

Meet Schedule – FINAL – 12/1/2022

Friday, December 2, 2022



FIELD EVENTS (Event Order as Listed)

3:30 PM	Long Jump (4 Jumps)	Men (2 Flights) followed by Women (2 Flights)
To follow LJ	Triple Jump (4 Jumps)	Men (1 Flight) followed by Women (1 Flight)
3:30 PM	Weight Throw (Prelim/Final)	Women (1 Flight) followed by Men (1 Flight)
To follow WT	Shot Put (Prelim/Final)	Women (2 Flights) followed by Men (1 Flight)
4:00 PM	High Jump (Final)	Women (22 Entries) followed by Men (16 Entries)
	Women's High Jump – 1.55 / 1.60 / 1.65 / 1.70 / 1.75 / 1.80 / 1.83 (+3 cm)	
	Men's High Jump – 1.90 / 1.95 / 2.00 / 2.05 / 2.10 / 2.13 (+3 cm)	
4:00 PM	Pole Vault (Final)	Men (3 Entries) followed by Women (13 Entries)
	Men's Pole Vault – 4.30 / 4.50 / 4.65 / 4.80 / 4.95 / 5.05 / 5.15 (+10 cm)	
	Women's Pole Vault – 3.05 / 3.25 / 3.40 / 3.55 / 3.70 / 3.80 (+10 cm)	

RUNNING EVENTS (Prelims Men-Women / Finals Women-Men)

5:00 PM	60 M Hurdles – Prelim (3 Heats)	Men
5:10 PM	60 M Hurdles – Prelim (4 Heats)	Women
5:20 PM	60 M Dash – Prelim (5 Heats)	Men
5:30 PM	60 M Dash – Prelim (6 Heats)	Women
5:40 PM	1000 M Run (1 Heat)	Men
5:45 PM	Mile Run (1 Heat)	Women
5:55 PM	Mile Run (1 Heat)	Men
6:00 PM	400 M Dash (5 Heats)	Women
6:15 PM	400 M Dash (5 Heats)	Men
6:30 PM	60 M Hurdles – Final (1 Heat)	Women
	60 M Hurdles – Final (1 Heat)	Men
	60 M Dash – Final (1 Heat)	Women
	60 M Dash – Final (1 Heat)	Men
6:45 PM	500 M Dash (2 Heats)	Women
6:50 PM	500 M Dash (2 Heats)	Men
6:55 PM	800 M Run (1 Heat)	Women
7:00 PM	800 M Run (1 Heat)	Men
7:05 PM	200 M Dash (9 Heats)	Women
7:25 PM	200 M Dash (8 Heats)	Men
7:40 PM	3000 M Run (1 Heat)	Women
7:55 PM	3000 M Run (1 Heat)	Men
8:05 PM	4x400 M Relay (2 Heats)	Women
8:15 PM	4x400 M Relay (2 Heats)	Men