:41.67	MARCI BARTA	2018
1 METER	420.00	JOE COUMOS	2017
3 METER	419.80	JOE COUMOS	2018
PLATFORM	305.90	JAMES LICHTENSTEIN	2016

RELAY

200 MEDLEY RELAY	1:24.88	WHITACRE, JACKSON, PLASCHKA, SPEERS	2017
400 MEDLEY RELAY	3:06.90	WHITACRE, JACKSON, PLASCHKA, AFRIK	2017
200 FREE RELAY	1:16.97	PLASCHKA, SPEERS, R. FUJAN, AFRIK	2017
400 FREE RELAY	2:50.39	AFRIK, SPEERS, PLASCHKA, R. FUJAN	2017
800 FREE RELAY	6:19.91	R. FUJAN, AFRIK, JANY, SCHULTZ	2017



NOTRE DAME SWIMMING & DIVING

WOMEN'S TEAM RECORDS

INDIVIDUAL

50 FREE	22.25	KATIE SMITH	2017
100 FREE	48.27	ABBIE DOLAN	2019
200 FREE	1:43.63	ABBIE DOLAN	2019
500 FREE	4:42.85	LINDSAY STONE	2018
1000 FREE	9:43.05	LINDSAY STONE	2018
1650 FREE	16:06.42	LINDSAY STONE	2018
100 BACK	51.72	CATHERINE MULQUIN	2017
200 BACK	1:52.80	ALICE TREUTH	2019
100 BREAST	57.79	EMMA REANEY	2014
200 BREAST	2:04.06	EMMA REANEY	2014
100 FLY	52.21	CAILEY GRUNHARD	2019
200 FLY	1:54.66	NIKKI SMITH	2019
200 IM	1:54.92	EMMA REANEY	2014
400 IM	4:08.63	EMMA REANEY	2014
1 METER	338.25	JENNY CHIANG	2012
3 METER	376.20	NATALIE STITT	2010
PLATFORM	267.35	LINDSEY STREEPY	2014

RELAY

200 MEDLEY RELAY	1:36.78	QUAST, O'DONNELL, GRUNHARD, K. SMITH	2019
400 MEDLEY RELAY	3:33.38	MULQUIN, O'DONNELL SHEEHAN, DOLAN	2017
200 FREE RELAY	1:28.81	QUAST, REVILAK DOLAN, HELLER	2018
400 FREE RELAY	3:14.65	DOLAN, QUAST HELLER, REVILAK	2018
800 FREE RELAY	7:02.36	DOLAN, EKSTEEN, HELLER, SARAZEN	2019



NOTRE DAME SWIMMING & DIVING

MEN'S TOP PERFORMERS

50 FREESTYLE

1.	Justin Plaschka	:19.30	2018
2.	Daniel Speers	:19.38	2017
3.	Frank Dyer	:19.57	2014
4.	Tabahn Afrik	:19.93	2017
5.	Reed Fujan	:20.01	2017
6.	Zachary Stephens	:20.02	2014
7.	John Lytle	:20.05	2009
8.	Brendan Santana	:20.06	2018
9.	Kevin Overholt	:20.07	2012
10.	Dan Fujan	:20.09	2017

500 FREESTYLE

1.	Zach Yeadon	4:12.74	2018
2.	Sadler McKeen	4:17.10	2018
3.	Frank Dyer	4:17.13	2014
4.	Jack Hoagland	4:17.56	2019
5.	Richard Mannix	4:18.83	2017
6.	Trent Jackson	4:20.04	2017
7.	Max Miranda	4:21.36	2019
8.	MacKenzie LeBlanc	4:22.05	2008
9.	Benjamin Jany	4:22.35	2017
10.	Jay Vanden Berg	4:22.85	2006

100 FREESTYLE

1.	Justin Plaschka	:42.78	2017
2.	Frank Dyer	:42.84	2014
3.	Tabahn Afrik	:42.86	2017
4.	Daniel Speers	:42.88	2018
5.	Reed Fujan	:43.34	2017
6.	John Lytle	:43.46	2009
7.	Dan Fujan	:43.92	2018
8.	Zach Yeadon	:44.08	2019
9.	Kevin Overholt	:44.16	2012
10.	Andrew Hoffman	:44.23	2009

1000 FREESTYLE

1.	Zach Yeadon	8:47.33	2019
2.	Jack Hoagland	9:01.00	2019
3.	Richard Mannix	9:02.87	2017
4.	Luke Thornbrue	9:09.79	2019
5.	Sadler McKeen	9:09.91	2018
6.	Frank Dyer	9:11.93	2014
7.	John Nappi	9:12.61	2015
8.	Benjamin Jany	9:13.11	2015
9.	James McEldrew	9:13.41	2012
10.	Will Barao	9:14.00	2019

200 FREESTYLE

1.	Frank Dyer	1:33.20	2014
2.	Reed Fujan	1:33.74	2017
3.	Zach Yeadon	1:34.70	2018
4.	Sadler McKeen	1:34.87	2019
5.	Trent Jackson	1:35.04	2015
6.	Tabahn Afrik	1:35.47	2017
7.	John Lytle	1:35.79	2009
8.	Aaron Schultz	1:36.14	2017
9.	Kevin Hughes	1:36.36	2014
10.	Benjamin Jany	1:36.60	2018

1650 FREESTYLE

1.	Zach Yeadon	14:32.48	2019
2.	Jack Hoagland	14:54.93	2019
3.	Richard Mannix	15:04.96	2018
4.	Sadler McKeen	15:06.26	2018
5.	Will Barao	15:13.55	2019
6.	John Nappi	15:14.62	2015
7.	Kevin Hughes	15:14.70	2014
8.	Jay Vanden Berg	15:15.99	2006
9.	Brennan Jacobson	15:16.77	2012
10.	Luke Thornbrue	15:17.41	2019



NOTRE DAME SWIMMING & DIVING

MEN'S TOP PERFORMERS

100 BACKSTROKE

1.	Jack Montesi	:46.33	2019
2.	Rob Whitacre	:46.39	2018
3.	Matthew Buerger	:47.17	2014
4.	Zach Smith	:47.29	2019
5.	Brendan Santana	:47.40	2018
6.	Bogac Ayhan	:47.42	2016
7.	Petar Petrovic	:47.95	2011
8.	Will Cumberland	:48.15	2018
9.	Matt Grauslys	:48.27	2017
10.	Bertie Nel	:48.61	2012

200 BREASTSTROKE

1.	Zachary Stephens	1:53.33	2015
2.	Trent Jackson	1:53.52	2017
3.	Josh Bottelberghe	1:53.90	2019
4.	Cameron Miller	1:56.24	2013
5.	Garrett Clarke	1:56.79	2018
6.	Steven Shek	1:57.55	2018
7.	Ben Gorski	1:57.61	2018
8.	Mason Weber	1:58.10	2012
9.	Andrew Winton	1:58.23	2018
10.	Rex Riley	1:58.29	2018

