

## 2026 Alex Wilson Invitational



### FINAL Meet Schedule – February 21, 2026 **as of 02/18/2026**

#### FIELD EVENTS – All Field Events are 1 Flight

11:00 AM	Shot Put (1 Flight - 7)	Women
~12:00 PM	Shot Put (1 Flight - 12)	Men
11:00 AM	Long Jump (1 Flight - 6)	Women
~11:50 PM	Long Jump (1 Flight - 5)	Men
11:30 AM	High Jump (1 Flight - 2)	Men (1.83 / 1.88 / 1.93 / 1.98 / 2.03 / 2.08 / ...)
~12:15 PM	High Jump (1 Flight - 4)	Women (1.43 / 1.48 / 1.53 / 1.58 / 1.63 / 1.68 / ...)
~12:40 PM	Triple Jump (1 Flight - 1)	Women
~1:15 PM	Triple Jump (1 Flight - 2)	Men
~1:10 PM	Weight Throw (1 Flight - 10)	Women
~2:20 PM	Weight Throw (1 Flight - 10)	Men

#### RUNNING EVENTS

11:15 AM	60 M Dash – Prelim	Women (2 Heats - Top 6 Times to a 1-Heat Final)
11:25 AM	60 M Hurdles – FINAL	Men (1 Heat)
11:35 AM	60 M Hurdles – FINAL	Women (1 Heat)
11:45 AM	60 M Dash – FINAL	Men (1 Heat)
12:00 PM	Distance Medley Relay	Men (1 Heat)
12:15 PM	Distance Medley Relay	Women (1 Heat)
12:35 PM	60 M Dash – FINAL	Women (1 Heat)
12:40 PM	400 M Dash	Women (1 Heat)
12:45 PM	400 M Dash	Men (3 Heats)
1:05 PM	Mile Run	Women (2 Heats)
1:20 PM	Mile Run	Men (1 Heat)
1:35 PM	600 M Run	Women (2 Heats)
1:45 PM	600 M Run	Men (1 Heat)
1:55 PM	800 M Run	Women (1 Heat)
2:00 PM	800 M Run	Men (2 Heats)
2:10 PM	200 M Dash	Women (1 Heat)
2:15 PM	200 M Dash	Men (2 Heats)
2:25 PM	3000 M Run	Men (1 Heat)
<b>3:15 PM</b>	<b>End of Track &amp; Field Meet</b>	