FINAL Meet Schedule - January 20, 2024
FIELD EVENTS

| 11:00 AM | Weight Throw | Women (1 Flight - 13 Entries) |
| :---: | :---: | :---: |
| ~12:30 PM | Weight Throw | Men (1 Flight - 15 Entries) - Follows W-WT |
| ~2:00 PM | Shot Put | Women (1 Flight - 15 Entries) - Follows M-WT |
| ~3:30 PM | Shot Put | Men (1 Flight - 11 Entries) - Follows W-SP |
| 12:00 PM | Long Jump | Women (1 Flight - 14 Entries) |
| ~1:30 PM | Long Jump | Men (1 Flight - 5 Entries) - Follows W-LJ |
| ~2:30 PM | Triple Jump | Women (1 Flight - 3 Entries) - Follows M-L |
| ~3:15 PM | Triple Jump | Men (1 Flight - 4 Entries) - Follows W-TJ |
| 12:30 PM | Pole Vault | Men (1 Flight - 6 Entries) |
|  | Men's Pole Vault - 3.75 / 3.90 / 4.05 / 4.20 / 4.35 / 4.50 / 4.65 / 4.80 / 4.95 / 5.05 / ... |  |
| ~2:00 PM | Pole Vault Women (1 Flight - 2 Entries) - Follows W-PV Women's Pole Vault - 3.45 / 3.60 / 3.75 / 3.90 / ... |  |
|  |  |  |
| 12:30 PM | High Jump Men (1 Flight - 4 Entries) |  |
|  | Men's High Jump - 1.83 / 1.88 / 1.93 / 1.98 / 2.03 / 2.08 / 2.13 ... |  |
| ~1:45 PM | Women | Women (1 Flight - 6 Entries) - Follows M-HJ |
|  | Women's High Jump - 1.43 / 1.48 / 1.53 / 1.58 / 1.63 / 1.68 / 1.73 / 1.78 / ... |  |

## RUNNING EVENTS

| 12:15 PM | 60 M Hurdles - Prelim | Men (2 Heats 11 Entries) |
| :---: | :---: | :---: |
| 12:30 PM | 60 M Hurdles - Prelim | Women (2 Heats - 10 Entries) |
| 12:45 PM | 60 M Dash - Prelim | Men (3 Heats - 16 Entries) |
| 12:55 PM | 60 M Dash - Prelim | Women (3 Heats - 16 Entries) |
| 1:05 PM | Mile Run | Women (2 Heats - 27 Entries) |
| 1:25 PM | Mile Run | Men (2 Heats - 20 Entries) |
| 1:40 PM | 400 M Dash | Women (3 Heats - 14 Entries) |
| 1:50 PM | 400 M Dash | Men (4 Heats - 18 Entries) |
| 2:10 PM | 60 M Hurdles - 2-Heat Final | Women (2 Heats - 8 Finalists) |
| 2:25 PM | 60 M Hurdles - 2-Heat Final | Men (2 Heats - 8 Finalists) |
| 2:40 PM | 60 M Dash - 2-Heat Final | Women (2 Heats - 8 Finalists) |
| 2:45 PM | 60 M Dash - 2-Heat Final | Men (2 Heats - 8 Finalists) |
| 2:55 PM | 800 M Run | Women (2 Heats - 15 Entries) |
| 3:05 PM | 800 M Run | Men (2 Heats - 13 Entries) |
| 3:15 PM | 200 M Dash | Women (4 Heats - 17 Entries) |
| 3:30 PM | 200 M Dash | Men (3 Heats - 13 Entries) |
| 3:40 PM | 3,000 M Run | Women (1 Heat - 28 Entries) |
| 3:55 PM | 3,000 M Run | Men (2 Heats - 31 Entries) |
| 4:20 PM | $4 \times 400 \mathrm{M}$ Relay | Women (2 Heats - 8 Entries) |
| 4:30 PM | 4x400 M Relay | Men (1 Heat - 5 Entries) |