200 BACKSTROKE

1.	Rob Whitacre	1:40.17	2018
2.	Jack Montesi	1:41.95	2018
3.	Thomas Anderson	1:42.61	2015
4.	Will Cumberland	1:43.94	2019
5.	Joseph Turk	1:44.40	2019
6.	Bogac Ayhan	1:44.57	2015
7.	Nick Milikich	1:45.04	2018
	Sadler McKeen	1:45.04	2018
8.	Michael Sullivan	1:45.10	2009
9.	Matthew Buerger	1:45.20	2014

100 BUTTERFLY

1.	Justin Plaschka	:45.41	2018
2.	Aaron Schultz	:46.06	2018
3.	Zach Smith	:46.39	2019
4.	Brendan Santana	:46.56	2018
5.	Matt Grauslys	:46.63	2019
6.	Jack Montesi	:46.72	2019
7.	Frank Dyer	:46.92	2013
8.	Bill Bass	:47.03	2012
9.	Jonathan Williamson	:47.05	2015
10.	Soren Holm	:47.62	2016

100 BREASTSTROKE

1.	Trent Jackson	:52.25	2017
2.	Zachary Stephens	:52.50	2015
3.	Chris Johnson	:52.99	2013
4.	Steven Shek	:53.30	2018
5.	Colin Babcock	:53.36	2014
6.	Cameron Miller	:53.37	2014
7.	Josh Bottelberghe	:53.44	2019
8.	Garrett Clarke	:53.50	2018
9.	Ben Gorski	:53.59	2017
10.	Matthew Limbacher	:53.65	2019

200 BUTTERFLY

1.	Aaron Schultz	1:41.70	2019
2.	Jonathan Williamson	1:43.09	2014
3.	Matt Grauslys	1:43.54	2019
4.	Zach Smith	1:43.75	2019
5.	Kevin Bradley	1:43.81	2017
6.	Thomas Anderson	1:43.82	2016
7.	Max Miranda	1:44.25	2019
8.	Marci Barta	1:44.77	2018
9.	MacKenzie LeBlanc	1:45.06	2009
10.	Bill Bass	1:45.27	2013



NOTRE DAME SWIMMING & DIVING

MEN'S TOP PERFORMERS

200 INDIVIDUAL MEDLEY

1.	Zachary Stephens	1:44.00	2015
2.	Rob Whitacre	1:44.06	2018
3.	Aaron Schultz	1:44.30	2018
4.	Marci Barta	1:44.73	2018
5.	Bill Bass	1:44.81	2012
6.	Colin Babcock	1:45.12	2014
7.	Kevin Bradley	1:45.17	2017
8.	Will Cumberland	1:45.67	2019
9.	Andrew Winton	1:45.97	2019
10.	Steven Shek	1:46.39	2019

400 INDIVIDUAL MEDLEY

1.	Marci Barta	3:41.67	2018
2.	Thomas Anderson	3:43.03	2015
3.	Kevin Bradley	3:46.52	2015
4.	Andrew Winton	3:46.89	2019
5.	Will Cumberland	3:46.91	2019
6.	Jack Hoagland	3:46.95	2019
7.	Joseph Turk	3:48.42	2018
8.	Max Miranda	3:48.74	2019
9.	Richard Mannix	3:48.84	2017
10.	John Nappi	3:49.28	2014



NOTRE DAME SWIMMING & DIVING

WOMEN'S TOP PERFORMERS

50 FREESTYLE

1.	Katie Smith	:22.25	2017
2.	Carly Quast	:22.30	2018
	Amywren Miller	:22.30	2010
4.	Catherine Mulquin	:22.35	2017
5.	Sofia Revilak	:22.37	2017
6.	Carrie Nixon	:22.39	2000
7.	Abbie Dolan	:22.44	2018
8.	Coleen Gillilan	:22.53	2019
9.	Catherine Galletti	:22.83	2015
10.	Lauren Heller	:22.84	2019

500 FREESTYLE

1.	Lindsay Stone	4:42.85	2018
2.	Abbie Dolan	4:43.96	2019
3.	Ella Moynihan	4:44.29	2016
4.	Molly Treble	4:45.18	2017
5.	Alice Treuth	4:45.19	2019
6.	Katie Carroll	4:45.50	2007
7.	Sinead Eksteen	4:45.56	2019
8.	Luciana Thomas	4:46.17	2019
9.	Linda Gallo	4:47.04	1998
10.	Kristen Van Saun	4:47.63	1999

100 FREESTYLE

1.	Abbie Dolan	:48.27	2019
2.	Carly Quast	:49.00	2019
3.	Skylar Fore	:49.10	2018
	Amywren Miller	:49.10	2008
4.	Carrie Nixon	:49.18	2000
5.	Lauren Heller	:49.19	2019
6.	Catherine Mulquin	:49.21	2015
7.	Emma Reaney	:49.42	2015
8.	Katie Smith	:49.60	2017
9.	Kelly Jacob	:49.68	2018

1000 FREESTYLE

1.	Lindsay Stone	9:43.05	2019
2.	Molly Treble	9:48.79	2018
3.	Katie Carroll	9:49.80	2006
4.	Claire Hutchinson	9:52.98	2006
5.	Sinead Eksteen	9:54.36	2019
6.	Linda Gallo	9:56.34	1998
7.	Luciana Thomas	9:59.94	2019
8.	Rebecca Walton	10:01.31	2018
9.	Madeline LaPorte	10:01.42	2019
10.	Ellie Berdusco	10:02.84	2019

200 FREESTYLE

1.	Abbie Dolan	1:43.63	2019
2.	Christa Riggins	1:44.89	2008
3.	Ella Moynihan	1:45.42	2016
4.	Lauren Heller	1:45.83	2019
5.	Emma Reaney	1:46.19	2014
6.	Kelly Ryan	1:46.37	2014
7.	Kyra Sarazen	1:46.91	2019
8.	Skylar Fore	1:47.26	2018
9.	Sinead Eksteen	1:48.10	2018
10.	Katie Carroll	1:48.24	2006

1650 FREESTYLE

1.	Lindsay Stone	16:06.42	2018
2.	Sinead Eksteen	16:18.80	2019
3.	Linda Gallo	16:24.48	1998
4.	Molly Treble	16:25.51	2018
5.	Marie Labosky	16:32.30	2001
6.	Madeline LaPorte	16:32.58	2019
7.	Rebecca Walton	16:33.04	2018
8.	Claire Hutchinson	16:34.37	2006
9.	Reilly Lanigan	16:38.90	2018
10.	Casey Wagner	16:39.77	2008



NOTRE DAME SWIMMING & DIVING

WOMEN'S TOP PERFORMERS

100 BACKSTROKE

1.	Catherine Mulquin	:51.72	2017
2.	Carly Quast	:52.06	2019
3.	Alice Treuth	:52.84	2017
4.	Kim Holden	:52.99	2011
5.	Sofia Revilak	:53.22	2018
6.	Bayley Stewart	:53.41	2019
7.	Kelly Ryan	:53.77	2014
8.	Catherine Galletti	:53.81	2015
9.	Courtney Whyte	:54.06	2014
10.	Maggie Behrens	:54.11	2009

