

grüsh ACADEMIC CAMP

Welcome to our Irish Academic Camp! Please read below on why we believe this will be unique and beneficial experience to you.

- **1. Academic Component:** Emphasizing the importance of academics and provide an opportunity to play in front of other high academic schools such as follows: 10+ of the country's top academic colleges/universities will be in attendance, including:
- 1. University of Notre Dame (D1, #18 in National Universities)
- 2. Harvard University (D1, #3 in National Universities, Cambridge, MA)
- 3. Yale University (D1, #5 in National Universities, New Haven, CT)
- 4. Davidson College (D1, #14 in National Liberal Arts Colleges, Davidson, NC)
- 5. College of Holy Cross (D1, #28 in National Liberal Arts Colleges, Worcester, MA)
- 6. Washington and Lee University (D3, #19 in National Liberal Arts Colleges, Lexington, VA)
- 7. Washington University in St. Louis (D3, #21 in National Universities, St. Louis, M0)
- 8. Denison University (D3, #36 in National Liberal Arts Colleges, Granville, OH)
- 9. Rochester Institute of Technology (D3, #91 in National Universities, Rochester, NY)
- 10. The Catholic University of America (D3, #171 in National Universities, Washington, DC)

More schools coming soon! Stay tuned for updates! **All academic rankings based on US News Best Colleges Report. Attending college coaches are subject to change without notice. Please continue to check the website for updates. No walk ups will be accepted!

- **2. Learning about the Recruiting Process:** The recruiting process can be complex and intimidating for both players and parents. Coach Stiffler we will lead a recruiting Q&A on Day 1 to provide insight and guidance to help understand this complicated process at Notre Dame but also in general.
- **3. Maximizing Playing Time and Exposure:** By capping the number of players at each position, we will be ensuring that everyone gets ample playing time and opportunities to showcase their abilities in front of college coaches. This not only maximizes exposure for the players but also allows for more meaningful interactions with the coaches.



4. Interaction with College Coaches and Players: Encouraging interaction between players and college coaches as well as current college players can be incredibly beneficial. This allows players to gain insights, ask questions, and build relationships that could potentially lead to future opportunities.

The Details Evaluations/Pro-Style Showcase (Day 1): Each player will participate in a pro-style workout where all measurable will be recorded (60-yard dash, exit velocity, pop times, defensive showcase, arm strength via radar gun).

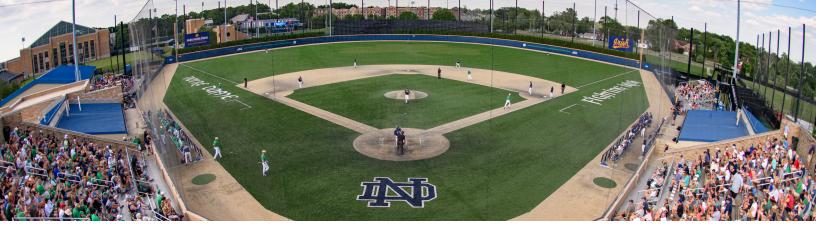
Defensive Instruction (Day 1): Each player will play and will receive instruction at their primary positions from college coaches.

Recruiting Q&A (Day 1): Players and parents will take part in a recruiting Q&A session with Coach Stiffler. Any questions about academic requirements or recruiting will be welcome!

Two Live Games (Days 2-3): Each player will receive playing time and exposure to the 10+ college coaches attending the event. Coaches will also be hitting fielders ground ball/fly balls before the games for additional defensive work and game prep. All college coaches will be on field/in the dugouts for exposure and plenty of opportunities to interact with the coaches.

Video Analysis (Optional Add-On): You will receive a 20-30 minute video Zoom with Coach Munger (hitting coach) and/or Coach Voltz (pitching coach) of your mechanics and any advice that they can provide. In addition to the video breakdown, you will receive more specifics about the Notre Dame player development program and how you can apply these exercises and drills into your own routine. If you sign up for this, you will receive an email from the coaches within two weeks to set up a time to Zoom.





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Tentative Schedule (subject to change): Please be sure to look for an email the week of camp for a finalized schedule. Please make it a habit to check your email as this will be our most consistent form of communication with you. We will send out which group players are in seven days prior to camp. Please be prepared to arrive for check-in as early as 8:00 am if you are in one of the first groups/games or end as late as 6:30 pm if you are in one of the final groups/games.

FRIDAY, AUGUST 1ST

GROUP 1: 9:00 AM-1:00 PM

Pro-Style Workout, Instruction, BP on the field, Recruiting Q&A

GROUP 2: 2:00 PM-6:00 PM

Pro-Style Workout, Instruction, BP on the field, Recruiting Q&A

**Each player will be assigned to one group. Groups capped at 50 players.

**Pro-Style Workout will include 60 yard dash, exit velocity, and defensive showcase.

SATURDAY & SUNDAY, AUGUST 2ND-3RD

GAME 1: 9:00 AM-11:00 AM GAME 2: 11:15 AM-1:15 PM GAME 3: 1:30 PM-3:30 PM GAME 4: 3:45 PM-5:45 PM

**Each player will be assigned to one game per day. Players will arrive 45 min before game time to warm up on the side field.

**Each team will be capped at 10-12 hitters and by position, pitchers will be capped in order to maximize time on the mound for each player.

Camps are open to any and all limited only by number, age, grade, and/or gender.