



THE TEAM BEHIND THE TEAM

Friday June 20th, 2025

8:05 - 8:35 am: **Sophia Nimphius** – Professor of Human Performance & Pro-Vice-Chancellor (Sport): Edith Cowan University - “What we might have to unlearn to enhance the performance of the next generation of women in sport.” *Virtual presentation*

8:35 - 9:35 am: **Molly Binetti** – Director of Women’s Basketball Performance: University of South Carolina, **Jeremy Ford** – Assistant Director of Olympic Performance Nutrition: University of South Carolina, **David Craig Oates II** – Athletic Trainer: University of South Carolina - “Lessons Learned From Winning: The Good, The Bad + The Ugly”

9:35-10:05 am: ***On the Couch – 30min Q&A with the presenters***

10:05 – 10:15 am: Break

10:15 – 10:45 am: **Sarah Zwart** – Deputy Manager for Nutritional Biochemistry: NASA Johnson Space Center - “Nutrition as Fuel for Long-Duration Spaceflight”

10:45 – 11:15 am: **Hannah Cabre** – Postdoctoral Fellow: Pennington Biomedical Research Center - “The Menstrual Cycle, Hormonal Contraception, and Nutrition Consideration for Female Athletes”

11:15 -11:45 am: ***On the Couch – 30min Q&A with the presenters***

11:45 – 12:30 pm: Lunch

12:30 -1:00 pm: **Jessica Bartley** – Senior Director, Psychological Services: United States Olympic & Paralympic Committee - “How do you really get ready for the Olympic or Paralympic Games? Perspectives on Psychological Preparation for Paris”

1:00-1:30 pm: **Courtney Watson** – Director of Health and Player Performance: Portland Trailblazers - “Building a Championship-Caliber Sports Medicine Team”

1:30 – 2:00 pm: ***On the Couch – 30min Q&A with the presenters***

2:00 - 2:10 pm: Break

2:10 - 2:55 pm: **Andrew Murray** – Head of International Basketball Performance: NBA, **Jono Lever** – Sports Performance Associate, University of Notre Dame, **Isay Aurellado** - Sports Scientist, University of Technology Sydney and the NBA Global Academy - “Integrating Research and Practice: Insights from Embedded PhD Students”

2:55 – 3:25 pm: **Larry Lombard** – Assistant Strength & Conditioning Coach: Philadelphia 76ers - “The Darkside of Data”

3:25 – 3:55 pm: ***On the Couch – 30min Q&A with the presenters***

3:55 – 4:05 pm: Break

4:05 – 4:35 pm: **Maggie Bryant** – President of Performance, Health and Wellness: Los Angeles Clippers - “PFPS in the NBA athlete”

4:35 – 5:05 pm: **Nick Bartley** – Co-Founder: Sport & Performance Psychology Partners LLC - “Know your swim lane, but success doesn’t happen in silos or overnight!”

5:05– 5:35 pm: ***On the Couch – 30min Q&A with the presenters***

5:35-7 pm: BREAK

7:30 – 8:30pm: Keynote dinner and social with presentation by **Lindsey Harding** – Assistant Coach: Los Angeles Lakers



THE TEAM BEHIND THE TEAM

Saturday June 21st, 2025

10:00-10:05 am: Opening Remarks and Housekeeping

10:05 - 11:05 am: **Meg Schrier** — Owner: Schrier Nutrition LLC, **Nyssa Boardman** — Clinical Psychologist: Nyssa Boardman, Psy.D. PLLC - "Team Approach: Fueling Minds and Bodies"

11:05-11:35 am: **Aubrey Armento** — Primary care sports medicine physician, Assistant Professor in the Department of Orthopedics: University of Colorado School of Medicine, Children's Hospital Colorado - "The Menstrual Cycle: Health, Injury, and Sports Performance Considerations"

11:35-12:05 pm: ***On the Couch — 30min Q&A with the presenters***

12:05-12:15 pm: BREAK

12:15 — 12:45 pm: **Stephanie Mock Grubbs** — Assistant Major League Strength and Conditioning Coach: Houston Astros - "A new Era: the evolution of name, image, and likeness in collegiate athletics- constructing a road map for performance team solutions for the future" *Virtual presentation*

12:45 — 1:15 pm: **Kirbi Kidd** — Licensed Sport Psychologist: Premier Sport Psychology "This is how we do it: A Sport Psychologist's Approach to Affecting Behavior"

1:15 — 1:45 pm: ***On the Couch — 30min Q&A with the presenters***

1:45 - 2:05 pm: Break

2:05 — 2:35 pm **Jenny Strickler** — Performance Scientist: Oklahoma City Thunder - "The multifaceted world of load management"

2:35 — 2:55 pm: **Jeremiah Welch** — Athletic Solutions Specialist: PLAE — "Strength by Design: Creating Effective Training Environments"

2:55 — 3:25 pm: ***On the Couch — 30min Q&A with the presenters***

3:25pm: Closing Remarks