200 BREASTSTROKE

1.	Emma Reaney	2:04.06	2014
2.	Samantha Maxwell	2:09.62	2009
3.	Meaghan O'Donnell	2:11.80	2017
4.	Sherri McIntee	2:12.97	2017
5.	Danielle Margheret	2:13.00	2015
6.	Shannon Suddarth	2:13.33	2000
7.	Christen McDonough	2:13.75	2014
8.	Alyssa Storino	2:14.06	2018
9.	Lauren Stauder	2:14.09	2014
10.	Julia Quinn	2:14.41	2007

200 BACKSTROKE

1.	Alice Treuth	1:52.80	2019
2.	Kelly Ryan	1:53.57	2013
3.	Bayley Stewart	1:54.01	2019
4.	Kim Holden	1:54.33	2013
5.	Kyra Sarazen	1:54.55	2019
6.	Katie Miller	1:54.76	2014
7.	Carly Quast	1:56.39	2019
8.	Courtney Whyte	1:56.84	2013
9.	Erin Brooks	1:57.56	1997
10.	Tanya Williams	1:57.68	1993

100 BUTTERFLY

1.	Cailey Grunhard	:52.21	2019
2.	Erin Sheehan	:52.22	2017
3.	Nikki Smith	:52.50	2019
4.	Kim Holden	:52.57	2014
5.	Coleen Gillilan	:52.73	2019
6.	Sofia Revilak	:52.82	2017
7.	Catherine Galletti	:53.14	2015
8.	Courtney Whyte	:53.44	2013
9.	Kellyn Kulke	:53.46	2009
10.	Rachel Wittmer	:53.76	2017

100 BREASTSTROKE

1.	Emma Reaney	:57.79	2014
2.	Samantha Maxwell	:59.44	2009
3.	Meaghan O'Donnell	1:00.13	2017
4.	Christen McDonough	1:00.51	2013
5.	Coleen Gillilan	1:00.60	2019
6.	Alyssa Storino	1:00.85	2018
7.	Danielle Margheret	1:01.05	2016
8.	Sherri McIntee	1:01.32	2017
9.	Lauren Stauder	1:01.46	2014
10.	Shannon Suddarth	1:01.82	1998

200 BUTTERFLY

1.	Nikki Smith	1:54.66	2019
2.	Luciana Thomas	1:55.31	2018
3.	Bridget Casey	1:56.52	2014
4.	Courtney Whyte	1:56.97	2015
5.	Erin Sheehan	1:57.11	2017
6.	Abbie Dolan	1:57.41	2018
7.	Coleen Gillilan	1:57.42	2019
8.	Katie Casey	1:57.72	2009
9.	Katie Carroll	1:58.10	2007
10.	Sofia Revilak	1:58.26	2017



NOTRE DAME SWIMMING & DIVING

WOMEN'S TOP PERFORMERS

200 INDIVIDUAL MEDLEY

1.	Emma Reaney	1:54.92	2014
2.	Katie Miller	1:57.54	2014
3.	Coleen Gillilan	1:57.87	2019
4.	Luciana Thomas	1:58.79	2019
5.	Nikki Smith	1:58.89	2019
6.	Kyra Sarazen	1:59.09	2018
7.	Bayley Stewart	1:59.53	2019
8.	Erin Sheehan	2:00.02	2019
9.	Katie Carroll	2:00.09	2007
10.	Genevieve Bradford	2:00.46	2014

400 INDIVIDUAL MEDLEY

1.	Emma Reaney	4:08.63	2014
2.	Katie Miller	4:10.92	2014
3.	Luciana Thomas	4:11.50	2019
4.	Katie Carroll	4:12.37	2007
5.	Megan Farrell	4:15.17	2007
	Ashley Edgell	4:15.17	2009
6.	Marie Labosky	4:16.24	2003
7.	Bridget Casey	4:17.16	2014
8.	Nikki Smith	4:18.28	2015
9.	Tayna Williams	4:19.87	1990

2019-20 NOTRE DAME SWIMMING & DIVING RELEASES

**All releases can also be found at und.com/sports/swim, along with links and additional information.*

YEADON EARNS ACC HONORS

Nov. 26, 2019

NOTRE DAME, Ind. — After a record-breaking week, junior Zach Yeadon has been named ACC men's Swimmer of the Week. Yeadon, who has earned the honors once already this season, broke two school records at the Ohio State Invitational, one in the 1000 Free (8:47.33) and the other in the 1650 Free (14:32.48).

His 1650 Free performance currently ranks as the fastest time in the nation, and was the first NCAA A Cut earned in the event. It was also Notre Dame's first A-Cut time of the season.

Of his seven official events at the invitational, Yeadon won six of them, earning three B-Cut times and a U.S. Olympic Trial cut in the 400 Free, although he had already qualified prior to the meet.

"Zach's efforts tonight and throughout the weekend were tremendous," Irish head coach Mike Litzinger expressed. "He is maturing into an elite athlete, one that will certainly be reckoned with on the ACC, NCAA and International level. Tonight, his 1650 was awesome, but what I enjoyed just as much was the effort he put in on our relay for the team."

The Irish have completed competition for the fall, and will next race on Jan. 11 (women) at Iowa and Jan. 17 vs. Northwestern at home.

--ND--

IRISH PLACE SECOND, THIRD ON FINAL DAY OF OSU INVITATIONAL

Nov. 23, 2019

Yeadon posts nation's top time in men's 1650 Free, breaking school record and earning NCAA A Cut.

COLUMBUS, Ohio — Notre Dame notched major records Saturday to boost the already-successful showing to a second-place finish for the men and third-place finish for the women. The day was highlighted by new school records from Zach Yeadon in distance free, during which he also earned the team's first NCAA A-Cut of the season.

The Irish started off the morning in solid fashion with preliminary races, qualifying for 16 slots in final races this evening. Abbie Dolan claimed the top seed in the women's 100 Free with a 56.46.

In the platform diving competition, the Irish women posted strong finishes, with Kelly Straub placing third (227.35) and Erin Isola placing fourth (226.60). Annie Wiese also placed in the top 10, finishing eighth (200.50).

The evening races began with the 1650 Free. On the women's side, Lindsay Stone earned an NCAA B Cut, placing third with a 16:24.73.

Zach Yeadon took his main event by storm, besting the school record (14:34.60 – his own) with a 14:32.48. Winning the event, he also claimed the first NCAA A-Cut qualifying time for Notre Dame this season, clinching his spot at the NCAA Championships.

"Zach's efforts tonight and throughout the weekend were tremendous," Irish head coach Mike Litzinger expressed. "He is maturing into an elite athlete, one that will certainly be reckoned with on the ACC, NCAA and International level."

Jack Hoagland (second – 14:54.93), Sadler McKeen (fourth – 15:16.92) and Will Barao (sixth – 15:24.76) also posted NCAA B-Cut times in the 1650 Free.

