

# 2025 Notre Dame Invitational



## FINAL Meet Schedule

January 25, 2025

### FIELD EVENTS

12:00 pm	Long Jump	Women (1 Flight - 4m Board)
	Weight Throw	Women (1 Flight)
12:30 pm	Pole Vault	Men (1 Flight - 3.99 / 4.14 / 4.29 / 4.44 / 4.59 / 4.74 / 4.89 / ...)
	High Jump	Men (1 Flight - 1.81 / 1.86 / 1.91 / 1.96 / 2.01 / 2.06 / ...)
~1:15 pm	Weight Throw	Men (1 Flight)
~1:30 pm	Long Jump	Men (1 Flight - 4m Board)
~2:30 pm	High Jump	Women (1 Flight - 1.46 / 1.51 / 1.56 / 1.61 / 1.66 / 1.71 / 1.76 / ...)
~3:00 pm	Triple Jump	Women (1 Flight - 9m Board / 11m Board)
	Shot Put	Women (1 Flight)
	Pole Vault	Women (1 Flight - 2.85 / 3.00 / 3.15 / 3.30 / 3.45 / 3.60 / 3.75 / ...)
~4:00 pm	Triple Jump	Men (1 Flight - 11m Board / 13m Board)
~4:15 pm	Shot Put	Men (1 Flight)

### RUNNING EVENTS

1:00 pm	60 M Hurdles – Prelim	Men (3 Heats)
1:15 pm	60 M Hurdles – Prelim	Women (2 Heats)
1:25 pm	60 M Dash – Prelim	Women (3 Heats)
1:35 pm	60 M Dash – Prelim	Men (3 Heats)
1:45 pm	Mile Run	Women (3 Heats)
2:05 pm	Mile Run	Men (3 Heats)
2:25 pm	400 M Dash	Women (3 Heats)
2:35 pm	400 M Dash	Men (2 Heats)
2:50 pm	60 M Hurdles – 2-Heat Final	Women (2 Heats)
3:00 pm	60 M Hurdles – 2-Heat Final	Men (2 Heats)
3:10 pm	60 M Dash – 2-Heat Final	Women (2 Heats)
3:15 pm	60 M Dash – 2-Heat Final	Men (2 Heats)
3:20 pm	800 M Run	Women (3 Heats)
3:35 pm	800 M Run	Men (2 Heats)
3:45 pm	200 M Dash	Women (4 Heats)
3:55 pm	200 M Dash	Men (4 Heats)
4:05 pm	3,000 M Run	Women (2 Heats)
4:30 pm	3,000 M Run	Men (1 Heat)
4:45 pm	4x400 M Relay	Women (1 Heat)
4:50 pm	4x400 M Relay	Men (2 Heats)

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