



NOTRE DAME FOOTBALL 2020 SPECIALIST CAMP

Registration

Wednesday, June 17: 9:30 am – 10:30 am

Camp Times

Wednesday, June 17: 10:30 am – 3:30 pm

Location

Irish Athletics Center, Labar Practice Fields

Eligibility

All specialists entering grades 9-12 in fall of 2020

Camp Fee

\$150 – Includes: Instruction, Lunch, T-shirt

Camp summary

The Notre Dame Specialist Camp is designed for kickers, punters, and long snappers to hone their unique skill sets and show our coaching staff their abilities. Our coaching staff will give each player individual analysis, assessment, and instruction as it applies to special teams. Campers will participate in individual competitions and challenges during camp. Campers will also sit in a film session to evaluate their techniques. Our staff will provide insight and recommendations for improvement.

What to Bring

Helmet, Mouth piece, Cleats/athletic shoes

Medical Supervision

All campers are under the immediate supervision of the Notre Dame Athletic Training Staff. The University Head Athletic Trainer and a team of doctors and trainers will be available at all times to offer medical aid if necessary. Water stations will be set up during all practice sessions.

Location

The site for this Football Summer Camp is located inside of Notre Dame Stadium surrounded by the beautiful and historic campus of the University Of Notre Dame. Campers will have the opportunity to run out of the tunnel and compete on the same field that some of college football's greatest players competed.

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All times eastern

Wednesday, June 17

9:30 am – 10:30 am	Registration, Irish Athletic Center
10:30 am – 11:00 am	Welcome, staff introduction and film instruction
11:0 am – 11:15 am	Transition to practice fields
11:15 am – 11:30 am	Flex, Stretch, Agility
11:30 am – 12:45 pm	Instruction / Drills
1:00 pm – 2:00 pm	Lunch/ Video Instruction
2:15 pm – 2:45 pm	Instruction/ Drills
2:45 pm – 3:30 pm	Competition
3:30 pm	Awards and Closing Remarks