Bayley Stewart placed fifth in the women's 200 Back (1:55.93), earning an NCAA B Cut, while the Notre Dame men comprised half of the top 10 in the 200 Fly. Zach Smith (1:45.57, second) and Max Miranda (1:46.43, fourth) earned B Cuts, while Aaron Schultz (1:47.47, sixth), Marci Barta (1:47.90, eighth) and Brendan Santana (1:50.21, 10th) rounded out the top 10.

To finish out the night, Notre Dame posted a pair of fourth-place finishes in the 400 Free Relay. The women's team of Dolan, Gillilan, Carly Quast and Rachel Wittmer clocked in at 3:17.91, and the men's team of Yeadon, Cason Wilburn, Schultz and McKeen touched the wall in 2:55.20.

"Tonight, [Yeadon's] 1650 was awesome, but what I enjoyed just as much was the effort he put in on our relay for the team," Litzinger noted.

The No. 13 Notre Dame men finished with a total score of 2346 on the weekend, topped only by host Ohio State (2436.5) and beating Yale, No. 19 Virginia Tech and No. 21 Kentucky. The No. 17 women tallied a score of 1790.5, behind Ohio State (2518.5) and Kentucky (2346.5) and topping No. 25 UCLA, Virginia Tech, Yale, Buffalo and Ohio.

"I'm really looking for the women to have a defining moment this season," Litzinger shared. "Their potential is great, but we have yet to find that moment. I feel we moved closer this weekend, and we will work together on both ends of the pool to turn our individual success into team success."

"We had a great Fall in the training game pool, and when we sharpen our skills during the next phase – championship prep – we have great potential!"

Finished with competition for the fall, the Irish will begin their winter training program and will race next on Jan. 11 (women) against Iowa and Illinois and Jan. 17 (men and women) at home against Northwestern.

--ND--

No. 18/23 IRISH CONTINUE SUCCESS IN DOMINANT WIN AT PITTSBURGH

Nov. 9, 2019

PITTSBURGH, Pa. — Building off Day 1 success at Pittsburgh, Notre Dame soundly defeated the Panthers on the final day of competition. As usual, the Irish capitalized off of individual wins, posting 21 individual wins from 12 different swimmers and three divers on the weekend. Notre Dame also improved relay finishes during the weekend, winning six of eight relay events.

FINAL SCORES

Men: Notre Dame – 222, Pittsburgh – 130

Women: Notre Dame – 223, Pittsburgh – 125

After Day 1, the Irish led the Panthers 121-46 (women) and 112-55 (men).

Notre Dame began Day 2 strong, with wins in the men's and women's 200 medley relay. The women's team of Carly Quast, Coleen Gillilan, Erin Sheehan and Rachel Wittmer posted a 1:42.24, while the men's team of Jack Montesi, Matt Limbacher, Zach Smith and Aaron Schultz marked down a 1:29.46.

From there, the Irish kept up the momentum, with Sadler McKeen touching the wall first in the 200 Free (1:37.69), and Gillilan doing the same in the women's 200 IM (2:00.93). Kelly Jacob sprinted to a win in the women's 50 Free (23.74), while perennial Irish standout Abbie Dolan raced to a victory in the women's 200 Fly (1:59.87).

Quast kept it going for the Notre Dame women, marking down a 54.83 in the women's 100 Back, good for first place. Jack Montesi answered on the men's side with a win in the 100 Back of his own (48.60).

Gillilan put up her fourth individual win of the weekend (sixth overall) in the 200 Breast with a 2:15.65, while distance veteran Zach Yeadon raced to a win in the men's 1000 Free. He was followed in the standings by Jack Hoagland, Will Barao and Luke Thornbrue, continuing their success in the distance events from last week.

Immediately following Yeadon's win in the 1000 Free, he got back in the pool to swim the last leg of Notre Dame's 400 Free Relay, teaming up with McKeen, Aaron Schultz and Topher Stensby to post a win (2:58.01).

"We were able to spread the wealth around at Pittsburgh, but also challenge some of our athletes with some interesting doubles," said Mike Litzinger, head swim and dive coach.

"[A win] that stands out are Zach Yeadon's back-to-back wins in the 1000 Free and swimming the anchor on the 400 Free Relay for the win," he noted, referencing the immediate turnaround for Yeadon. "That is a tough one, and he handled it well."

The Irish saw success during the weekend in relay competition, winning six of eight relay events over the extended two-day meet.

"In this event schedule, we are able to swim multiple relays, and it gives us some flexibility to see other athletes' performances," Litzinger explained. "Our relays are still a work in progress, and we are looking to point them toward a peak performance at the end of the year."

On the diving end, Irish athletes won three of four events, beginning the weekend with David Petrison's win (255.75) in the men's platform competition. On Saturday, Erin Isola (293.78) and Austin Flaute (309.15) posted wins in the 1-meter diving competitions.

"I am very pleased with how the whole team and the divers took advantage of this opportunity to compete," Litzinger expressed. "Now, we can dial in on the Ohio State Invite and close out the semester."

The Irish will have two weeks to prepare before traveling to the Ohio State Invitational Thursday, Nov. 21.

--ND--

SWIM & DIVE CELEBRATES 60TH ANNIVERSARY

Nov. 6, 2019

Beginning Oct. 18, the Notre Dame Swimming & Diving program welcomed back alumni for the 60th anniversary celebration of the Men's Swim and Dive team. 2019 also marks the 38th year of existence for the women's program.

Alumni from each decade made the trip to campus for the special weekend, and festivities kicked off from Friday dinner and continued into Saturday, when the current Irish swimmers and those who had made waves prior mixed. The morning began with a chance for alumni to observe the current team's practice, and was followed by the main event in the pool that day: the alumni meet.

With heats separated by decade, former Notre Dame swimmers dove in, with participants from each generation of the program's existence extending back to classes from the 1960s. Current team members formed the cheering section, and while all events were in good fun, competitive nature isn't easily lost.

Following the meet, the team took a tour of Notre Dame Stadium, giving the group a look inside the recently renovated and historic venue, before coming together for a dinner and silent auction on Saturday night.

Members of the current team's senior class attended the dinner with the alumni, giving the students a chance to interact with their fellow Irish swimmers from the past.

"Our alumni have always been active since I've taken the role of head coach, but to have people come back, relate their stories, talk about their relationship with the program [...] was very overwhelming for me, in terms of the loyalty, passion and dedication people have not just for swimming and diving here, but for Notre Dame itself," Irish head coach Mike Litzinger explained. "It goes from the peripheral to the internal when you see how people are reacting to being back on campus and reacting to what kind of progress the program has made.

"To have that sense of comradeship and loyalty to Notre Dame itself is really, really outstanding."

The highlight of the night came with the presentation of the Jesse Harper Award from the Notre Dame Monogram Club to former Notre Dame head coach Tim Welsh. Welsh, the longest-tenured swim and dive coach in Notre Dame's program history, stepped down from his role following the 2013-14 season. While known for his coaching expertise, Welsh is perhaps more remembered for his mentorship and relationships with his student-athletes.

