# 2025 Notre Dame Invitational

Meet Information - January 25, 2025



## **Entry Procedure:**

- Competing Teams will submit all entries online at Direct Athletics.
- Entry for the meet will close Thursday, January 23 at 12:00 pm (EST).
- There are no Team Roster or Entry Limits.
- Unattached Entries will only be accepted from competing team's Head Coaches or by contacting David Beauchem (dbeauch2@nd.edu / 850-228-1916).

## **Competing Teams:**

• DePaul / Lewis / Loyola / Notre Dame / Stephen F. Austin / Valparaiso

## **Entry Fee:**

- \$300 per team. Each gender will be considered a separate team.
- Entry fees can be paid via cash or check at packet pickup, or prior to competition on DirectAthletics.
- Please make all checks payable to "University of Notre Dame".

# **Facility Overview:**

- Meyo Field is located inside Loftus Sports Center. A 320-meter Mondo oval will provide athletes an opportunity to race on the nation's largest NCAA legal indoor track.
- The Pole Vault / Long Jump / Triple Jump will be contested on a raised Mondo runway.
- The High Jump will be contested on a plywood/Mondo surface placed on top of the turf infield.
- Shot Put / Weight Throw will be contested on a wood circle with the sector lying within the turf infield.
- Preferred Lanes:
  - o Prelim 60 M Dash / 60M Hurdles: 4 3 5 2 6 1
  - o Final 60M Dash / 60m Hurdles: 4 − 3 − 5 − 2
  - o 200 M Dash: 5 6 4 3 2 1
  - o 400 M Dash / 4x400M Relay: 4 5 6 3 2 1

## **Facility Restrictions:**

- ¼" Pyramid Spikes **ONLY**. We ask that coaches please make sure all athletes have the correct spikes.
- ONLY athletic tape may be used on high jump aprons, long/triple jump runways, and all other track surfaces.

#### **Team Camps:**

Please set up team camps along the inside of the track.

# Pre-Meet Practice (Request Only) and Meet Day Warm-ups:

- The Loftus Sports Center and Meyo Field (Track Facility only) will have very limited availability for Pre-Meet Practice on Friday, January 24. Teams must request a Pre-Meet Practice Time. There will be no Field Event Area Practice on Friday, Track Facility only.
- Meet Day Warm-ups will be allowed on the Track until 15 minutes prior to the beginning of the Track Events (1:15 pm). Following that time, all Meet Day Warm-ups will be limited to the back stretch and the specified infield warmup area.

# **USATF / World Athletics:**

- We will have a random Shoe Registration to follow USATF/World Athletics Regulations for competition shoes and spikes.
- We will have Track & Field Officials (Umpires) assigned to the Track, in accordance with NCAA/USATF/World Athletics Regulations.

# **Clerking Procedures:**

- Running Event athletes will report to the Check-in Clerk Table, located on the infield, near the 40-yard line, at least 30 minutes prior to the start of their event. Athletes will then report to the Starting Line Clerk prior to the Start of their event.
- Shot Put / Weight Throw competitors must report to the Event Site at least 45 minutes prior to the start of the Event.
- Pole Vault / High Jump / Long Jump / Triple Jump competitors must report to the Event Site at least 30 minutes prior to the start of the Event.

## **Meet Operations:**

- All implements will be weighed in at the site of competition beginning 60 minutes prior to the start of competition.
- Opening heights and progressions for the High Jump / Pole Vault will be determined prior to competition.
- Regardless of the number of competitors, the LJ / TJ / SP / WT will be conducted with 3 Preliminary Attempts, followed by the re-order of competitors, a 15-minute warm-up, and 3 Final Attempts.
- Men's & Women's Long Jump Board is 4m (13' 1½"). Men's Triple Jump Board is 13m (42' 7¾"). Women's Triple Jump Board is 11m (36' ¼"). No other Boards will be provided.
- In all Track Events only Starting Blocks provided by Notre Dame will be allowed (Gill Fusion Starting Blocks).

#### **Heat Sheets:**

• Heat Sheets will be emailed on Friday, January 24.

## **Relay Cards:**

Relay Cards are due 30 minutes prior to the start of the 4x400m Relay at the Check-in Clerk Table.

# **Shower/Restroom Facilities:**

- No locker room or shower facilities will be available.
- Limited indoor restrooms will be available within Loftus Sports Center.
- Additional restrooms will be available outside the North door of the Loftus Track.

#### Parking/Directions:

Buses may drop off athletes outside the south entrance of the Loftus Sports Center. Buses and other team vehicles will be
directed to park directly south of the Purcell Pavilion in the Joyce Center Lot. Public Parking will also be available in the Bulla
Lot, Compton Lot, or Joyce Center Lot.

# **Sports Medicine:**

- Athletic Trainers will be available 90 minutes before, during, and 30 minutes after the conclusion of competition. Athletic
  Trainers will be located in the Northeast corner of the facility.
- All Sports Medicine related questions can be directed to Allison Marlatt via email at agawinski@nd.edu.

#### **Media Information:**

All media related questions can be sent to Sarah Miesle at smiesle@nd.edu.

# Food & Drinks:

 Outside food is prohibited in the Loftus Sports Center. No food, Gatorade, or soft drinks are allowed. Teams wishing to cater in meals will be asked to eat in the hallway.

# **Spectators:**

• There is no admission charge for spectators. Please be aware there is a Clear Bag Policy for all spectators (https://fightingirish.com/clear-bag-policy/). This policy will be strictly enforced at all Indoor Campus Athletic Events.

#### **Results:**

• Live results will be available at www.enduranceracetiming.com.

#### **Questions or Further Information:**

 Please contact Meet Director, David Beauchem, if you have any questions or need of further information at 850-228-1916 / dbeauch2@nd.edu.

# **2025 Notre Dame Invitational**

Meet Schedule – Preliminary Draft January 25, 2025



# **FIELD EVENTS**

12:00 PM	Long Jump	Women followed by Men
To follow LJ	Triple Jump	Women followed by Men

12:00 PMWeight ThrowWomen followed by MenTo follow WTShot PutWomen followed by Men

12:30 PM Pole Vault Men followed by Women

12:30 PM High Jump Men followed by Women

# **RUNNING EVENTS**

1:15 PM	60 M Hurdles – Prelim	Men
1:25 PM	60 M Hurdles – Prelim	Women
1:35 PM	60 M Dash – Prelim	Men
1:45 PM	60 M Dash – Prelim	Women
2:00 PM	Mile Run	Women
2:10 PM	Mile Run	Men
2:20 PM	400 M Dash	Women
2:35 PM	400 M Dash	Men
2:55 PM	60 M Hurdles – 2-Heat Final	Women
3:05 PM	60 M Hurdles – 2-Heat Final	Men
3:10 PM	60 M Dash – 2-Heat Final	Women
3:15 PM	60 M Dash – 2-Heat Final	Men
3:20 PM	800 M Run	Women
3:30 PM	800 M Run	Men
3:40 PM	200 M Dash	Women
3:55 PM	200 M Dash	Men
4:10 PM	3,000 M Run	Women
4:22 PM	3,000 M Run	Men
4:35 PM	4x400 M Relay	Women
4:45 PM	4x400 M Relay	Men