

# 2025 Meyo Invitational

Meet Information - January 31 - February 1, 2025



## Entry Procedure:

- All institutions will submit entries online at Direct Athletics.
- Please email David Beauchem (dbeauch2@nd.edu) to be invited to register on Direct Athletics.
- Meet Entries will close on Tuesday, January 28 at 6:00 pm (EST).
- Meet Management will be selective in accepting Entries to fill Field Limits.
- Unattached Athletes wanting to be considered for competition can contact Meet Director, David Beauchem with name, event, and *valid proof of performance*. We will be extremely selective in accepting Unattached Entries.

## Entry Fee:

- \$700 per team. Each gender will be considered a separate team.
- Institutions not bringing a full team will be charged \$50.00 per accepted student-athlete up to 13 athletes.
- Unattached athletes will be charged \$50.00.
- Entry fees can be paid via cash or check at packet pickup, or prior to competition on DirectAthletics.
- Please make all checks payable to "University of Notre Dame".
- Notre Dame Students with a valid Irish1Card and proof of performance can be accepted into the competition at no cost.

## Entry Limits:

<b>Long Jump – 32</b>	<b>Triple Jump – 32</b>	<b>Pole Vault – 16</b>	<b>High Jump – 16</b>
<b>Weight Throw – 32</b>	<b>Shot Put – 32</b>	<b>60M Dash – 48</b>	<b>60M Hurdles – 48</b>
<b>200M Dash – 36</b>	<b>400M Dash – 36</b>	<b>600M Run – 24</b>	<b>800M Run – 48</b>
<b>Mile Run – 60</b>	<b>3,000M Run – TBD</b>	<b>5,000M Run – TBD</b>	<b>4x400M Relay – TBD</b>
<b>Distance Medley – 12</b>			

## Facility Overview:

- Meyo Field is located inside Loftus Sports Center. A 320-meter Mondo track will provide athletes an opportunity to race on the nation's largest NCAA legal indoor track.
- Pole Vault / Long Jump / Triple Jump will be contested on a raised Mondo runway.
- High Jump will be contested on a plywood/Mondo surface placed on top of the turf infield.
- Weight Throw / Shot Put will be contested on a wood circle with the sector lying within the turf infield.
- Preferred Lanes:
  - 60 M Dash / 60M Hurdles (Qualifying / Semi-Final): 4 – 3 – 5 – 2 – 6 – 1
  - 60 M Dash / 60M Hurdles (Final): 4 – 3 – 5 – 2
  - 200 M Dash: 5 – 6 – 4 – 3 – 2
  - 400 M Dash / 600M Run / 800M Run / 4x400M Relay: 4 – 5 – 6 – 3 – 2 – 1

## Facility Restrictions:

- ¼" Pyramid Spikes **ONLY**. We ask that coaches please make sure all athletes have the correct spikes. Shoes may be checked at check in or at pre-race clerking. If spikes are not in compliance, the athlete will be disqualified.
- **ONLY** athletic tape may be used on high jump aprons, long/triple jump runways, and all other track surfaces. No duct tape is allowed.
- No electronic devices are allowed inside the competition area at any time.

## Parking/Directions:

- Parking information will be made available to all coaches and operation personnel one week prior to competition.

## Team Camps:

- Please set up team camps along the inside of the track or in the bleachers on the back stretch.

## USATF / World Athletics:

- We will have a random Shoe Registration to follow USATF/World Athletics Regulations for competition shoes and spikes.
- We will have Track & Field Officials (Umpires) assigned to the Track, in accordance with NCAA/USATF/World Athletics Regulations.

**Team Practice / Pre-Meet Workout:**

- Team Practice times for Thursday (5:00-6:00 pm) Track Only (No Field Events).
- Team Practice times for Friday (12:30-2:30 pm) Track Only (No Field Events).

**60 M. Dash & 60 M. Hurdle Advancement:**

- We will automatically advance the top 8 entries to the Saturday AM Preliminaries. From the Friday night Qualifying Rounds advance an additional 10 competitors to a 3-section Preliminary (6 per section) to take place on Saturday morning. We will contest a 2-section Final (4 per section) to take place in the Saturday PM session.

**Clerking Procedures:**

- Running Event Competitors must report to the Hip Number table, located near the 40-yard line, at least 60 minutes prior to the start of their event to check-in and receive their Hip Numbers. Running Event Competitors will then report to their respective start line no later than 10 minutes prior first Heat of their event.
- Field Events should report to the event site (Head Official) not later than 30 minutes prior to the start of their event.

**Meet Operations:**

- All implements will be weighed in at the site of competition beginning 90 minutes prior to the start of competition.
- Regardless of the number of competitors, the LJ / TJ / SP / WT Flights will be conducted with 3 Preliminary Attempts, followed by the re-order of competitors, a 10-minute warm-up period, and 3 Final Attempts.
- Men's & Women's Long Jump Board is 4m (13' 1½"). Men's Triple Jump Board is 13m (42' 7¾"). Women's Triple Jump Board is 11m (36' ¾"). No other Boards will be provided.
- In all Track Events only Starting Blocks provided by Notre Dame will be allowed (Gill Fusion Starting Blocks).
- Final opening heights and progressions will be determined by meet management and will be included in FINAL HEAT SHEETS on January 30.

**4x400m Relay:**

- Institutions will be allowed to enter up to 2 relays. Relay Heats will NOT be assigned until after check in. Please check-in following the conclusion of the Men's 400m Dash.
- Relay Cards are due at check-in, following the Men's 400m Dash.
- We will race the top Women's Heat / top Men's Heat first, followed by the remaining Women's Heats / Men's Heats.

**Shower & Restroom Facilities:**

- No locker room or shower facilities will be available.
- Limited indoor restrooms will be available within Loftus Sports Center. Additional facilities will be available in the portable restrooms outside of the North Entrance to the track.

**Sports Medicine:**

- Athletic Trainers will be available 90 minutes prior to the first event, until 30 minutes after the conclusion of competition.
- Trainers will be located in the Northeast corner of the facility.
- All other Sports Medicine questions can be directed to Allison Marlatt via email at [agawinski@nd.edu](mailto:agawinski@nd.edu).

**Food & Drinks:**

- Outside food is prohibited in the Loftus Sports Center. No food, Gatorade, or soft drinks are allowed. Teams wishing to cater in meals will be asked to eat in the hallway.
- All Spectators will be subject to the Notre Dame Clear Bag Policy for Home Athletic Events when entering Loftus.

**Results:**

- Live results will be available at - <https://live.enduranceracetiming.com/meets/41845>.

**Media Information:**

- All media related questions can be sent to Sarah Miesle at [smiesle@nd.edu](mailto:smiesle@nd.edu).

**Questions or Further Information:**

- Please contact Meet Director David Beauchem 850-228-1916 / [dbeauch2@nd.edu](mailto:dbeauch2@nd.edu) with any additional questions.