The Jesse Harper Award was established by the Notre Dame Monogram Club to recognize a member for his or her commitment and involvement with the athletic department and the university as a whole.

According to the Monogram Club, recipients of the award should exhibit one or more of the following characteristics: exemplary performance in the spirit and ideals of Notre Dame, demonstration of responsibility to and concern for his/her community, extraordinary commitment and involvement with youth and outstanding achievement in his/her post-Notre Dame career.

"What's really evident is the effect that he's had on his athletes beyond the pool, and their relationship with him post-swimming. The philosophy that he put forth still resonates with them today," Litzinger remembered. "When you receive something like the Jesse Harper award, it's more than just the success of being a coach here. It's being a coach, it's being a mentor, it's being a father, it's being a friend. It's being everything that Notre Dame asks you to be in relationship with student-athletes."

The award was presented by former Irish swimmer and former Monogram Club president, Haley Scott DeMaria ('95), who called upon a mantra made significant by Welsh during his tenure:

The purpose of Notre Dame Swimming is to pursue – and achieve – athletic excellence, with self-discipline and love for one another.

In her presentation, DeMaria spoke on Welsh's commitment to his student-athletes around and outside the pool.

"Tim, you may have never donned a swimsuit at Rolfs Aquatic Center, but you are a true Champion of the Fighting Irish and Notre Dame Swimming. You are a true Notre Dame man," she noted. "And while you were our swim coach, you taught us much more than swimming. You gave us the greatest gift: your love."

Along with the award, the swim and dive program announced the dedication of their team room, located directly next to the pool, as the Tim Welsh Team Room. In addition to recognizing Welsh's extraordinary contribution to the program, Litzinger said the dedication will serve to remind student-athletes that "it's just a little bit more than swimming and diving here."

The Irish coach added that Welsh's quote on the purpose of the swimming program will be displayed prominently in the team room that now bears his name.

Alumni have returned home and the current Irish team has embarked back on their dual meet schedule, but the benefits of the weekend will pay dividends beyond just the few days.

"Everybody is now fully engaged in what's happening with the program, and we're in touch with our past, and everybody now knows where we're going," Litzinger explained.

The Irish will continue their fall/winter season with a tri-meet against Pittsburgh and Virginia Tech beginning Friday, Nov. 7 at 4 p.m.

--ND--

DOLAN WINS ACC SWIMMER OF THE WEEK

Nov. 5, 2019

NOTRE DAME, Ind. — Senior Abbie Dolan was named ACC Women's Swimmer of the Week Tuesday after her impressive showing at Louisville on Friday, Nov. 1. Dolan accounted for three individual wins and helped gain 31 points for Notre Dame's score.

Dolan began her dominance in the 200 Free, recording an NCAA B-Cut time of 1:46.98. She touched the wall almost three seconds ahead of the next closest swimmer, while after those three seconds, just three additional seconds separated the rest of the field.

In her second event of the night, Dolan added another win in the women's 100 Free, posting a 50.09.

Dolan's third win of the night came in the women's 500 Free with a 4:49.43, and helped the Irish to a second-place finish in the women's 400 Free Relay.

On the season, the senior has totaled nine wins in various events, including the 100 Free, 200 Free, 500 Free, 200 Medley Relay and 400 Free Relay.

The Swimmer of the Week honor marks the second consecutive week a member of the Notre Dame women's team has earned the distinction. Freshman Coleen Gillilan last received the title on Oct. 29.

--ND--

NOTRE DAME SHOWS INDIVIDUAL SUCCESS AT LOUISVILLE

Nov. 1, 2019

LOUISVILLE, Ky. — Individual wins were the name of the swimming game Friday for the #18/23 Irish men and women. While both squads fell to #9/13 Louisville, senior Abbie Dolan and freshman Coleen Gillilan each posted three individual victories, while the squads combined for 10 total NCAA B-Cut times.

Final Scores

Men: Notre Dame – 132, Louisville – 168

Women: Notre Dame – 138, Louisville – 162

After narrowly missing a win in the women's 200 Medley Relay by .19 seconds and the men's relay by .59 seconds, the Irish rebounded quickly with four back-to-back wins in early individual events. After junior Lindsay Stone placed second in the women's 1650 Free with an NCAA B-Cut time of 16:24.72, freshman Jack Hoagland thundered to a big win in the men's 1650 Free with a 14:56.54 B-Cut time, vaulting him into the Notre Dame record books as the second-best performer in that event in program history, trailing only junior Zach Yeadon. In the same event, freshmen Will Barao (15:13.55) and Luke Thornbrue (15:17.41) earned B-Cut times as well, placing third and fourth, respectively.

Notre Dame swept both 200 Free events, with Dolan immediately following Hoagland's 1650 Free win with one of her own, emerging victorious with a B-Cut 1:46.98 time. Sadler McKeen added on with a winning time of 1:36.56. Junior Carly Quast rounded out the four-event winning streak with a 54.49 in the women's 100 Back.

Senior Jack Montesi just missed a win in the men's 100 Back by .01 seconds to take second, while Gillilan earned her first win of the night in the women's 100 Breast, clocking in with an NCAA B-Cut time of 1:00.60, a new personal record. Sophomore Luciana Thomas marked down a B-Cut time of 1:59.08 to earn second place in the women's 200 Fly, while Dolan added her second with of the night in the women's 100 Free, posting a 50.09.

The Irish women continued their success, with sophomore Bayley Stewart and Quast putting together a one-two punch in the women's 200 Back, marking down times of 1:58.54 and 1:59.50, respectively.

Sophomore Josh Bottelberghe glided to a win in the men's 200 Breast with an even 2:00.00, immediately followed by Dolan's third win of the night, this one coming in the women's 500 Free with a 4:49.43. Yeadon followed with his first win of the night, posting a B-Cut time of 4:22.61 in the men's 500 Free. Gillilan marked down her second win Friday with a B-cut 52.84 in the women's 100 Fly and her third win with yet another B-Cut time of 1:59.36 in the women's 200 IM.

"Abbie's and Coleen's performances continued to bolster our team," Notre Dame head coach Mike Litzinger offered after the meet, adding that the two contributed six of the Irish women's eight wins. As a whole, the Notre Dame women won half of the meet's events, but fell short of the necessary score total.

Closing out the night, the Irish men's 400 Free Relay team of Yeadon, freshman Cason Wilburn, senior Aaron Schultz and McKeen touched the wall first for a 2:57.67 victory.

In a challenging meet, Litzinger noted the impact of veteran swimmers on the men's side proving monumental in the squad's persistence.

"I'm very proud of the leadership that Aaron Schultz, Jack Montesi, Zach Yeadon and Sadler McKeen are showing," the Irish coach noted. "They kept the men in the meet all evening."

On the diving end, junior Kelly Straub put together an impressive showing against Louisville's attack, some of the top talent in the ACC. Straub scored a second-place 283.73 in the women's 1-meter event, a mere .08 points off Louisville's Molly Fears. In the women's 3-meter event, Straub scored a 312.68 to place third in the field. The Irish men worked to keep up with the Cardinal divers, with sophomore David Petrison leading the Irish with a fourth-place finish in the men's 3-meter (290.70) and a fifth-place finish in the 1-meter (272.18).

