

2025 Alex Wilson Invitational



Meet Information - February 22, 2025

Entry Procedure:

- All institutions will submit entries online using Direct Athletics.
- Please email David Beauchem (dbeauch2@nd.edu) to be invited to register on Direct Athletics.
- Entry for the meet will close Thursday, February 20 at 12:00 pm (EST).
- Unattached athletes wanting to be considered for competition can contact Meet Director David Beauchem 850-228-1916 / dbeauch2@nd.edu with name, event, and *valid proof of performance*.
- Acceptance of entries will be based on Meet Management providing the best competitive opportunity for NCAA Division I National Qualifying. We will limit the Field Events to 1 Flight. Running Events will be managed for high level competition.

Entry Fee:

- \$400 per team. Each gender will be considered a separate team.
- Institutions not bringing a full team will be charged \$30.00 per entry.
- Unattached athletes will be charged \$30.00. Entry Fees will be paid in CASH or Check at Packet Pick-up.
- Team Entry fees can be paid via cash or check at packet pickup, or prior to competition on DirectAthletics.
- Please make all checks payable to "University of Notre Dame".
- Notre Dame Students with a valid Irish1Card, accepted into the competition will be allowed to compete at no cost.

Distance Medley Relay:

- **Distance Medley Relay entries are closed. DMR Entry Fee is \$300 and is considered separate from the Team Entry Fee.**

Facility:

- Meyo Field is located inside Loftus Sports Center. A 320 meter Mondo track will provide athletes an opportunity to race on the nation's largest NCAA legal indoor track. The Pole Vault, Long Jump, and Triple Jump will be contested on a raised Mondo runway. The High Jump will be contested on a plywood/Mondo surface placed on top of the turf infield. Throwing events will be contested on a wood circle with the sector lying within the turf infield.
- Preferred Lanes:
 - 60 M Dash / 60 M Hurdles: 4 – 3 – 5 – 2 – 6 – 1
 - 200 M Dash / 400 M Dash / 4x400 M Relay: 5 – 6 – 4 – 3 – 2 – 1

Facility Restrictions:

- ¼" Pyramid Spikes **ONLY**. We ask that coaches please make sure all athletes have the correct spikes. Shoes may be checked at check in or at pre-race clerking. If spikes are not in compliance, the athlete will be disqualified.
- In all Track Events only Starting Blocks provided by Notre Dame will be allowed (Gill Fusion Starting Blocks).
- No marking chalk, cones, or duct tape will be allowed on the track or runways. Only athletic tape may be used.
- No electronic devices are allowed inside the competition area at any time.

Practice and Warm-ups:

- **Practice times for Friday, February 21 will be very limited. The Track is open from 4:30-6:00 pm. There is no Field Event access.**

Team Camps:

- Please set up team camps along the inside of the track.

Clerking Procedures:

- Running Events: Athletes will report to the clerking area, located on the infield, at least 60 minutes prior to the start of their event. Hip numbers will be distributed at the clerking area. Athletes will then report to their respective start line no later than 10 minutes prior to the start of their event.
- Field Events should check-in with the Head Official, at the event site, no later than 45 minutes prior to the event.

USATF / World Athletics:

- We will have a random Shoe Registration to follow USATF/World Athletics Regulations for competition shoes and spikes.
- We will have Track & Field Officials (Umpires) assigned to the Track, in accordance with NCAA/USATF/World Athletics Regulations.

Implement Weigh-in:

- All implements will be weighed in at the site of competition no later than 45 minutes prior to the start of competition.

Opening Heights:

- Opening Heights will be determined before the start of competition at the discretion of the meet personnel. If you have a specific height you would like to reach, please contact David Beauchem (dbeauch2@nd.edu).

Meet Operations:

- All implements will be weighed in at the site of competition beginning 90 minutes prior to the start of competition.
- Regardless of the number of competitors, the LJ / TJ / SP / WT Flights will be conducted with 3 Preliminary Attempts, followed by the re-order of competitors, a 10-minute warm-up period, and 3 Final Attempts.
- Men's & Women's Long Jump Board is 2m (6' 6 ¾"). Men's Triple Jump Board is 13m (42' 7 ¾"). Women's Triple Jump Board is 11m (36' ¼"). No other Boards will be provided.
- In all Track Events only Starting Blocks provided by Notre Dame will be allowed (Gill Fusion Starting Blocks).
- Final opening heights and progressions will be determined by meet management and will be included in FINAL HEAT SHEETS on January 30.

Relay Cards:

- Relay cards are due 45 minutes prior the start of the event at the clerking table.

Shower/Restroom Facilities:

- No locker room or shower facilities will be available.
- Limited indoor restrooms will be available within Loftus Sports Center. Additional restrooms will be available in the portable restroom trailer outside of the North Entrance to the track.

Parking/Directions:

- Team parking information will be made available to all coaches and operation personnel one week prior to competition.
- Spectators will be directed to park in the Joyce Center, Compton Ice Arena, Library, or Bulla lots.

Sports Medicine:

- Athletic Trainers will be available 90 minutes before, during, and 30 minutes after the conclusion of competition. Trainers will be located in the Northeast corner of the facility.

Food & Drinks:

- Outside food is prohibited in the Loftus Sports Center. No food, Gatorade, or soft drinks are allowed. Teams wishing to cater in meals will be asked to eat in the hallway. All other Sports Medicine questions can be directed to Allison Marlatt via email (agawinski@nd.edu).

Spectators:

- There is no admission charge for spectators. Please be aware there is a Clear Bag Policy for all spectators.

Media Information:

- All media related questions can be sent to Sarak Miesle (smielse@nd.edu).

Results:

- Live results will be available at www.enduranceracetiming.com

Questions or Further Information:

- Please contact Meet Director David Beauchem 850-228-1916 / dbeauch2@nd.edu with any additional questions.

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UPDATED Meet Schedule – February 22, 2025

FIELD EVENTS – All Field Events are 1 Flight

11:00 AM	Shot Put	Women followed by Men
Follows WT	Weight Throw	Women followed by Men
11:00 AM	Long Jump	Women followed by Men
Follows LJ	Triple Jump	Women followed by Men
11:30 AM	Pole Vault	Men followed by Women
11:30 AM	High Jump	Men followed by Women

RUNNING EVENTS

11:00 AM	60 M Hurdles – Prelim	Men
11:15 AM	60 M Hurdles – Prelim	Women
11:30 AM	60 M Dash – Prelim	Men
11:45 AM	60 M Dash – Prelim	Women
12:00 PM	Distance Medley Relay	Men - Heat I
12:15 PM	Distance Medley Relay	Men - Heat II
12:30 PM	Distance Medley Relay	Women
12:55 PM	60 M Hurdles – FINAL	Women
1:05 PM	60 M Hurdles – FINAL	Men
1:15 PM	60 M Dash – FINAL	Women
1:25 PM	60 M Dash – FINAL	Men
1:35 PM	400 M Dash	Women
1:45 PM	400 M Dash	Men
1:55 PM	Mile Run	Women
2:05 PM	Mile Run	Men
2:15 PM	800 M Run	Women
2:25 PM	800 M Run	Men
2:35 PM	200 M Dash	Women
2:45 PM	200 M Dash	Men
2:55 PM	3000 M Run	Women
3:10 PM	3000 M Run	Men
3:25 PM	4x400 M Relay	Women
3:35 PM	4x400 M Relay	Men
3:45 PM	End of Track & Field Meet	