



Meet Schedule – **FINAL**
February 19, 2022

FIELD EVENTS

11:00 AM	Weight Throw	Women followed by Men
To follow WT	Shot Put	Women followed by Men
11:00 AM	Long Jump	Men followed by Women
To follow LJ	Triple Jump	Men & Women Combined
11:00 AM	Pole Vault	Women followed by Men
12:00 PM	High Jump	Men followed by Women

RUNNING EVENTS

11:00 AM	60 M Hurdles – Prelim	Women
11:10 AM	60 M Hurdles – Prelim	Men
11:20 AM	60 M Dash – Prelim	Women
11:30 AM	60 M Dash – Prelim	Men
11:40 AM	Distance Medley Relay	Women
11:55 PM	Distance Medley Relay	Men
12:10 PM	400 M Dash	Women
12:15 PM	400 M Dash	Men
12:30 PM	60 M Hurdles – Final	Women
12:35 PM	60 M Hurdles – Final	Men
12:40 PM	60 M Dash – Final	Women
12:45 PM	60 M Dash – Final	Men
12:50 PM	Mile Run	Women
1:05 PM	Mile Run	Men
1:20 PM	200 M Run	Women
1:25 PM	200 M Run	Men
1:40 PM	3000 M Dash	Women
1:55 PM	3000 M Dash	Men
2:15 PM	800 M Run	Women
2:35 PM	800 M Run	Men
3:15 PM	4x400 M Relay	Women
3:20 PM	4x400 M Relay	Men

Men in The 800M Must Report to The Check-in Table To Declare Their Intention to Compete No Later Than 1:00 PM.