"Overall, it was one heck of a meet," Litzinger explained. "It is a preview of how tough the ACC is."

The Irish will return home to prepare for next weekend's two-day meet against ACC foe Pittsburgh, beginning Friday at 4 p.m. ET.

--ND--

GILLILAN EARNS ACC SWIMMER OF THE WEEK HONORS

Oct. 29, 2019

Notre Dame, Ind. — Freshman Coleen Gillilan was named the ACC Women's Swimmer of the Week Tuesday after her dominant performance at Purdue on Friday, Oct. 25. Gillilan notched wins in all four of her events and earned NCAA B cut times in each of her three individual races.

To open the night, the Irish 200 medley relay team of Carly Quast, Gillilan, Cailey Grunhard and Abbie Dolan were victorious with a time of 1:41.32. In the women's 200 Fly, Gillilan notched another win with an NCAA B-cut time of 1:58.50, following it up with a B-cut 52.70 time in the 100 Fly. Gillilan finished out the night with a thunderous performance in the 200 IM with a 1:59.22, another B-cut time, besting the next closest competitor by nearly six seconds.

On the season, Gillilan has totaled eight B-cut times on the season over just three meets, an impressive feat for the freshman swimmer.

"Coleen has been very consistent in the practice pool, and that helps translate to performance," Notre Dame head swimming & diving coach Mike Litzinger expressed following the meet against Indiana and Kentucky. "But, what makes her special is her competitiveness. She likes to win. That is something that is built in for her."

Gillilan and the Irish will next take the pool Friday, Nov. 1 at 5 p.m. at Louisville.

--ND--

No. 18/23 IRISH EARN ROAD SWEEP AT PURDUE

Oct. 25, 2019

WEST LAFAYETTE, Ind. — In their second road meet of the season, the No. 18 Notre Dame men and No. 23 Irish women's swimming and diving teams collected a sweep of Purdue on Friday at the Morgan J. Burke Aquatic Center.

The Irish men prevailed 181-119 over the Boilermakers, led by sophomore Zach Yeadon with three wins on the night. Yeadon was victorious in the 200 and 100 freestyles, and combined with Cason Willburn, Aaron Schultz and Sadler McKeen to win the 400 free relay.

Notre Dame's men also won the 200 medley relay with the 'A' squad of Jack Montesi, Matt Limbacher, Zach Smith and Schultz, as well as the 200 butterfly (Smith), the 200 backstroke (William Cumberland), 200 breaststroke (Josh Bottelberghe), 500 free (Jack Hoagland) and 400 IM (Max Miranda). Additionally, diver David Petrison scored a 325.50 in the platform event, which broke a school record and qualified as an NCAA zone score despite its exhibition status at the meet.

Freshman Coleen Gillilan and senior Abbie Dolan led the Irish women with outstanding performances in the 168-132 team victory. Gillilan collected four total wins, including three NCAA 'B' cut times. First she combined with Dolan, Carly Quast and Cailey Grunhard in the 200 medley relay, then made 'B' times in the 200 butterfly (1:58.50), 100 butterfly (52.70) and 200 IM (1:59.22).

Dolan added wins in the 200 and 500 freestyles, in addition to the 200 medley relay victory.

Also winning for the Irish women were Luciana Thomas (1,000 free), Carly Quast (100 back), Kelly Jacob (50 free) and Bayley Stewart (200 back).

"I thought our teams bounced back from our last meet in fine form," head coach Mike Litzinger said. "We had a very big week in terms of training, and the competitive response was solid. The group was able to swim some events that they wouldn't necessarily have an opportunity to and took full advantage with those splashes. David Petrison set a new Notre Dame record in the 10-meter tower event (scored as an exhibition), Zach Yeadon took the 100 and 200 free, Coleen was outstanding again winning three individual events.

"Next week we have Louisville and that will be a great challenge for us. If we expect to compete with them, our energy and focus will need to pick up."

The Irish return to road action next Friday, November 1, when they take on Atlantic Coast Conference foe Louisville at 5 p.m. ET.

--ND--

IRISH FALL TO INDIANA AND KENTUCKY

Oct. 9, 2019

LEXINGTON, Ky. — The Notre Dame Swimming and Diving team (M-12, W-16) fell to Kentucky (M-RV, W-18) and Indiana (M-6, W-9) at the first road meet of the season Wednesday. The Irish earned impressive individual victories over the two highly-ranked squads, including consistent veteran junior Zach Yeadon and freshman Coleen Gillilan, as well as multiple top-three finishes.

"We swam against an IU team that won a B1G championship one year ago and a UK team that, like us, is on the rise," Notre Dame head coach Mike Litzinger shared. "While the time [10 a.m.] was a bit unconventional, the competition is the same, and it took us awhile to adjust."

FINAL SCORES

Men

Kentucky – 176, Notre Dame – 124

Indiana – 219, Notre Dame – 81

Women

Kentucky – 184.5, Notre Dame – 115.5

Indiana – 172, Notre Dame – 128

The Irish held their own in the opening event, the women's 200 Medley Relay, with the Notre Dame team of Carly Quast, Coleen Gillilan, Cailey Grunhard and Rachel Wittmer claiming a third-place finish (1:42.92). Lindsay Stone placed second in the women's 100 freestyle (10:05.51), while Zach Yeadon claimed his second win of the season in the 1000 free (9:01.58). Yeadon later won the 500 free, with a 4:23.73 time.

Freshman Gillilan earned a win in the 100 Fly (53.11) by more than 1.5 seconds, cruising to a nearly three-second win in the 200 IM (1:58.57) and earning NCAA B-cut times in both. Gillilan also placed third in the 100 breast (1:01.97).

"Coleen has been very consistent in the practice pool, and that helps translates to performance. But, what makes her special is her competitiveness," Litzinger said. "She likes to win. That is something that is built-in for her."

Junior Cailey Grunhard also reached the top three in the women's 100 Fly, placing third with a 54.99 time. Abbie Dolan posted two second-place finishes in the 200 free (1:47.67) and 100 free (50.25). Bailey Stewart touched the wall second in the women's 100 back (55.24) and third in the women's 200 back (1:57.55), while Luciana Thomas placed third in the women's 200 Fly (2:02.69).

Both Notre Dame 400 Free Relays placed third in their heats, with the men touching the wall with a time of 2:58.85 and the women in 3:26.75.

The Notre Dame divers continued their success this week, with sophomore Austin Flaute placing second in the men's 1-meter (151.70) and third in the men's 3-meter competition (172.85). On the women's side, senior Erin Isola earned a second-place finish in the women's 3-meter (164.55), trailed by Irish teammate junior Kelly Straub (160.20).

"We have a very strong diving program, and these women have made it so," Litzinger expressed. "Like the rest of us, they ran into two teams that were very tough."

