

2025 Alex Wilson Invitational - FINAL Meet Schedule – February 22, 2025



FIELD EVENTS -

11:00 AM	Shot Put	Women (10)
12:15 PM	Shot Put	Men (14)
1:45 PM	Weight Throw	Women (6)
2:30 PM	Weight Throw	Men (12)
11:00 AM	Long Jump	Women (8)
12:15 PM	Long Jump	Men (5)
1:15 PM	Triple Jump	Women (4)
2:00 PM	Triple Jump	Men (3)
11:30 AM	Pole Vault	Men (13) - 4.18 / 4.33 / 4.48 / 4.63 / 4.78 / 4.93 / 5.08 / 5.23 / ...
1:30 PM	Pole Vault	Women (5) - 2.86 / 3.01 / 3.16 / ... / 3.77 / 3.92 / 4.07 / ...
11:30 AM	High Jump	Men (1) - 1.83 / 1.88 / 1.93 / ...
12:30 PM	High Jump	Women (7) - 1.54 / 1.59 / 1.64 / 1.69 / 1.74 / 1.79 / ...

RUNNING EVENTS - (All Events are Men / Women)

11:30 AM	60 M Dash – Prelim	Men (13 - 3 Heats)
11:45 AM	60 M Dash – Prelim	Women (9 - 2 Heats)
12:00 PM	Distance Medley Relay	Men (7 - Heat I)
12:15 PM	Distance Medley Relay	Men (7 - Heat II)
12:30 PM	Distance Medley Relay	Women (9 - 1 Heat)
12:50 PM	60 M Hurdles – FINAL	Men (6 - 1 Heat)
1:00 PM	60 M Hurdles – FINAL	Women (7 - 2 Heats)
1:10 PM	60 M Dash – FINAL	Men (8 - 2 Heats)
1:15 PM	60 M Dash – FINAL	Women (8 - 2 Heats)
1:25 PM	400 M Dash	Men (15 - 3 Heats)
1:35 PM	400 M Dash	Women (16 - 4 Heats)
1:45 PM	Mile Run	Men (22 - 2 Heats)
2:00 PM	Mile Run	Women (20 - 2 Heats)
2:15 PM	800 M Run	Men (19 - 2 Heats)
2:20 PM	800 M Run	Women (15 - 2 Heats)
2:30 PM	200 M Dash	Men (14 - 4 Heats)
2:35 PM	200 M Dash	Women (8 - 2 Heats)
2:45 PM	3,000 M Run	Men (25 - 1 Heat)
3:00 PM	3,000 M Run	Women (13 - 1 Heat)
3:15 PM	4x400 M Relay	Men (4 - 1 Heat)

3:30 PM End of Track & Field Meet