



**CROSS COUNTRY**

BURKE GOLF COURSE & CROSS COUNTRY COURSE

**5K COURSE**

**1 2K LOOP**

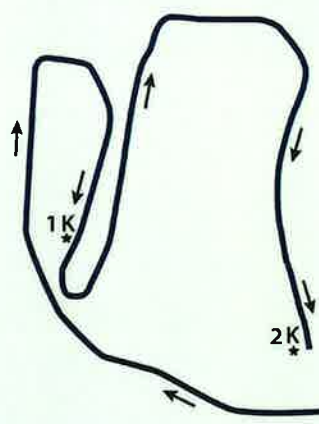
**2 3K LOOP**

TEAM AREA

**ROUTING GUIDE - 5K COURSE**

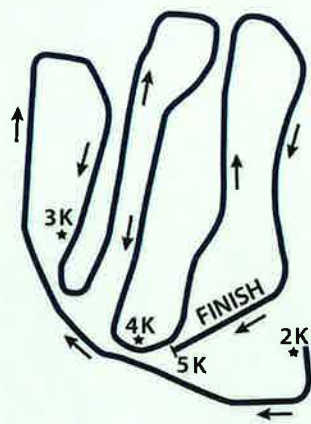
**1**

FIRST LAP  
0 - 2K



**2**

SECOND LAP  
2K - 5K



**FINISH LINE AREA**





**NDP**  
**CROSS COUNTRY**  
**BURKE GOLF COURSE & CROSS COUNTRY COURSE**  
**8K COURSE**

- 1** 2K LOOP
- 2** 3K LOOP
- 3** 3K LOOP

TEAM  
AREA

**ROUTING GUIDE 8K COURSE**