CSCAA preseason rankings, announced today, place the Notre Dame Men at 12th in the nation, with the Women at 16th. Up next, the Irish will return home to prepare for their next road meet at Purdue on October 25.

"Rankings are nice, as it shows how your peers perceive you," Litzinger explained "However, our concern is how we perform at the end of the ACC and NCAA championships. It's early in the season, and there is much more work ahead of us."

--ND--

THREE IRISH ATHLETES EARN ACC WEEKLY HONORS

Oct. 8, 2019

NOTRE DAME, Ind. — On Tuesday, the ACC awarded Swimmer of the Week honors to Zach Yeadon, while naming Austin Flaute and Kelly Straub the Divers of the Week, coming off the Irish wins over Florida State.

Junior Yeadon placed first in the 1000 freestyle (8:57.69) and 500 freestyle (4:20.63), breaking a pool record in the 1000 free and posting the fastest current time in both events in the NCAA this season. Notre Dame's 400 freestyle relay, of which Yeadon was a part, also holds the top NCAA time after edging Florida State in a come-from-behind win on Friday (2:58.15). Yeadon's 500 free time qualified him for an NCAA 'B' cut.

Sophomore Flaute accounted for 12 of Notre Dame's points on Friday, taking first in 3-meter diving (342.08) ahead of Florida State's talented diving attack, edging 2019 All-America honorable mention winner Joshua Davidson for the win. Flaute also placed third in 1-meter diving (309.90).

Junior Straub earned a substantial victory in the women's 1-meter diving (300.60) vs. Florida State, winning by more than 18 points. She accounted for 13 of Notre Dame's points in the team win, narrowly missing a win in the 3-meter by less than a point (293.78).

--ND--

NOTRE DAME TOPS FLORIDA STATE IN SEASON OPENER

Oct. 4, 2019

NOTRE DAME, Ind. — The Notre Dame Fighting Irish bested the Seminoles of Florida State in both men's and women's competitions Friday in their first meet of the season, boosted by solid performances from tenured Irish swimmers and newcomers alike. Notre Dame hosted Florida State Friday in the dual meet. The Irish women finished with a score of 183.5 to the Seminoles' 116.5, and the Notre Dame men racked up 171 points to Florida State's 129.

After the visiting Seminoles touched first on men's and women's 200 Medley Relays, the Irish came back strong with two first-place finishes in the 1000 Free by Lindsay Stone and Zach Yeadon. Yeadon broke a pool record, finishing with a time of 8:57.69, the fastest time in the NCAA this season.

From there, the Irish attack took shape, as Abbie Dolan and Sadler McKeen brought home wins in the 200 Free, while Bayley Stewart touched the wall first in the women's 100 Back. Jack Montesi came in second in the men's 100 Back, just .13 seconds shy of Florida State's Griffin Alaniz.

Notre Dame extended its lead with multiple top-three finishes in the 100 Breast, and Max Miranda kept the Irish hot with a win in the 200 Fly. Notre Dame women topped the 50 and 100 Free events, with Rachel Wittmer (50) and Abbie Dolan (100) touching the wall first.

Stewart brought home her second victory of the night in the 200 Back, while Montesi did the same on the men's side. The Irish swept all three top places in the men's and women's 500 Free, with Luciana Thomas touching the wall first for the women (4:56.65) and Yeadon nearly breaking another pool record with a time of 4:20.63 (.29 off the record).

The Irish kept gliding with wins on both sides of the 100 Fly, courtesy of Coleen Gillilan and Zach Smith, while Gillilan and Miranda earned the victories in the 200 IM. Finally, Notre Dame swept the 400 Free Relays, culminating in an Aaron Schultz come-from-behind swim to earn a victory for the Irish men, extending the lead over Florida State.

On the other end of the pool, Irish divers Kelly Straub and Austin Flaute won the women's 1m and men's 3m contest, respectively. Straub finished second in the women's 3m competition, and Flaute earned a third-place spot in the men's 1m.

The Irish won soundly on both sides, with key performances from younger swimmers and other veterans.

"The rookie class, they seemed to show their depth and lived up to their ability. We weren't quite sure what we were going to get, but we found our identity a little bit," Notre Dame Head Coach Mike Litzinger said. "Sadler McKeen, Aaron Schultz, Jack Montesi, [and] Max Miranda had improvements tonight, so what we're doing is starting to go down our depth chart and find out if those athletes are really rising to the occasion."

The Irish head to Lexington next week to take on Indiana and Kentucky in their first road meet of the season.

"It will be a really good test, another opportunity for us to continue to grow," Litzinger expressed. "I'm really looking forward to having an opportunity against those quality teams."

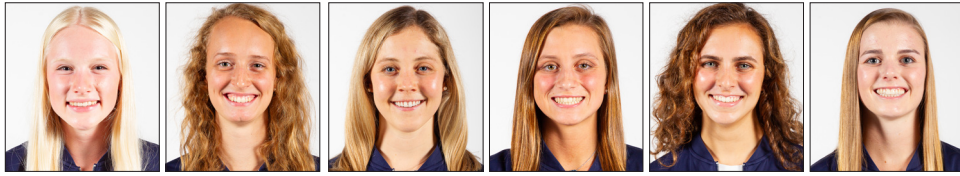
2019-20 NOTRE DAME WOMEN'S SWIMMING & DIVING BROADCAST ROSTER



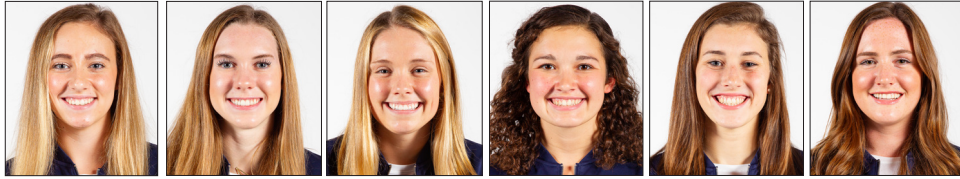
Claire Andrews Sr. • Dive • The Woodlands, Texas
Sarah Boyle Fr. • Back, Fly • Centreville, Va.
Catie Brennan So. • Back • New York, N.Y.
Claire DeSelm Sr. • IM, Fly • Chapel Hill, N.C.
Abbie Dolan Sr. • Free • Sunfish Lake, Minn.
Sammie Eyolfson So. • IM, Breast • Boise, Idaho



Skylar Fore Jr. • Free, Fly • Cedarburg, Wis.
Elizabeth Fry Fr. • Breast, Fly, IM • Towson, Md.
Coleen Gillilan Fr. • Fly, Breast, IM • Fort Collins, Colo.
Sam Gillis Fr. • Dive • Greensboro, N.C.
Cailey Grunhard Jr. • Fly, Free, Back • Mission Hills, Kan.
Lauren Heller Sr. • Free • Stow, Ohio



Erin Isola Sr. • Dive • Allegan, Mich.
Kelly Jacob Sr. • Free • Oconomowoc, Wis.
Reilly Lanigan Sr. • Free, Back, IM • Lake Forest, Ill.
Madeline LaPorte So. • Free • Broomfield, Colo.
Meaghan Lyons Fr. • Breast, IM • Bluffton, S.C.
Kate McCahan Jr. • Free • Dunwoody, Ga.



Sarah Nichols So. • Breast, IM • Liberty Lake, Wash.
Maddy Potter Fr. • Fly, IM • Minneapolis, Minn.
Carly Quast Jr. • Back, Free • Maple Grove, Minn.
Katie Rentz Sr. • Fly • Aurora, Ill.
Erin Sheehan Sr. • IM, Fly, Free • Upper Arlington, Ohio
Katie Smith Sr. • Free • Rochester, N.Y.



Sammy Steigerwald Sr. • Free • Colorado Springs, Colo.
Bayley Stewart So. • Back, IM • Fort Collins, Colo.
Lindsay Stone Jr. • Free • Rochester, N.Y.
Kelly Straub Jr. • Dive • Omaha, Neb.
Tegan Sweeney So. • Free • Snellville, Ga.
Luciana Thomas So. • IM, Fly • Fayetteville, Ark.



Annie Wiese So. • Dive • Carmel, Ind.
Sydney Winters Fr. • IM, Back, Breast • Feeding Hills, Mass.
Rachel Wittmer Jr. • Free, Fly, IM • Edina, Minn.
Mike Litzinger Head Coach
Caiming Xie Head Diving Coach
Aaron Bell Associate Head Coach

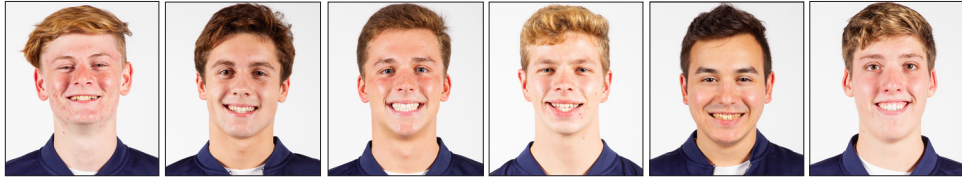


April Jensen Associate Head Coach
Joe Brinkman Assistant Coach
Mitch Dansky Assistant Coach
Annie Eaton Volunteer Assistant Coach
Caleb Lawrence Volunteer Assistant Coach
Maggie Maloney Director of Operations

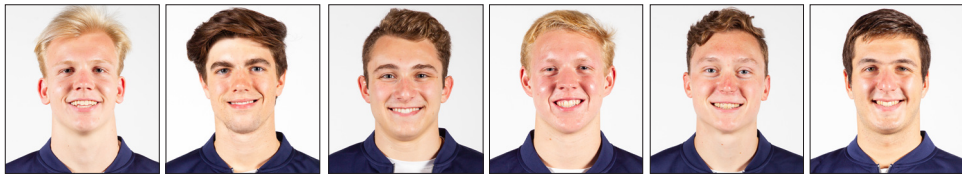
2019-20 NOTRE DAME MEN'S SWIMMING & DIVING BROADCAST ROSTER



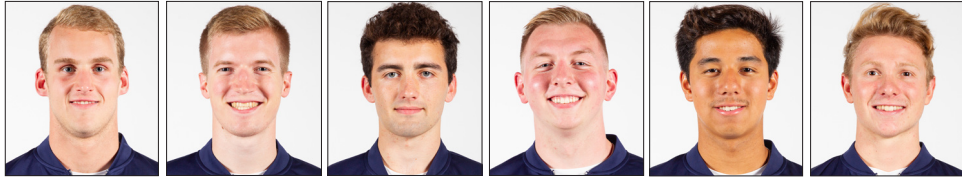
Will Barao Fr. • Free • Hingham, Mass. **Marci Barta** So. • IM • Szombathely, Hungary **JP Becker** Jr. • Back, Breast, IM • Rochester, Minn. **Josh Bottelbergh** So. • Breast • Vancouver, Wash. **Nick Chase** Fr. • Back, Fly • Des Moines, Iowa **Will Cumberland Jr.** • IM, Back • Bristow, Va.



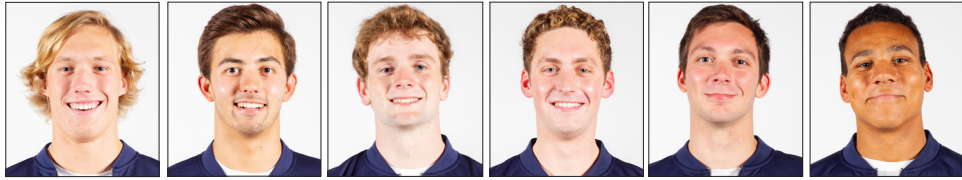
Dave DeBacker Fr. • Dive • Ypsilanti, Mich. **Alec DeLong** Fr. • Free • Carmel, Ind. **Jack Fitzpatrick** Fr. • Back, IM • Pittsburgh, Penn. **Austin Flaute** So. • Dive • Centerville, Ohio **Cristian Herrera** Sr. • Dive • Montebello, Calif. **Jack Hoagland** Fr. • IM, Free • La Cueva, N.M.



Liam Hutchinson Fr. • IM, Free • Glen Ellyn, Ill. **Charles Korndorfer** Jr. • Fly, Back • New Orleans, La. **Matt Limbacher** So. • Breast, Free • Naples, Fla. **Sadler McKeen** Jr. • Free • Birmingham, Ala. **Nick Milkich** Sr. • IM, Back • Austin, Texas **Max Miranda** So. • Fly, IM • East Greenwich, R.I.



Jack Montesi Sr. • Back, Breast, Free • Riverside, Conn. **David Petrison** So. • Dive • Pittsford, N.Y. **William Rains** Fr. • Dive • Los Angeles, Calif. **Rex Riley** Sr. • Breast • Erie, Penn. **Michael Rosa** Fr. • Fly, IM • Riverside, Ill. **Brendan Santana** Jr. • Fly, Back • San Diego, Calif.



Aaron Schultz Sr. • Fly, Free, IM • Richmond, Va. **Zach Smith** So. • Fly, Back • Tuscaloosa, Ala. **Topher Stensby** Fr. • Free • Lincolnshire, Ill. **Luke Thombrue** Fr. • Free • Hillsboro, Ore. **Joe Turk** Sr. • Back, IM, Fly • North Andover, Mass. **Cason Wilburn** Fr. • Free, Fly • Chesapeake, Va.



Andrew Winton So. • IM, Breast • Lawrenceville, Ga. **Zach Yeardon** Jr. • Free • San Antonio, Texas **Mike Litzinger** Head Coach **Caiming Xie** Head Diving Coach **Aaron Bell** Associate Head Coach



April Jensen Associate Head Coach **Joe Brinkman** Assistant Coach **Mitch Dansky** Assistant Coach **Annie Eaton** Volunteer Assistant Coach **Caleb Lawrence** Volunteer Assistant Coach **Maggie Maloney** Director of Operations